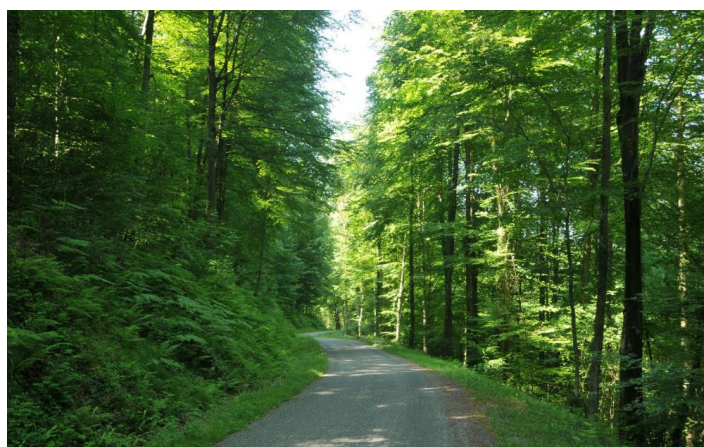


Route N°24 - Le Bugalaran version 30

OLORON-SAINTE-MARIE

CYCLING

Thirty kilometers in a circuit from Oloron and two elongated valleys to circulate between towns and meadows: it could be said that it is only a route made to take a breath of air. The link between Aramits and the secret valley of Littos is none other than the no less silent port of Bugalaran. A "small, but resistant" port, with severe percentages (10%) and steep ramps that will make you cross two or three zigzags. An ascent for fans of the final of the spring classics, more than for a Colombian climber who endures the great passes in summer. In the land of the Musketeers, it will take passion and panache to tackle these four kilometers, before embarking on a stimulating ride at the entrance of the Esquiule Valley.



| | | | |
|---|-----------------------------|-----------------------------|-----------------------------|
| <p>Départ : OLORON-SAINTE-MARIE Arrivée : OLORON-SAINTE-MARIE</p> | <p>Distance : 32 km</p> | <p>Dénivelé : 310 m</p> | <p>Durée : 1/2 jour</p> |
|---|-----------------------------|-----------------------------|-----------------------------|

P Parking piscine et collège Tristan Derême

+ Appel d'urgence : 112

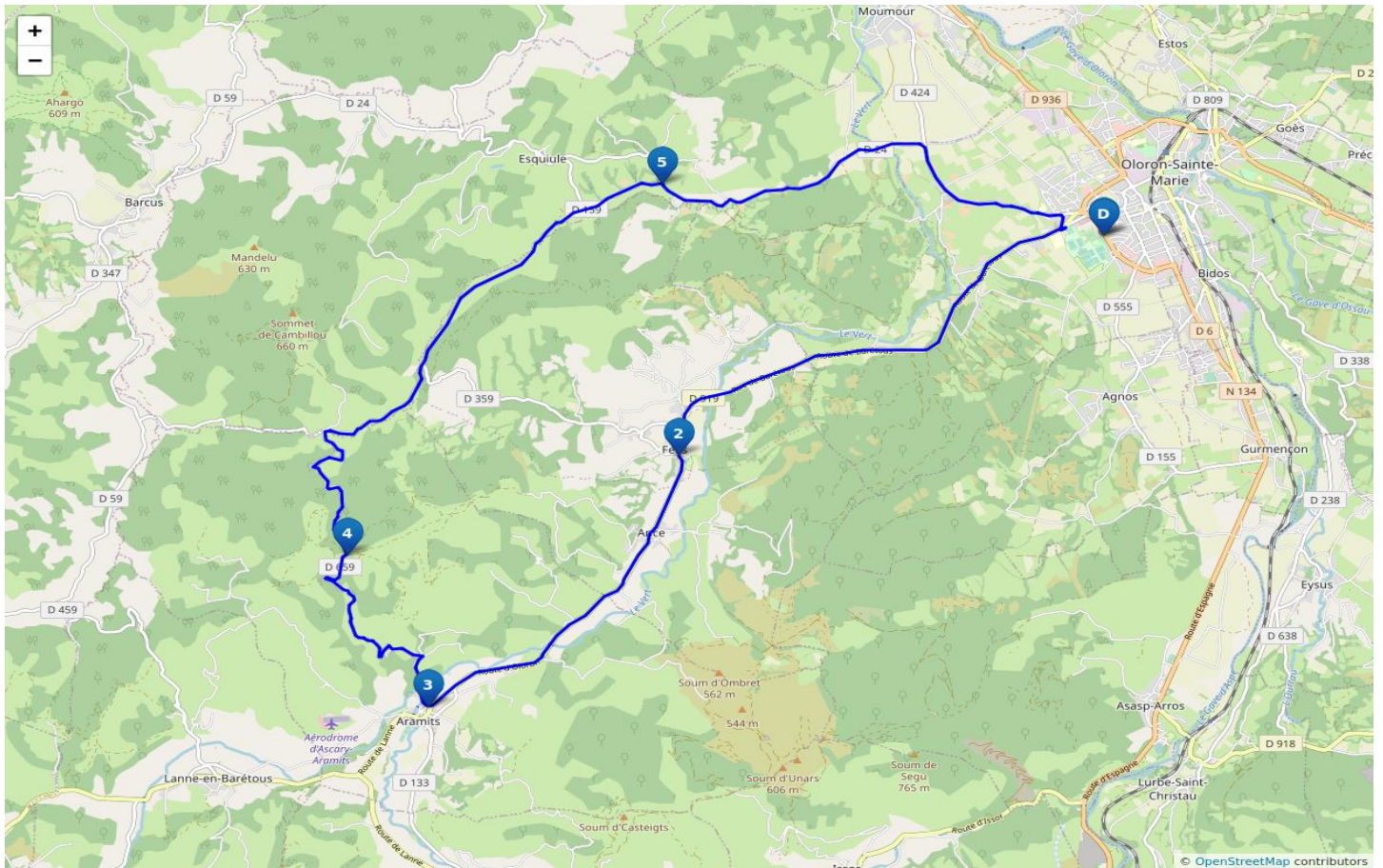
! Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

