

GR[®] 10

NIV 4 DIFFICULT ESTERENÇUBY - CHALET PEDRO / COL DE BAGARGIAK



A very beautiful route with a superb view over the Basque country and numerous points of interest, including pastoralism, the forest of Iraty, and archaeology in the shape of the cromlechs at the Pic d'Occabé. This route is only recommended for walkers in good physical condition, as it is long with a significant cumulative ascent.

Getting to the start:

From Bayonne, get off at exit 5 of the A 63 and take the D 932, pass Cambo (14 km) to take the D 918 towards Saint-Jean-Pied-de-Port (railway station). At the entrance of Saint-Jean-Pied-de-Port, go right to skirt round the town and take the D 301 to Estérençuby (7,4 km). After the bridge over the Nive, take the road on the left which climbs up to the church. Car park opposite the church.

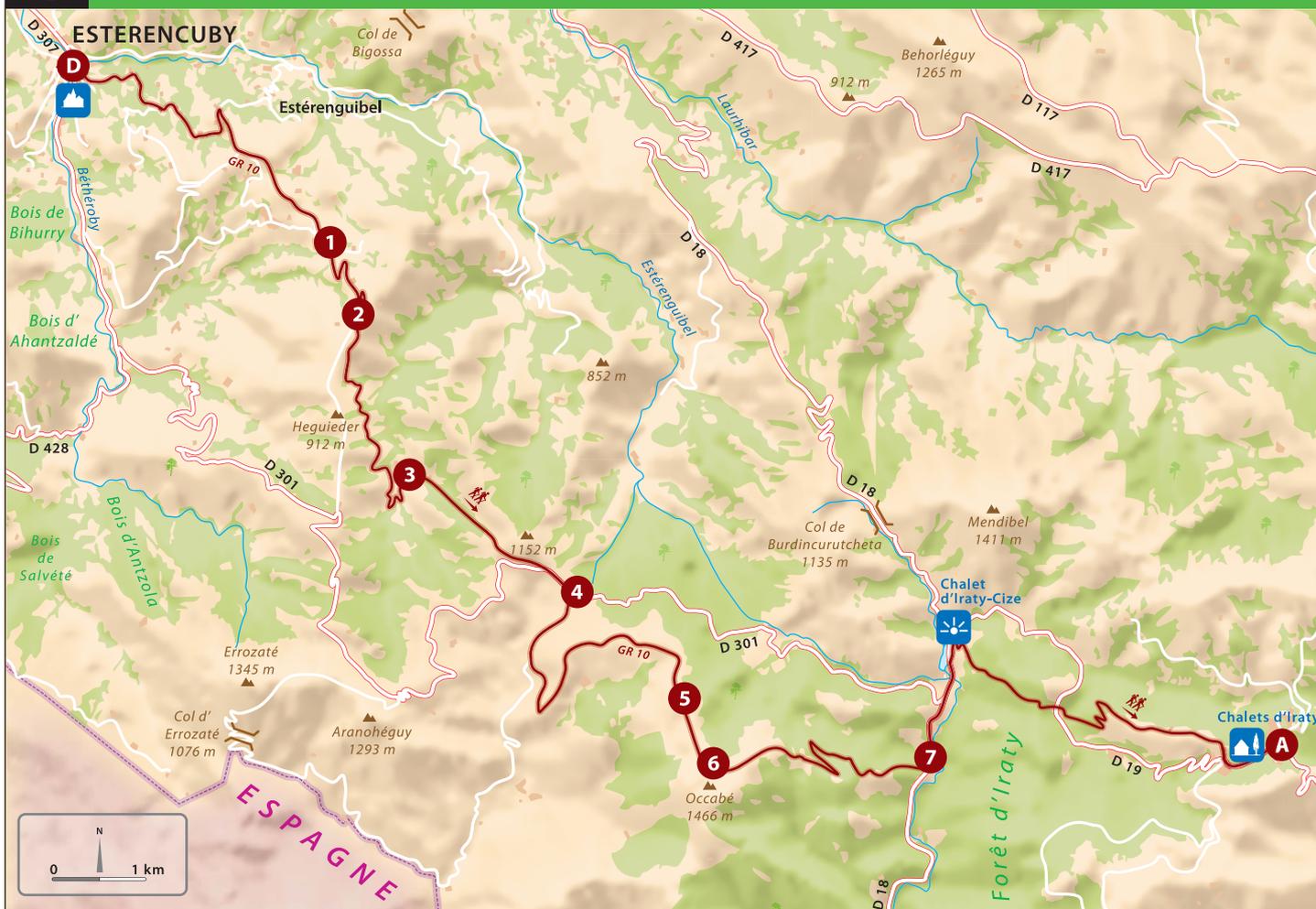
D From the car park, take the main road to the right, alongside the cemetery. After 30 min, take the tarmac path on the left. After the last house, take the footpath on the left, through some ferns, and then the main road to the right again. After 125m, leave the road on the right and continue straight ahead for 100m.
0h45 Then take the road to the left **1** (655 m - 649794 4772000).
1h30 On the left, take the footpath that leads up to the berm at Ithurramburu. **2** (816 m - 650103 4771249) Walk alongside the two cayolars (GR10 signpost) then descend a wide track. After 30 min, cross a stream. Continue along the right bank, (do not follow the yellow signposts) then take a footpath on the right and follow it up through ferns. **3** (685 m - 650687 4769614). You reach another pastoral area (GR10 signpost).
2h00 Take the tarmac road to the left until the Col d'Irau.
3h15 **4** (1027 m - 652672 4768372). Take the footpath opposite (pole markers). The climb is signposted by stone kilometre markers. After an hour, you will come to a crossing with the GRT 9 (ignore the yellow signposts). There is a view of part of the cromlechs d'Occabé **5** (1380m - 653928 4767227)
4h15 Go left under the summit of Mont Occabé **6** (1430m - 654263 4766537). Descend towards Chalet Pedro. Join a

