

# VTTAE N°2 - Le Soum de Thès

ANCE FÉAS

ELECTRIC-ASSIST BIKES#MOUNTAIN BIKE

If you liked the circuit above Lanne-en-Barétous (n ° 3) for its heights and its panorama, you will love this circuit over Féas. The same principle, a first part uphill to reach the panoramic ridges, from where we will not want to descend since we will have reached these landscapes by pedal power. However, be careful, the difficulty increases a bit and, if electric assistance becomes essential to climb this summit, it must be accompanied by a good dose of piloting technique to pass between the stones. Once the challenge is done, the panorama from the summit is magnificent. The beginning of the descent, steep and in a ravine, requires vigilance, then it will be time to enter the karst path of the Harizpé forest and into the green valley.



📍 Départ : ANCE FÉAS  
Arrivée : ANCE FÉAS

📏 Distance :  
16 km

🏔️ Dénivelé :  
380 m

🕒 Durée :  
1/2 jour

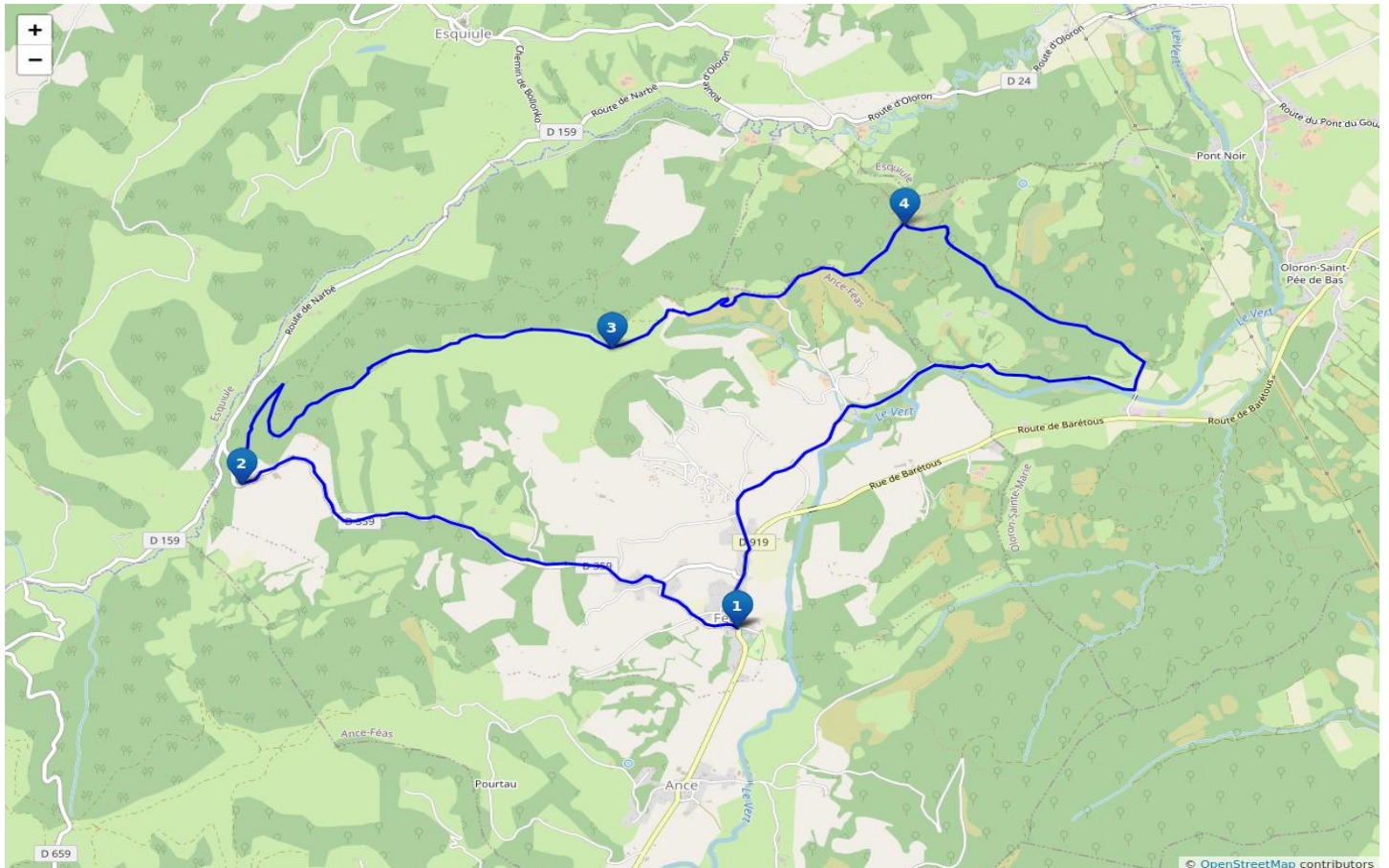
☎️ Appel  
d'urgence : 112

⚠️ Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

## ★ À ne pas manquer

- **The beech (4,25 km).** Because of its affinities with humidity and freshness, the beech is the iconic tree of the northern slopes of the western Pyrenees, especially in the foothills with limestone soil. Its light and thin trunks are remarkable, its foliage, soft green in spring, orange yellow in autumn, illuminates the forest.

- **Views over the valley of Barétous (7,5 km).** The Soum de Thès is a clearing at the top of the forest of Féas. After such an ascent, the battery and the pilot deserve a panoramic break over the valley of Féas, at the gates of Barétous. From the plain of Oloron Santa-Maria to the peaks of Arette, the landscape is magnificent.
- **The karst trail (9,9 km).** An original break consists of stopping your bike for a few minutes to discover the karst path, a walking route that visits an original network of 6 chasms. Equipped with educational panels, the circuit explains in particular the formation of these holes in the limestone soil.



## Étapes

- Step 1. From Féas to Lacondre pass.** In front of the town hall of Féas, follow Carrer de la Mairie (D359) to the left; immediately go up a hill and, at the cross junction, descend towards the Tron neighborhood. At the top of the second hill, take the path to the left (Chemin de Labaig). 300 m further on, on the Y, take the left lane to go up the Aurone valley. Wooded and slightly steep for 1.8 km, the path leaves the Chemin de Bouhaben on the left and then climbs more clearly on the right. Time to seek the help of your battery in mode 2 or 3. Pass near a farm to reach the pass.
