

From the Nive to the Basque coast

All routes can be found in ►►
Available from tourist offices



LEV
2 EASY

TOUR OF XOLDO XOLDOKO ITZULIA



Aerial view of Biriadou

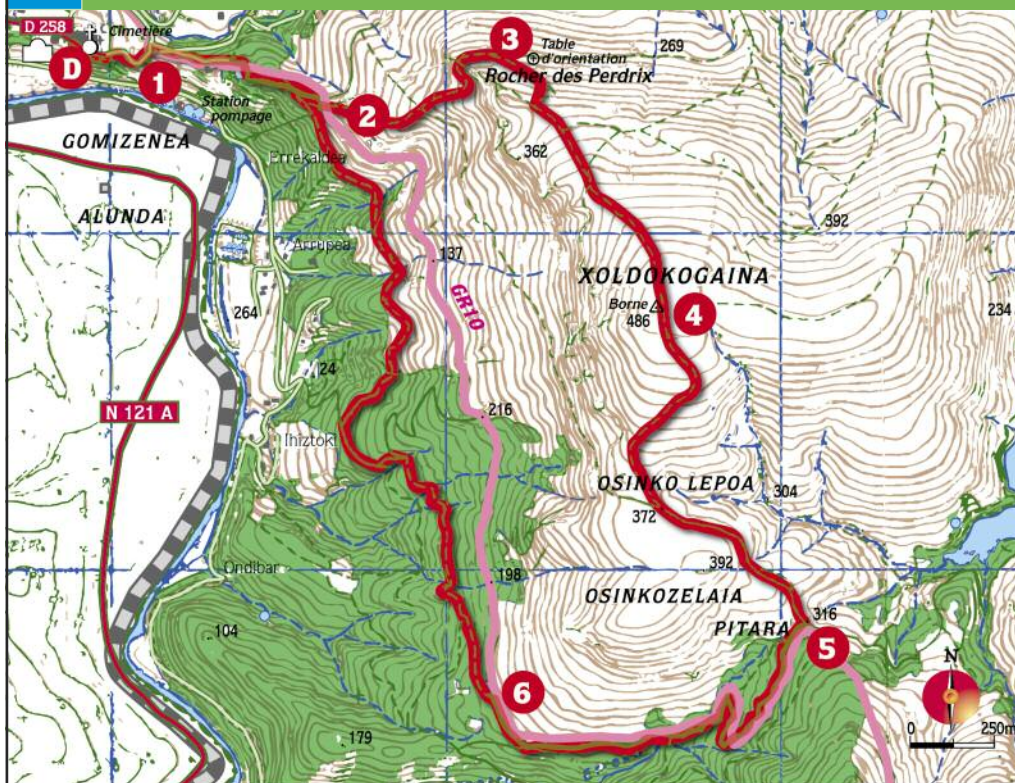
From the village of Biriadou, which is worth a visit in itself, this route sets out to tackle the Basque hills. In addition to the magnificent coastal views, you should come across pot-toks, sheep and griffon vultures.

D From the car park at Biriadou, pass through the village in front of the pediment, then bear left to follow the Arruntz track. Next, turn right **1** 602114-4798547 to follow the GR®10. When you reach the level of the power line, bear left **2** 602625-4798372 towards the Rocher des Perdrix where you will catch a first glimpse of the view of the Basque coast. Follow the signposts **3** 603133-4798531 to ascend towards Xoldokogaïna **4** 603645-4797807 which is the highest point in the circuit and signals the end of the most difficult part. The view of the coast and the Rhune is breathtaking and you are sure to spot some griffon vultures at this point. The remainder of the circuit is less challenging: descend towards Osin mountain pass followed by Poiriers pass **5** 604069-4796826 where you are sure to see some pot-toks. Turn right to follow the GR®10 through the oak and conifer forests. On leaving the forest, turn left **1h40** **6** 603133-4796619 and take the gently

sloping track offering some attractive views over the Bidassoa valley. Follow the signposts to the level of the power line **2** and turn left to return to the village. **2h30**



Rocher des Perdrix

**LEV
2****EASY****TOUR OF XOLDO**
XOLDOKO ITZULIA**D** Biriatou central car park

GPS : 601889-4798624

2h30**Signposting****D** to **6** **8 km** **490 m****Not to be missed**

- Panoramas
- Viewing table
- Magnificent views of the Basque coast
- Village of Biriatou

BIRIATOU - BIRIATU

Situated in the heart of the Basque country at the crossroads between the provinces of Labourd, Guipuzcoa and Navarre, Biriatou plays the role of a transitional link between the North and South and also provides the natural support of an urban area to the rural surroundings.

