



VTT N°71 - Le Bois de Saint-Pée

OLORON-SAINTE-MARIE

MOUNTAIN BIKE



Ideal for a quick one to clear your head or for beginners, St-Pée Woods blend rolling uphill tracks and dirt paths that descent fans will love. Just the ticket for honing your skills and having fun with your friends! Watch out for pedestrians on these shared paths.



📍 Départ : OLRON-SAINTE-MARIE
Arrivée : OLRON-SAINTE-MARIE

📏 Distance :
11 km

🏔️ Dénivelé :
300 m

🕒 Durée :
1h30

P Parcours santé de
Saint-Pée

☎️ Appel
d'urgence : 112

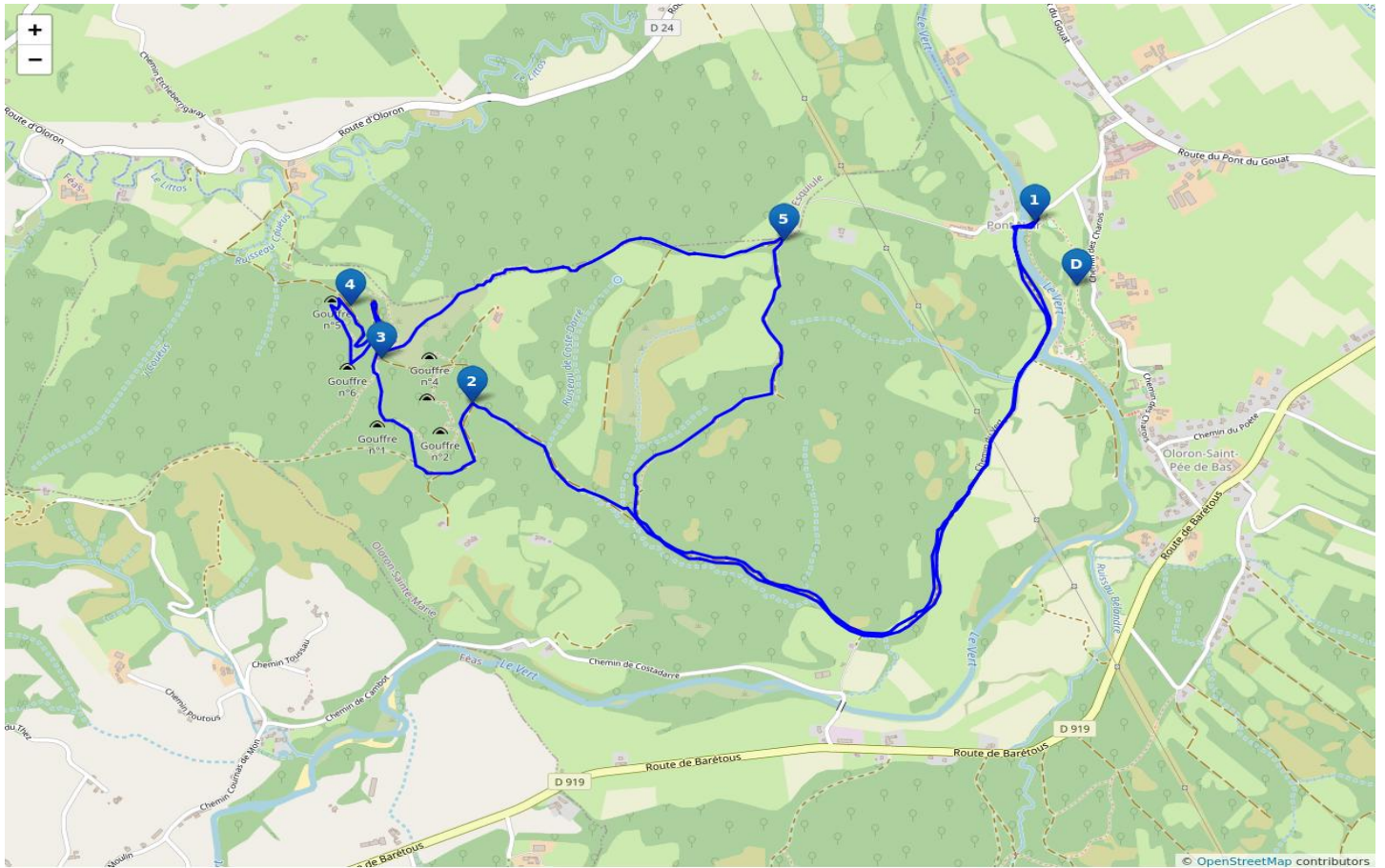
Balisage

⚠️ Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien.
Dans tous les cas, tenez-le en laisse. Merci !

★ À ne pas manquer

- **Karstic trail.** Explore the karstic trail and unearth geological sites.
- **Cagots.** Who were the Cagots exactly? Descendants of the Visigoths beaten by the Franks or Moors driven back after Poitiers? Were they descendants of lepers? Mystery still surrounds their origin. They were isolated in hamlets or the edge of forest and were believed to have supernatural powers. Despite the pains they were meant to have as though cursed, some became doctors and their wives were midwives. They were mainly carpenters and lumberjacks until the 15th century. They were identified by a red duck foot (or goose foot) sewn onto their clothing.
- **Health trail.** There's a health trail at the Noir Bridge to warm up or round off your mountain bike ride. There's also a play area, picnic area and park with very special cows... Something to keep the whole

family happy.



Étapes

Step 1. Ascent in the woods. Cross the bridge and turn left. Ride on the flat track and ignore the fork on the left. During the ascent ride until a crossroads.

Step 2. The first chasm. Take the left hand track and pass two bends. Follow the dirt path on the right on the flat. Exit the wide track and start on the single track on the right. Go near the chasm and after a brief ascent go down the track.

Step 3. The magical single track. Pass behind the sign on the edge of the woods on the left and follow the karstic paths. Pass the bend and stay on this track until the next chasm. After the site, continue on the single track and down a narrow gully. Be careful not to miss the right-hand bend! Pass the chasm and go back up the piste.

Step 4. Ascent on the ridge. Go up the piste until the car park. Take a left onto a dirt path along the ridge. Ignore the left-hand track and you'll reach the woods at the top of a fun-filled single track. Come out onto a path and turn left. Stop at the bottom of the descent on the tarmac (Pascal barn on the left).

Step 5. Labatlongue descent. Veer right on the rolling path. Take the right-hand path as you enter the woods on a flat. This lovely and slightly craggy track comes out on the ascent piste. Turn left and ride until the Noir Bridge.

Équipements

- Picnic area
- Ablutions
- Water point

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