

## VTT N°74 - Le Faget ♥ LEDEUIX





## MOUNTAIN BIKE

This lofty loop around the Auronce Valley is packed with magic. The trail goes high on top of the hills and takes you on pistes, tracks and paths. It runs through leafy countryside dotted with farms and meadows making for incredible views.





Départ : LEDEUIX
Arrivée : LEDEUIX

Distance 24.5 km

Dénivelé : 655 m

Durée : 3h

P Salle Polyvalente de Ledeuix

Appel d'urgence : 112

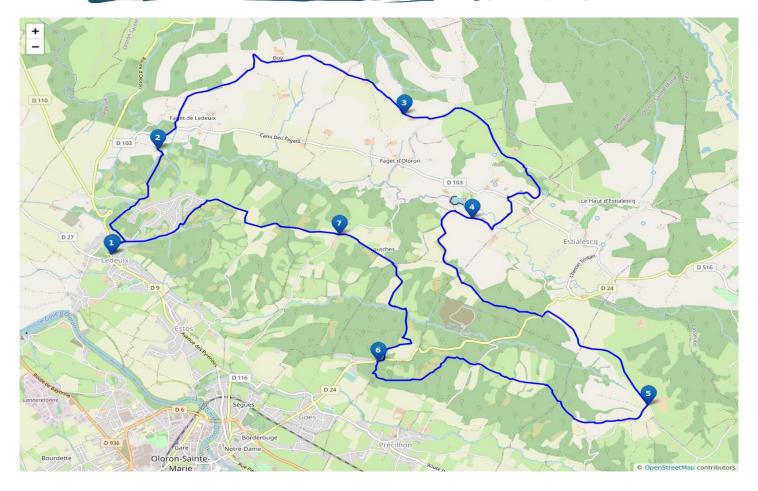
Balisage



Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

## 🖸 À ne pas manquer

- Le Faget. The name Faget is from Roman times. Fagus means beech tree and the ancient Béarnais dialect word was hajet or hayet. Nowadays, Faget is the name for the forest as well as the 3 hamlets of Goès, Lédeuix and Oloron
- Le Faget Chapel. In 1976 Jean-Pierre Boussary found out that the chapel, which was in poor condition, was to be demolished. He and his family took on the renovation single-handed. He was awarded grants to begin work and saved the chapel in 1978.
- Belvedere. Belvedere on Pic d'Anie and viewfinder table on the peaks.
- Dolmen under care. There are countless funereal landmarks along the ridge line dating back to Neolithic times. The room is visible here.





## Étapes

Step 1. The wonderful woods. From Oloron follow signs to Estos, Ledeuix on the D9. Go through Ledeuix and follow signs to Cardesse. Stop in front of Ledeuix function room.

Step 2. Serrot. Start on the slanted road between the houses. Go on Chemin des Paloumères, fork left and go up a grassy path. Go straight on when you come to a road crossing. Leave the track for a path on the right. Go down and watch out for gullies then fork left.

Step 3. Compostela. Cross the bridge and ride until a main road (D103). Turn right then left and go up to Le Cami de Serrot. Climb to the hilltop and follow the piste at the farm. Carry on along the ridge. Ignore the side paths and pick up a road.

Step 4. Ascent to Les Marlères. Pass Le Faget Chapel and veer right at the fork. After the Bergerie de Céline get onto the Santiago de Compostela route on the hillside. Watch out on the way down: there may be hikers. Go through the area and cross the D103. Follow the path and veer right after the bridge.

Step 5. Peyrecoc cross. Leave the road in the bend and climb up the fairly steep craggy track. Pick up the downhill trail at the top (and get your breath back!!) and ride to the D24. Watch out for traffic, take a left then a right onto the farm track. Go straight on and reach a crossroads (Aerial).

Step 6. La Tibalesque. Continue right and leave the road in the first bend on a grassy path. After the Crucifix and Tumulus, leave the piste in the first bend. Watch out, the speed you gain on the way down tends to take you right past the fork! Ride on the path after the woods, cross a little road and go straight on. As you follow the Dolmen there's a great dirt track along the ridge. When it gets wider ride down a steep slope on the right.

Step 7. The return. Go back up the road and cross 100m higher up (watch out for traffic). Pass the gate and go up the piste. At the top (ball-trap) go down to the bridge and continue to the Paloumères. Climb (push) up the first pebbly and craggy path. At the top in the woods, take a left to the crossing (farm on the left). Ride on the gravel path, reach the T-junction and turn right. In the first bend, pass the hedgerow and follow a path in the grass. Hurtle down the path at the first house. Leave the woods and continue the descent down the path then the road. Get back to the area and the car park is on your left.

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