



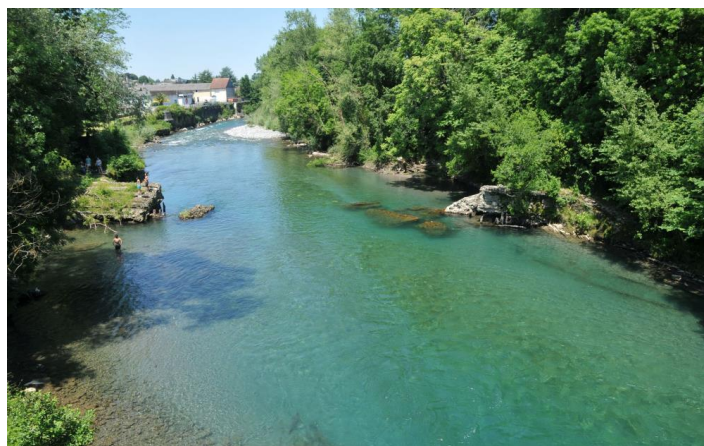
Route N°15 - Au pied des sommets par le Bager

OLORON-SAINTE-MARIE

CYCLING



Between Oloron Sainte-Marie and Arudy, this Piedmont circuit visits a dozen villages at the gates of the Aspe Valley and the Ossau Valley. Through fertile fields and back roads, you can try a country bike ride with friends on a spring morning. Not so demanding as to require regular training. There are no stages serious enough to take your breath away and stop the talk. Just a healthy route at the foot of the Pyrenean mountains and under a thick beech forest. Because after the stone villages, the Buzy dolmen and the Arudy marble quarries, the circuit offers a beautiful chlorophyll parenthesis under the shade of the Bager forest. A curvy path weaves through the trees for miles, one of these paths that are much more pleasant to pedal than to drive, and which lead you back to the left bank of the Gave d'Aspe, at the gates of Oloron.



📍 Départ : OLORON-SAINTE-MARIE
Arrivée : OLORON-SAINTE-MARIE

📏 Distance :
50 km

🏔️ Dénivelé :
475 m

🕒 Durée :
1/2 jour

P Parking piscine et
collège Tristan
Derême

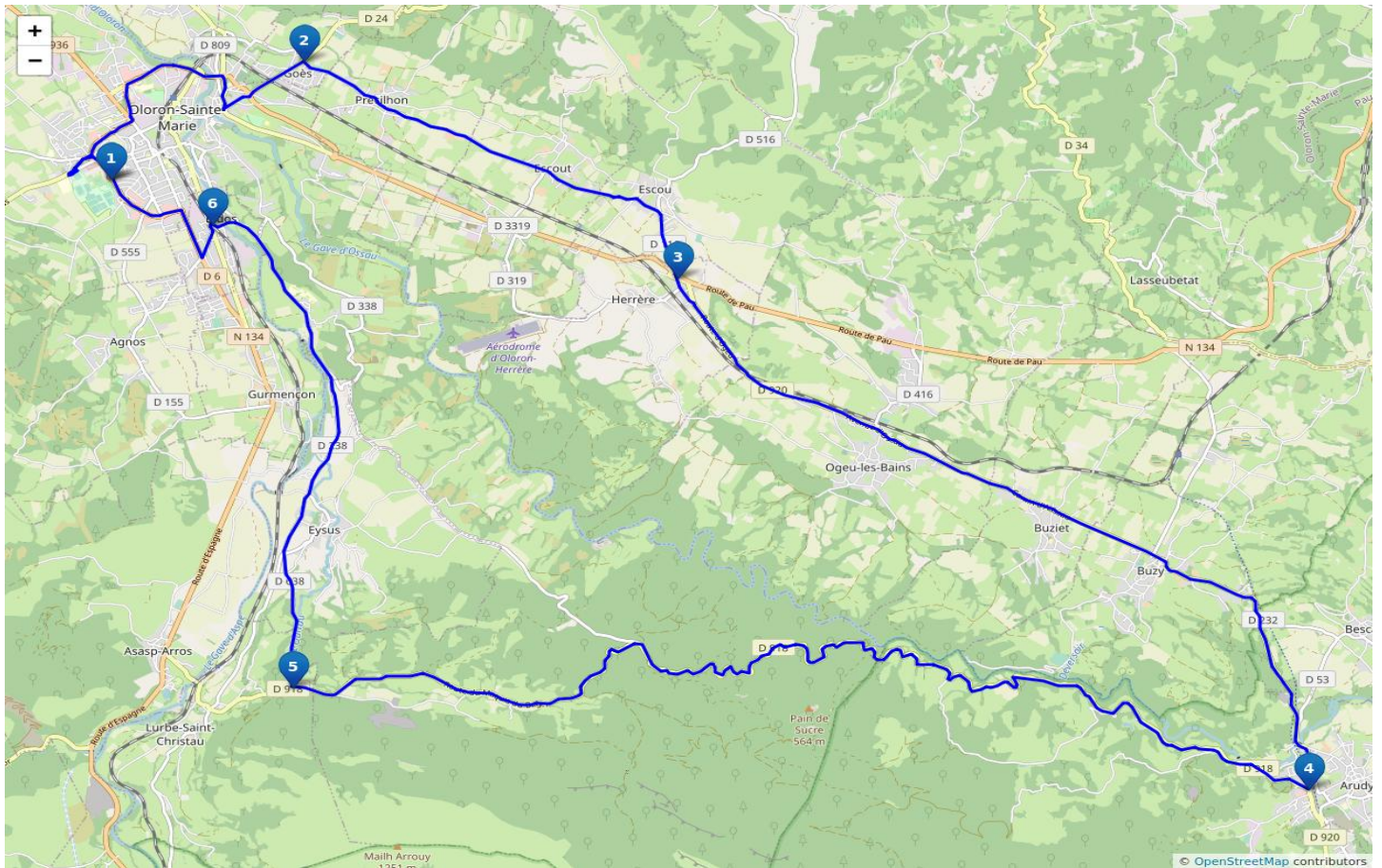
☎️ Appel
d'urgence : 112

⚠️ Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien.
Dans tous les cas, tenez-le en laisse. Merci !

