



# N° 21 Tour Igaüt-Chéchit

📍 AYDIUS

WALKING



This stunning path dives into the bottom of the valley to cool down. Rocked by the churning Gabaret that reigns in the gorges, the ruins of the Chichet baths recapture the time when aches and pains were soothed by ferruginous water.



📍 Départ : AYDIUS  
Arrivée : AYDIUS

📏 Distance :  
3.3 km

🏔️ Dénivelé :  
130 m

🕒 Durée :  
1h05

**P** Place entrée du village

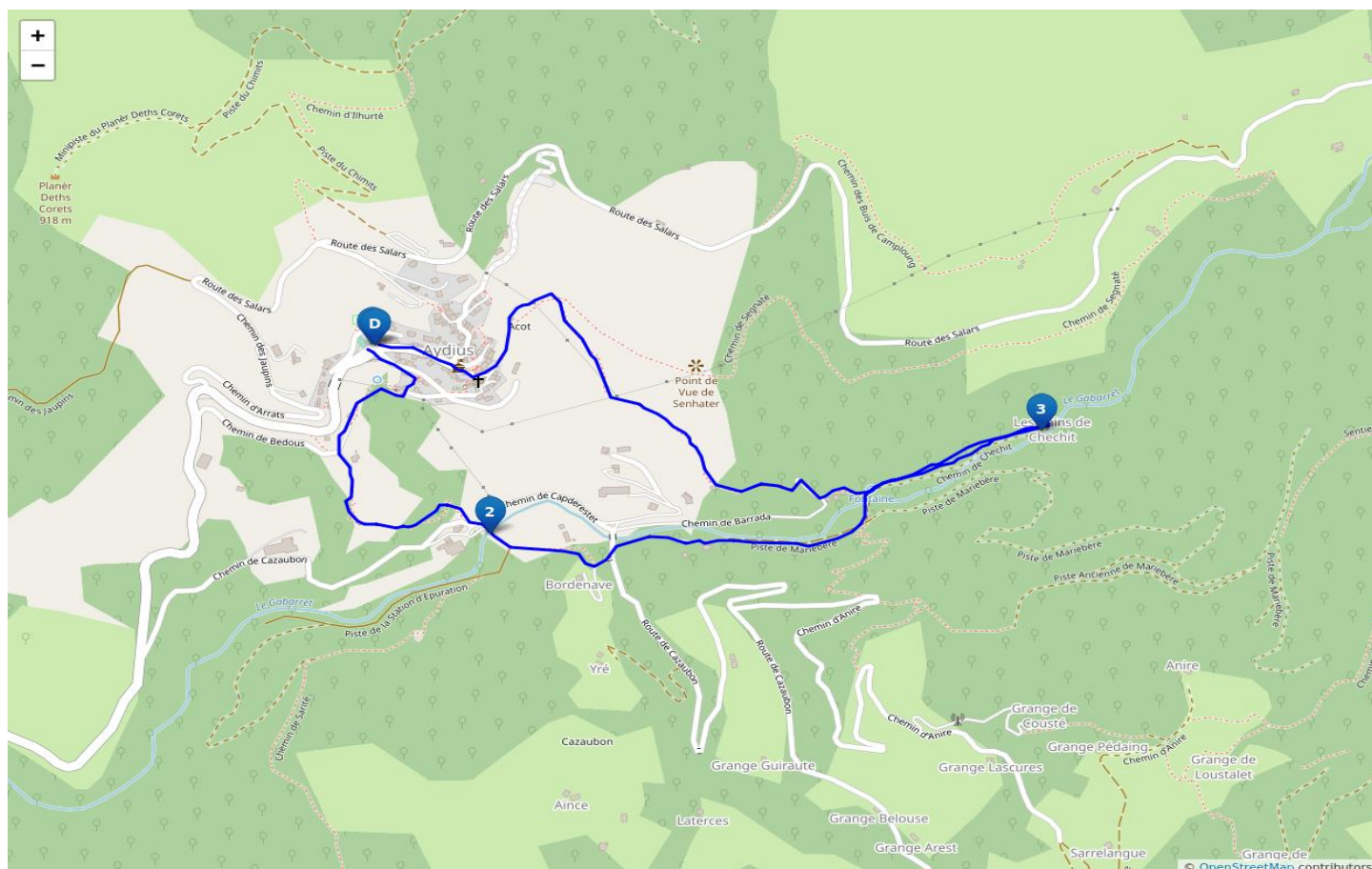
☎️ Appel d'urgence : 112

Balisage

⚠️ Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

## ★ À ne pas manquer

- **Chéchit baths.** Famous for their ferruginous water, people flocked here to ease rheumatism, lower back pain and other conditions. Even though it's difficult to reach. The cabins and utensils are visible as the ruins have been renovated and safeguarded.
- **Mill ruins.** The powerful Gabaret fuelled countless mills. The ruins of an installation stand by the path, the canal is still very visible.
- **Goats' cheese.** Visit the goats' farmers and taste the cheese !



## Étapes

**Step 1. Descent to Gabaret.** From the square at the enter of the village, go down the street between the picnic tables and take the steps a little further down where there's a stunted wall on the right. Cross the street and carry on along a lovely path. Leave the track and cross the bridge after the farm.

**Step 2. Chéchit baths.** Follow a little shrub-lined lane on the left. Fork left towards the house and cross the footbridge. Take a slight left to follow the piste. After the mini plant, run along the meadow to the left and cross the Gabaret. Turn right until the bath ruins.

**Step 3. Return.** Go back the opposite way. At the trough, ignore the footbridge (green) and carry on along the stream's right bank. Follow the path in front of the houses. Go back up the old road and hit the right-hand path just in front of the property. Walk to the village, pass the washhouse and go up the Rue de l'Eglise then back down to the square.

## Équipements

- Ablutions
- Water point
- Picnic area

pour bien préparer sa rando  
et adopter les bons gestes  
en montagne,  
rendez-vous sur



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