- Step 2. From Lacondre pass to Soum de Thès.** At Col de Lacondre, take the track to the right, between the ferns; you enter a beautiful beech forest. 800 m later, turn completely to the right on a new road; battery support will quickly become essential as the trail curves to the left to reach the top of the hill. The ascent is severe and technical between the stones, the challenge is being able to stay on your mountain bike! Breathe in the slope - the route takes a path to the right and then returns to the ridge path. At the top of a first climb (Sou de Hours, 6 km), descend quickly to a small pass and then continue on the correct path at the edge of the forest.
- Step 3. From soum de Thès to the chasms of Harizpé.** In Soum de Thès, the landscape invites you to take a well-deserved rest. Then start the descent on the ridge (path), then on a steep, stony path and a ravine (if your technical ease allows it!). Get off (flat); go straight on a track on the edge of the meadow (hedges) until you reach a track, which you will need to keep right to make a loop under the Maysouette farm. 100 m after the farm, leave the asphalt for the path on the left. Now we go up to another forest (SOS battery!), Then go over a boundary to a new height. Begin the descent by entering the forest (Canadian barrier); take the dirt road to the right and then turn left at the Y.

Step 4. **From the chasms of Harizpé to Féas.** At the Harizpé chasms (karst path), take the track to the right to make a long descent towards the Coste Darré valley (2 km). At the bottom, turn right at Chemin du Vert (house and farm), then right at Chemin de Costadarré. Asphalted, it rises gently along the current of the river Vert for 2.5 km; on the way, leave two paved roads on the right (take chemin de Cambot and chemin Cournas de Mon). After a farm, ignore a bridge on the left and continue in front of the chemin du Moulin. Once at the roundabout, drive carefully on the D919 to the right to return to Féas.

## Équipements

- Water point
- Picnic area
- Information panels
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- Information panels

## Attention

- Soum de Thès, very steep and technical descent
- Féas, 700 m along the D919

pour bien préparer sa rando  
et adopter les bons gestes  
en montagne,  
rendez-vous sur 



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