★ À ne pas manquer

- **The Castle of Goès (5 km)**. Pleasant encounter with the castle of Goès on the way to Précilhon. Mentioned in the 14th century, this fortified house (the lagoons attest to its defensive role) was modified in the 17th century. His rectangular house, flanked by two towers, now houses an equestrian centre.

- **The Dolmen of Teberne (20,1 km)**. Classified as a Historic Monument in 1889, the Taberne dolmen bears witness to a very ancient human occupation on the Buzy moraine. Early excavations had uncovered 79 flints, reindeer antler seals, and remains of pottery. Its top slab has an estimated weight of 15 tons!
- **The Bager Forest (34,5 km)**. Located in the city of Oloron Sainte-Marie, the Bager forest is a vast and ancient beech forest that covers the northern slope of the first Pyrenean foothills. Besides a great biodiversity of fauna (woodpeckers, owls and barn owls, genets and forest cats), it also hides the blue ribbon of the Gave d'Ossau.
- **The baths of Saint-Christau (39,9 km)**. In a corner of the forest, at the confluence of valleys, Saint-Christau was a spa known for its copper waters, suitable for the treatment of dermatosis and other diseases of the mucous membranes. As witnesses, its beautiful hotels and the majestic trees of its park. The chapel is also a stop on the Camino de Santiago from its Via Tolosana.



★ Étapes

- Step 1. From Oloron Sainte-Marie to Goès.** From the roundabout of the school and the swimming pool, follow the direction of Pau along the avenues around the city (bike path). Pass in front of the Lindt factory, in front of the Leclerc shopping centre and then over the bridge overlooking the Gave d'Oloron. At the J.A.O. (fronton), turn right towards the city centre. At Place Gambetta, go around the Navarrot statue, and then go up the very steep street in front of the church. At the top, take the Goès road just opposite. At the roundabout, take the third exit (D24) towards Goès.
- Step 2. From Goès to Herrère (N134).** At the small roundabout of the Goès town hall (4.85 km), turn right towards Précilhon (D116) passing in front of the castle. Cross Précilhon and go straight in the middle of the fields, with views of the Ossau peaks and the Pic d'Anie. At the small roundabout of the church of Escout, go straight on the route d'Escou. Once in Escou, leave the center of the village on the left and continue on the main road towards Herrère, facing the mountains.
- Step 3. From Herrère to Arudy.** Carefully cross the Pau road (N134) and enter Herrère (11 km), direction town hall-school, which quickly turns right to join at the junction with the D920. Follow this road to the right, towards Arudy. The horizontal

progression at the foot of the mountains resumes to cross the villages of Ogeu-les-Bains, Buziet and Buzy (still in a straight line). At the Buzy exit, an uphill route requires (finally) touching the switch and leads to the dolmen intersection - ignore the road to Bescat on the left and continue straight towards Arudy for a winding descent. After the bridge over the Gave keep right onto the D920 towards Laruns.

Step 4. Arudy and Bager Forest. 100 m before the small roundabout of the Carrefour supermarket (22.9 km), turn right towards Lurbe-Saint-Christau and Eysus (rue d'Aspe). After the houses, the D918 road descends on the left bank of the Gave d'Ossau (quarry). Leave the path to Ladébarrade twice to the left and continue along the path that undulates to the right in the undergrowth. After the Passiflor'Art farmhouse, enter the Bager forest: a continuous climb through the mixed forest (3 to 4% in 3.5 km). The highest point is marked by the crossroads of the hut at terminal 12: descend left on the D918 towards Saint-Christau (winding road). At the bottom, drive straight through the luminous valley to Saint-Christau.

Step 5. The Saint-Christau thermal baths to Bidos. At the Saint-Christau entrance sign (34.55 km), turn right towards Eysus and Oloron (D638). Pass near the chapel and in front of the wooded site of the old thermal baths. Pass a small slope and, at the intersection, continue straight (D638) to pass to the lower part of the village of Eysus. Always on the right bank of the Gave d'Aspe, the path crosses the Soeix neighborhood and approaches Oloron. After the castle of the lycée des métiers de la montagne, on top of a bump (stele), descend in front of Bidos (just after the cemetery).

Step 6. From Bidos to Oloron Saint-Marie. In Bidos (47.4 km), go around the roundabout crossed by the railway to follow the N134 towards Huesca (bike path), then turn right after the town hall, towards Agnos. One last hill between the residences leads to a traffic light: turn right onto Avenue d'Aspe. At the Beauregard roundabout, take boulevard de l'Aragon on the left (direction Pau). Cross the shopping centres to the swimming pool parking lot.

★ Équipements

- Water point
- Ablutions
- Picnic area

★ Attention

- Oloron Sainte-Marie, Free Tibet roundabout and D6, heavy traffic.
- Herrère, junction of the N134, major traffic
- Herrère to Arudy on the D920, very narrow road

pour bien préparer sa rando
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en montagne,
rendez-vous sur 



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