wide track. After an hour, take the RD18 to the left (GR10 signpost) until the Chalet Pedro after 100m. **7** (980m - 656777 4766727) Follow the RD18, (unguarded refuge in Aterbea, water points). After 20 min, take the D19 to the left in the direction of Larrau Iraty **8** (1020 m - 656952 4767891) After 150m turn right on the footpath towards the forest (you pass an orientation table on your right). After 30 min, go



back down to a lake. Cross the RD19, cross the dam, and walk alongside the lake for 50m, then take the track that goes up to the right. After 45 min, follow the track alongside the chalets of Iraty to reach, 15 mins later, the RD19. Take this road following signs for 'Col de Bagargiak' and reach the chalets in Iraty after 700m.

8h00 **9** (1330 m - 660733 4766943).



D Esterencuby (church car park)
(646830 4773950).

 **6h00** for Chalet Pedro
8h00 for Col de Bagargiak

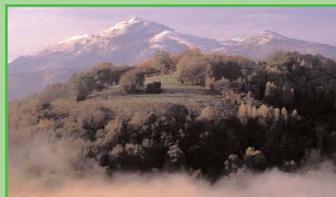
Cumulative ascent:
 **1300 m** for Chalet Pedro
+450 m for Col de Bagargiak

 **17 km 6** for Chalet Pedro +
6,5 km for Col de Bagargiak
Total: 24,1 km
238 m mini
1435 m maxi

Type of terrain:
11,8m of paths, 5,7m of roads for Chalet Pedro
4,3km of paths, 2,2km of roads for Col de Bagargiak
Total of 16.1km of paths, 7,9km of roads.

Not to be missed:

-  Pastoral life.
-  Woodpigeon hunting sites
-  The cromlechs at Pic d'Occabé
-  The Pic d'Occabé.
-  The forest of Iraty.



Signposting: 
The entire route is consistently signposted in red and white.

Cartographie : IGN au 25 000^e

GPS (WGS84 – UTM-30T)
Téléchargez la trace GPS sur www.rando64.fr

For additional informations contact:



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www.pyrenees-basques.com

Soule
Tel : 05 59 28 02 37
www.soule-xiberoa.fr

www.rando64.com

on foot, mountain bike or horseback, discover Béarn and Basque country !



CHOOSING THE RIGHT HIKE FOR YOU

The elevation indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

Hikes are classified by difficulty and distinguished by colours on each route's practical sheet. We adhere to the recommendations of the French Federation of Hiking.

Very easy less than 2 hours of walking. Ideal for families, on well marked-off paths.

Easy less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

Medium less than 4 hours of walking. For hikers who are used to walking. With occasional challenging sections or slopes.

Difficult more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

Duration of the hike: The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.



Trail sign

Marking

Follow the markers to stay on the right path

Trail markers	Sentiers de Pays and PR®	GRP®	GR®	Mountain biking	Horseback riding
Right direction					
Turn left					
Turn right					
Wrong direction					

Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64: 05.59.14.18.80.

Or download an "Ecoville" observation sheet at: www.rando64.fr

Useful recommendations

Weather 08 92 68 02 64

European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

Preserve nature

Bring a bag for your trash
Respect the fauna and flora
Stay on the marked trails

Protect yourself

Do not leave without the necessary materials
Do not hike alone
Do not drink stream water
Check the weather forecasts in advance

Respect activities and humans

Remember to close fences
Fires are prohibited
Respect the private properties that line our itineraries

Please note!

The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!

Hiking labels

PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit www.ffrandonnee.fr)

Horseback riding



This logo guarantees an itinerary that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.

(For more info, visit www.cheval64.org)

Mountain biking:



wide and easy trail,
elevation less than 300 m.



fairly easy trail,
elevation less than 300 m.



technical trail,
elevation less than 800 m.



very difficult trail,
elevation from 300 to 800 m.

www.rando64.com

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