


N° 16 Tour des Fontaines


 BEDOUS


WALKING


Have a total change of scene starting in Bedous! Flocks here can certainly get their fill of water. This mainly covered hike covers steep and sometimes slippery terrain. Walking sticks and hiking boots are recommended!




 Départ : BEDOUS
Arrivée : BEDOUS

 Distance :
8.3 km


 Dénivelé :
550 m

 Durée :
3h50

 Place de la mairie

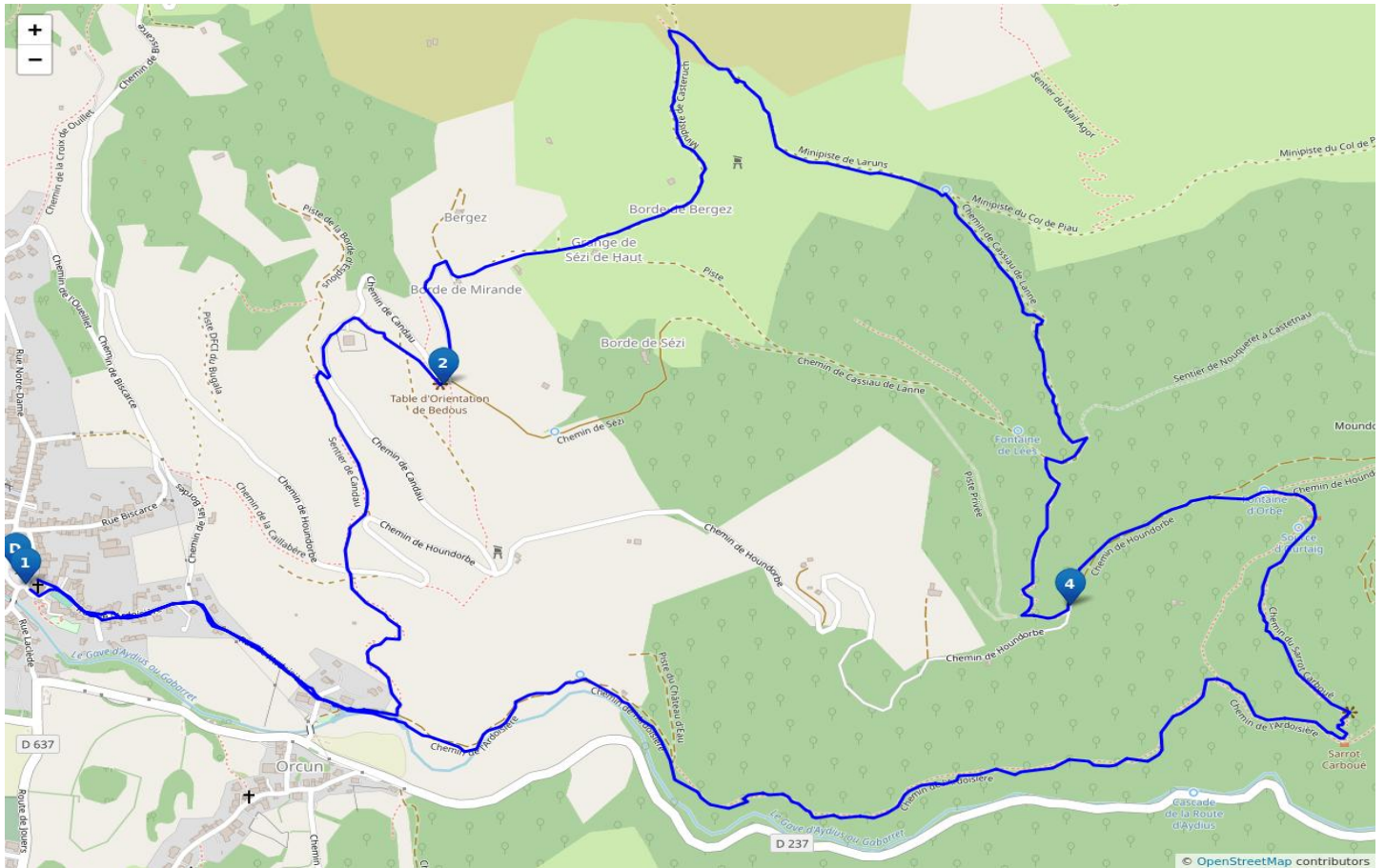
 Appel
d'urgence : 112

Balisage 

 Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien.
Dans tous les cas, tenez-le en laisse. Merci !

À ne pas manquer

- **Viewfinder table.** You'll know everything there is to know about how the valley formed.
- **Weeping Rock.** On the edge of the path you'll see a curiosity caused by water erosion: a rock that weeps.
- **Orcun mill.** Tour and bread tasting available!



Étapes

Step 1. Viewfinder table. From the town hall square, go along the church and fronton and go straight down a path between little walls. At the houses, follow the canal and go up the path on the left. The ascent is tough, cross a piste and go straight on. Further up the path comes out onto the road. Follow it for 30m then take the right-hand path after the picnic tables.

Step 2. Larrun fountain. After the viewfinder table, walk to the end of the road and hit the very steep trail at the barn. Go through (and close ;-)) the barrier, the slope calms down and comes out in the woods. Leave Chemin d'Ourdinse at the intersection and go right towards the trough. Continue on the left path with the best views.

Step 3. The diabolical descent. At Larrun Fountain go down right onto the path. It runs through an oak forest then gets back onto a pebbly track. Follow it right and keep an eye out on your way down: the fork is where you see the barbed wire gate on the left. Open the wire and hit a track on a ledge (slippery). Hurtle down the ridge until a well marked-out path on the left where the oak tree is.

Step 4. Orbe Fountain. Go 500m back up the left-hand path and take the pebbly track on the right. Go down this track and pass a stream after some bends to continue the descent. Get back to the canal and Bedous is straight ahead.

Équipements

- Water point
- Picnic area

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