Situated at the edge of the mountains, embraced by the Bidassoa river which forms a geographical border with Spain, and just a stone's throw from the Atlantic coast, Biriatou invites you to experience the emotion of its magnificent landscapes and meet the people from here and elsewhere who have successfully preserved a luscious corner of wild nature throughout time, despite the inevitable call of modernism and develop-

ment. Here, you will find an authentic region of contrasts, where man lets time take its course, immersed in the Basque way of life and customs, combining environments, places and traditions.

From the heights of Xoldokogaina, the rural charm of the Bidassoa valley is blindingly obvious. The times of the smugglers of old are long past and the mountain is now a special haven of relaxation, while the Bidassoa river lends itself perfectly to fishing.

The upcountry is undoubtedly the ideal complement to the coast.

Further information is available from:

Town hall

Le Bourg - 64700 BIRIATOU - Tel : 05 59 20 37 51

fax : 05 59 20 96 18 - Mail : contact@mairie-biriadou.fr - Web : www.biriadou.fr
TERRE ET CÔTE BASQUES
PAYS DE SAINT-JEAN-DE-LUZ - HENDAYE
www.rando64.fr*on foot, by bike or by horse, discover Béarn and the Basque country!*

CHOOSE THE RIGHT WALK

Levels

The change in altitude indicated in each guide represents the total increase. Times are calculated without stops.

Walking routes are classified by difficulty and are differentiated by colours in each route's practical guide. These classifications have been made following recommendations from FF Randonnée.

Very easy under 2 hours of walking
Ideal for families, using clearly marked paths.

Easy under 3 hours of walking
Can be done as a family. Follows footpaths,

with some more difficult parts.

Average under 4 hours of walking
For those with some walking experience. Contains some fairly challenging aspects or changes in altitude.

Difficult more than 4 hours of walking
For experienced walkers. Routes are long and/or challenging (steep ascents, difficult parts).

Walk times: The time taken to complete each route is given as a guide only, taking account of the length of the route, the change in altitude and any difficult aspects.



A local photo of footpath signposting

Signposting

Use the signposts to stay on the right track

Signposting	Regional and PR® footpaths	GR® footpaths
The right direction		
Turn left		
Turn right		
The wrong direction		

GR®, GRP® and PR® are registered trademarks of the Fédération Française de Randonnée Pédestre.

Walking labels

PR® routes:

A number of hiking trails are designated as PR® routes by the FF Randonnée in accordance with quality criteria. They are selected using environmental, tourist, technical and attractiveness criteria. (Further information is available at www.ffrandonnee.fr)

Your views on our footpaths - Ecovaille®

The routes we offer have been carefully selected. We would like to hear your opinions and observations about the state of the footpaths as this will enable us to ensure they are well maintained. We invite you to send us your comments by contacting the Syndicat Nive-Nivelle on 05 59 93 90 86

You can download an Ecovaille® observation form at www.rando64.com/ecovaille

GPS co-ordinates for routes

GPS co-ordinates for each stage of the route are provided for all routes.

The reference format is as follows:

WGS 84 - UTM 30T

Useful recommendations

Weather forecast 08 92 68 02 64

European emergency number 112

Visitors who use the Nive-Nivelle footpaths in the Southern Basque country are required to behave in a respectful manner towards the natural environment and the inhabitants of the area. It is important that certain rules are followed.

Taking care of nature

- Take a bag with you to carry your waste
- Ensure you respect the wildlife
- Stay on signposted footpaths

Taking care of yourself

- Do not set off without the necessary equipment
- Avoid walking alone
- Do not drink water from streams
- Make sure you are aware of weather conditions

Respecting local activities and inhabitants

- Make sure you close gates
- **Avoid walking with a dog. If you do have a dog with you, ensure it is kept on a lead at all times.**
- Starting fires is strictly forbidden
- Ensure you respect private property located near footpaths

Please note!

It is advisable to avoid certain routes during the wood pigeon hunting season (October and November) and the controlled burning season (December to March).

www.rando64.fr

on foot, by bike or by horse, discover Béarn and the Basque country!