★ À ne pas manquer

- **The river "Le Vert" (6,2 km).** The Vert is a river that descends from the Barétous and the village of Arette. Its waters, oxygenated and preserved, are home to many fish (trout, gobies, eels), coveted by fishermen. It is even said that one can come across a small white-legged crayfish, a protected species!
- **Aramits Cheese Factory (12,1 km).** The Aramits cheese factory is a cooperative that collects milk from about fifty shepherds from Barétous and Soule. Centralized production of cow's, sheep's or mixed

cheeses is an essential link in protecting local knowledge and maintaining the economy in rural areas.

- **Aventure Parc (16,1 km).** In the Col de Bugalaran, for a break in height or for the enjoyment of your companions, Aventure Parc is a natural leisure area with views of the Pyrenees. Climbing tracks in the trees, balance games in the trees, jumps and slides on inflatable structures, a park full of sensations.



Étapes

Step 1. From Oloron Sainte-Marie to Féas. From the swimming pool roundabout, follow the signs for Bayonne and Pau and, at the next roundabout, turn left towards Féas and Arrette (D24 and D919 on the left). The route starts flat in the Saint-Pée d'en Haut neighborhood and then follows the forest. Therefore, it is for a smooth start that you take the direction of Barétous. After crossing the Vert, at the roundabout, enter Féas and cross the town.

Step 2. From Féas to Aramits. Pass the town hall of Féas (7.3 km - water point) and the castle. Keep the D919 that continues towards Ance, then to Aramits for 5 km. Continue with the beautiful views of the forested mountains of Barétous. In Aramits, 200 m after the Intermarché, turn right to discover the Place du Guirail (direction pharmacy).

Step 3. From Aramits to the Col de Bugalaran. In Aramits, at the Place du Guirail (12.5 km - water point), cross the small bridge over the canal and continue straight through the Vert district. The road crosses the river and immediately begins to rise sharply towards the port of Bugalaran. This first kilometer is demanding (9%) and climbs in narrow ridges overlooking the valley. After a Canadian barrier, the road drops a bit and allows you to breathe. At the Y, keep left, direction "Aventure Parc". The last kilometer is approaching, also difficult (10%), which takes you to the pass with a hard climb through the forest.

Step 4. From the Col de Bugalaran to Esquiule (D24). After the scenic break at the top of Bugalaran pass (16.1 km), we pass on the other side towards a technical descent into the forest (some hairpin bends, be careful). At the bottom (18.9 km), take the D159 on the right, towards Oloron. Always drive in a straight line through the discreet Littos Valley, between meadows and fields, leaving a road on the right that leads to Féas (20.7 km), then a road on the left that leads to Esquiule (23.9 km). Stay in the lower part of the town of Esquiule (fronton of Place Peko).

Step 5. Back to Oloron Sainte-Marie. At the junction with the D24, keep right towards Oloron. Follow the main road into the valley. After a right-angle bend in the middle of the fields of the Oloron plain, the path crosses the Saint-Pée d'en Bas

neighborhood along its entire length and reaches the avenues to avoid the city. After the stop sign (café Aux Pyrénées), at the Free Tibet roundabout, turn right towards Huesca (bike path) to find the pool parking lot.

★ Équipements

- Water point
- Picnic area
- Water point

★ Attention

- Oloron Sainte-Marie, Free Tibet roundabout and D6, heavy traffic.
- From Oloron to Aramits, by the D919, important traffic.

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