

N° 13 Arres de Camplong Verse St-Martin Walking



Warning: you're going to love this one! The challenge is more the terrain and going through the Osque Pass than the elevation and distance. Walking on the lapiaz, sharp limestone blades, may require attention but what a sight! A must in good weather and in good shoes!



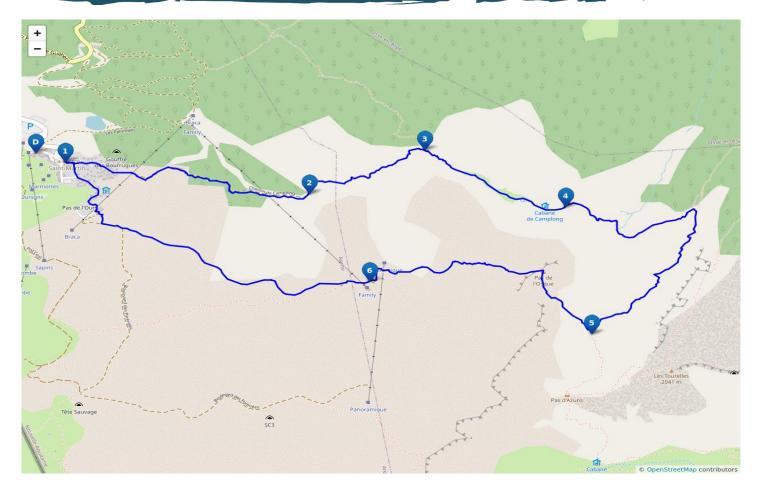
Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

À ne pas manquer

• Twisted trunk. To withstand the wind and bad weather, resinous trees twist their fibres for improved resistance.

• Cayolar ruins. Basic shelter once used by the shepherd over summer. It is built out of dry stone with a hearth and "smoke vent" (hole in the wall). At the back there's a straw bed with the gun on top to protect the herd.

• Crêtes Ossaloises. The Oloron Plain is visible on the horizon. Layens in the middle and the Ossau Valley's peaks on the right at the back. Issaux forest and Tourelles on the right.



🖸 Étapes

Step 1. Les Bourruges. The walk starts from La Pierre Saint-Martin's parking in front of the Tourism Office. Go left towards the chalets on the Route des Bourrugues. At the end of the road, go onto a rocky path in the undergrowth. It goes up and down and comes out on a ski slope. Go up along it and cross a sloping ledge to the left. Get back onto a path that goes into a thicket. Reach a ski slope.

Step 2. Arres de Camplong. Cross the slope and pass the bottom of a row of rocks. A track starts and crosses another ski slope. A grassy path makes its way into the woods and winds between lapiaz furrows. Focus on following the track and markers and watch your ankles on this tricky terrain. After a narrow route, the path comes out on a small plateau with views of the plain.

Step 3. Cabane de Camplong. Go back on yourself a few metres and the path heads due East between two blocks and follows a little gully. The woods open out into a fantastic plateau overlooked by the Rocher de l'Osque. Continue to the Cabane de Camplong and its shingle roof. Carry on beneath the cabin and go through the valley to the ruins.

Step 4. Tourelles. Continue the descent, the path forks left and dives into a cirque after a few bends. Cross over the valley and go back up to the start of the beech wood. Follow the borderland and head right along a stone wall. Go towards the cliffs to get back on a well marked-out track. Carry on under the Tourelles until a fork on a sloping ledge.

Step 5. Osque Pass. At the GR10 crossroads, go right. The path gets nearer to the Osque Pass in a matter of rocky slopes. Cross the pass and use the cable if necessary. Continue along the path through the Arres.

Step 6. Back to the pistes. Go under the ski lift cables and go back up the slope. Follow the right-hand path on the small hill that runs straight between the ski lift and wooden terrace. Carry on until you see the first chalets. Turn right on a path and return to the road. Go down until you reach Tourist Information.

Pour bien préparer sa rando et adopter les bons gestes en montagne, rendez vous sur reussirmarando.com

Office de Tourisme du Haut-Béarn