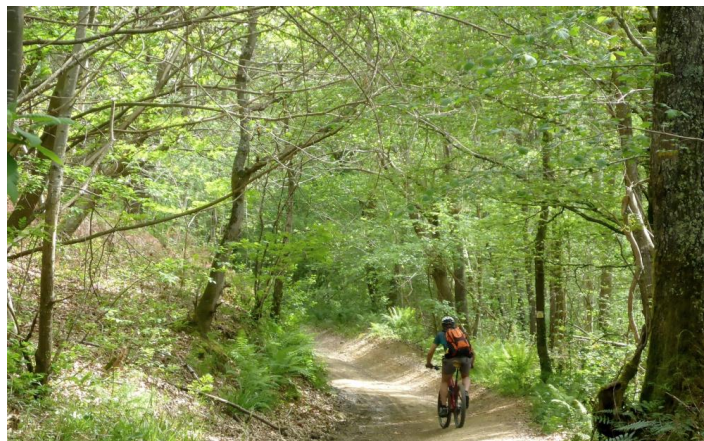


# VTT 4 Ousse et Lagoin

📍 LAGOS

MOUNTAIN BIKE

Without much difficulty, this circuit offers a lovely view over the countryside that stretches out on both sides of the Henri IV path. Between woods and croplands, the flat and easy-going circuit includes at certain points some more technical passages.



📍 Départ : LAGOS  
Arrivée : LAGOS

📏 Distance :  
20.4 km

🏔️ Dénivelé :  
375 m

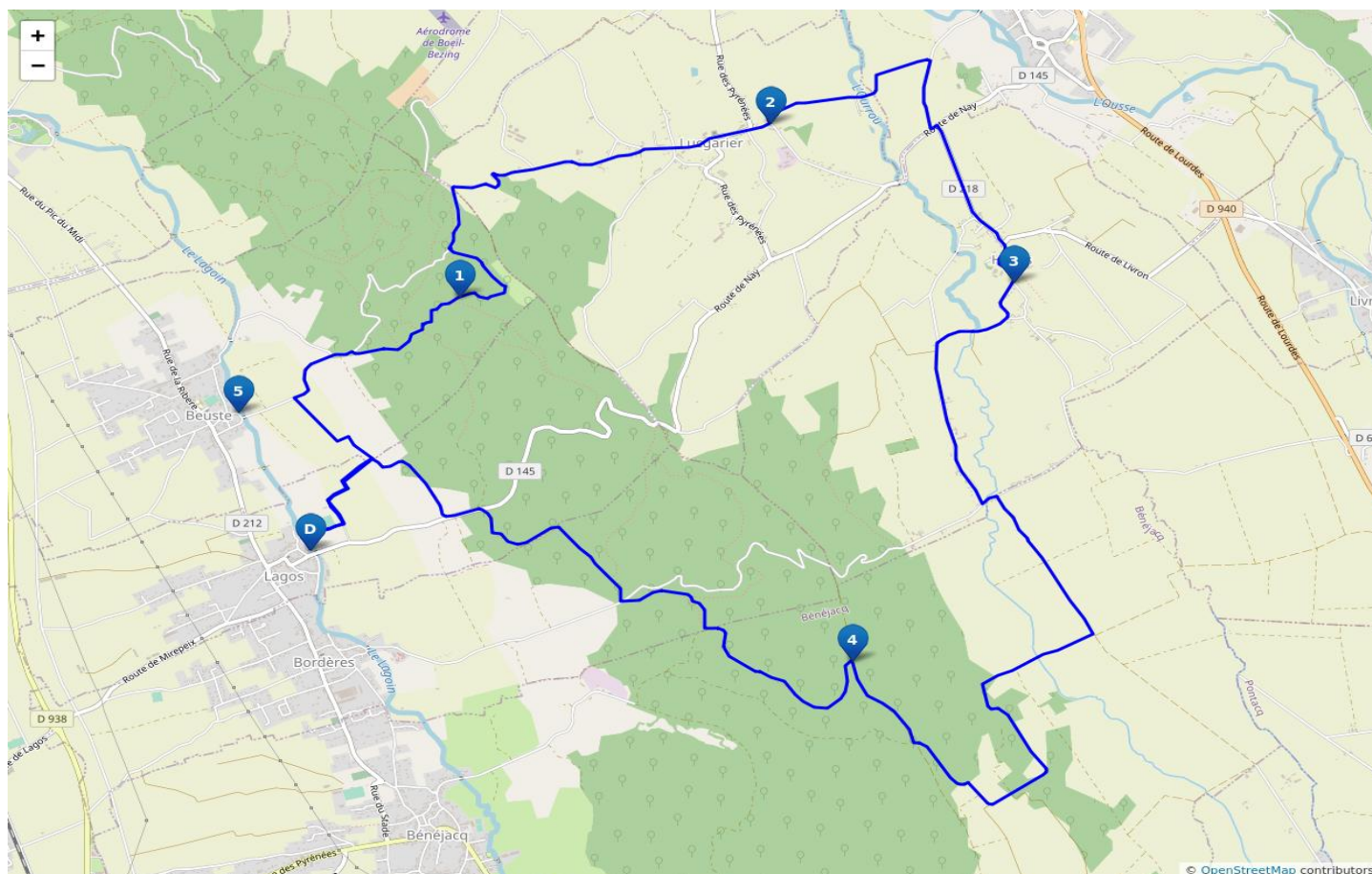
🕒 Durée :  
3h00

☎️ Appel  
d'urgence : 112

⚠️ Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien.  
Dans tous les cas, tenez-le en laisse. Merci !

## ★ À ne pas manquer

- The view of the Pyrenees.
- The descent in the forest.



## ★ Étapes

**Step 1. Towards Beuste.** Start behind the town hall of Lagos, cross the footbridge, go alongside the rugby field and turn left. Stay on the main track. On the road, turn right. You reach the road D2 in Beuste. After 600m (□ 1968,5ft.) turn right on the track. Follow the path that goes up on the left. After 400m (□ 1312ft.) turn right and after 50m (□ 164ft.) turn left. Go up a very steep path

**Step 2. Towards Lucgarier.** Go on the ascent, turn left then right on a steep path. On the road, go up to the right. At the top turn on the second road to the right and go down to Lucgarier. at the stop sign in front of the church continue straight ahead. At the crossroads, turn right on the road Rue de Bourneuf.

**Step 3. Towards the path of Bourguet..** At the crossroads with a Cross, turn left on the road Rue du Moulin. Cross the ford and continue on a track. Turn left then right at a field. Once back on the road turn right. At the stop sign turn left then right towards Hours. Pass by the church of Hours on a left bend.

**Step 4. Towards the Henri IV path.** Turn right on the path Chemin du Bourguet. At the crossroads turn right. Follow the path Chemin du Bourguet on a left bend. Turn left then right on a track. After 1.2km (□ 0.7mi.), turn right next to a barn. Go straight ahead on a steep track that turns to the left. Once at the bottom turn right. Bypass a field and go up on the forest. At the top, turn right on the path Chemin Henri IV.

**Step 5.** Turn left, go down into the forest. Then turn right in the descent at the point when the path becomes steep-sided. Follow a sloping path. Cross a stream and turn left. Cross the road and go straight ahead on the path. After an ascent turn left and continue to go down. Turn left, on the road, then 200m (□ 656ft.) further turn right, reach Lagos.

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