

N° 57 Panorama de Narbissat

📍 CETTE-EYGUN (CETTE)

WALKING

It all depends on the point of view! Here's one of Lescun cirque that can safely be described as exceptional. All the summits are here, Pic d'Anie, Billare, Table des trois Rois. It's worth mentioning that it may not be particularly difficult but some sections at the end are very steep.



📍 Départ : CETTE-EYGUN (CETTE)
Arrivée : CETTE-EYGUN (CETTE) | 📍 Distance : 6.5 km | 🏔️ Dénivelé : 600 m | 🕒 Durée : 4h00

P Bourg de Cette

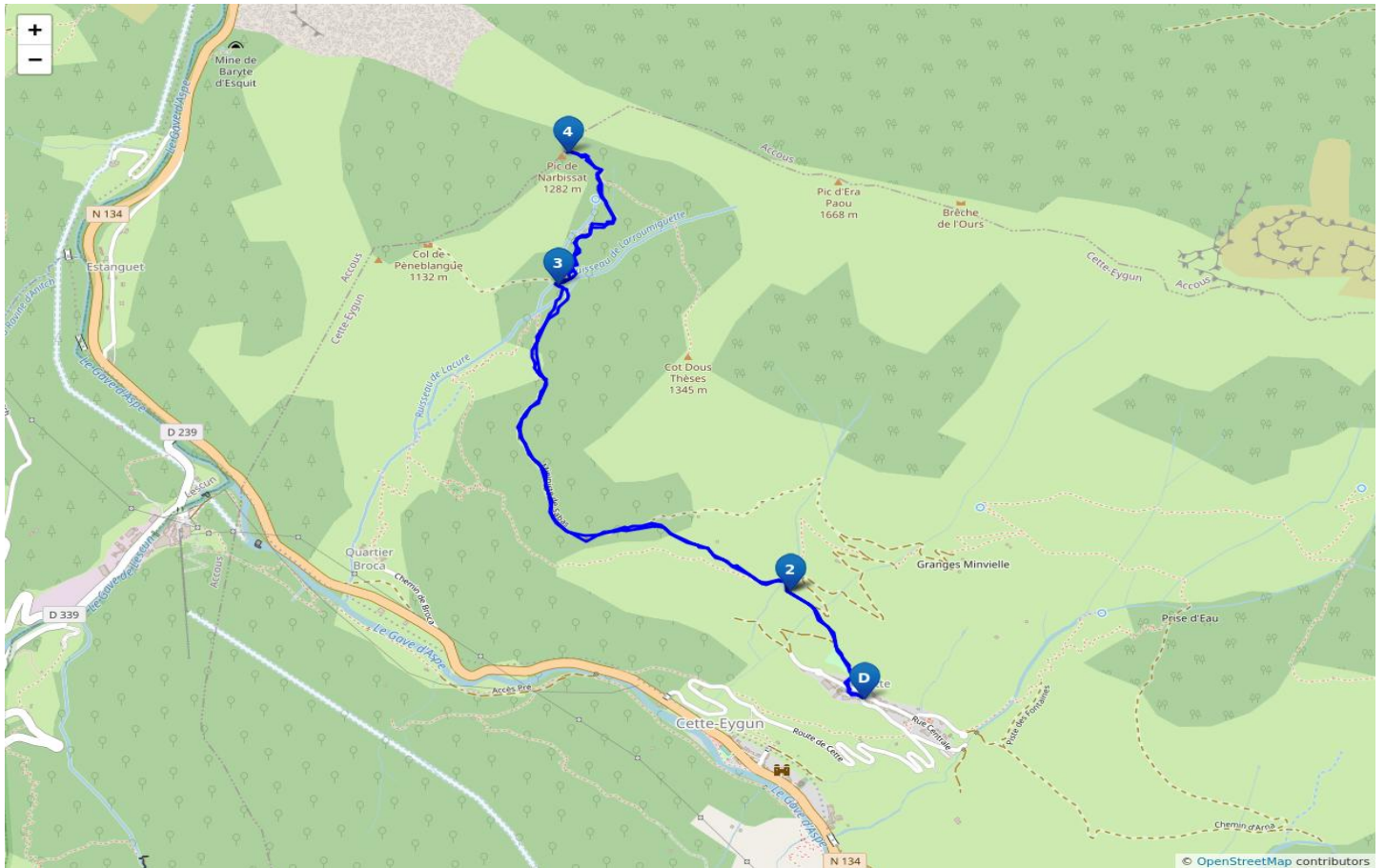
☎️ Appel d'urgence : 112

Balisage 

⚠️ Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

★ À ne pas manquer

- **Tos.** Troughs, known as "tos" in patois, are laid out near the summer pastures where livestock graze.
- **Cabane de Sabas.** Small cabin at an altitude of 1090m for 4 people.
- **Roman Church.** Listed as a Monument Historique.



★ Étapes

Step 1. Geological site. From Cette (2 kms up of Eygun), head to the church and take the right-hand road towards the geological site. Take a left onto a path carved into the limestone (Chemin de Lhèze). It slopes up steeply at the start and comes out onto a piste. Go up to the next bend and take the opposite path in the shade of the hazel trees.

Step 2. Sabas wood. Pass the gate, take the left-hand path and cross the stream. Continue on this rocky path that gradually gets steeper. It flattens out slightly and gets narrow in parts. After crossing the Lacure stream you'll reach an open little plateau.

Step 3. Summit. Leave the path and go right up onto a grassy trail. Go under the hazel trees and stay close to the stream. Take the path that forks left. Go round the bends and past the Cabane de Sabas. Continue above then fork left (there are lots of markers on the trees and cairns) to cross a damp area and an uprooted tree. Head towards the ridge on the track and reach Narbissat.

Step 4. Descent. Go back down the same way. The top of the woods is quite slippery, especially in steep areas. You may not always be able to see the trail but it's never far away! After the great ledge crossing, the path is pebbly so watch your ankles!

★ Équipements

- Water point
- Picnic area
- Picnic area

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