



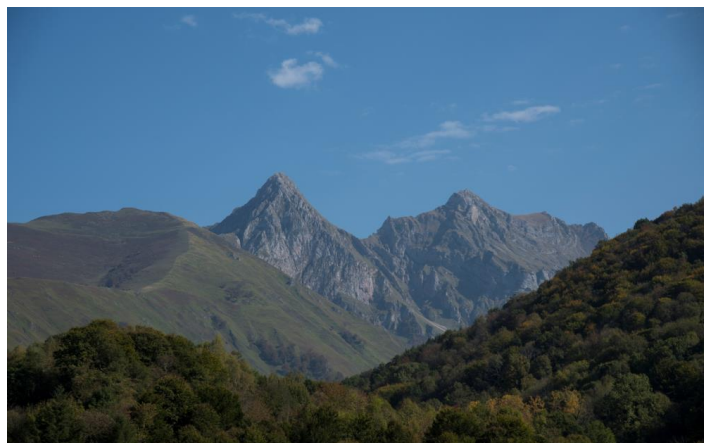
# N° 11 Aspe - Tour du Vallon

BEDOUS

WALKING



This great valley tour is on an easy route that showcases pastoral, cultural and built heritage in the Aspe area. Traditional villages, work in the fields and breeding join forces with sports such as paragliding. You always have views of the surrounding peaks.



Départ : BEDOUS  
Arrivée : BEDOUS

Distance :  
11.9 km

Dénivelé :  
190 m

Durée :  
3h10

Place de l'église

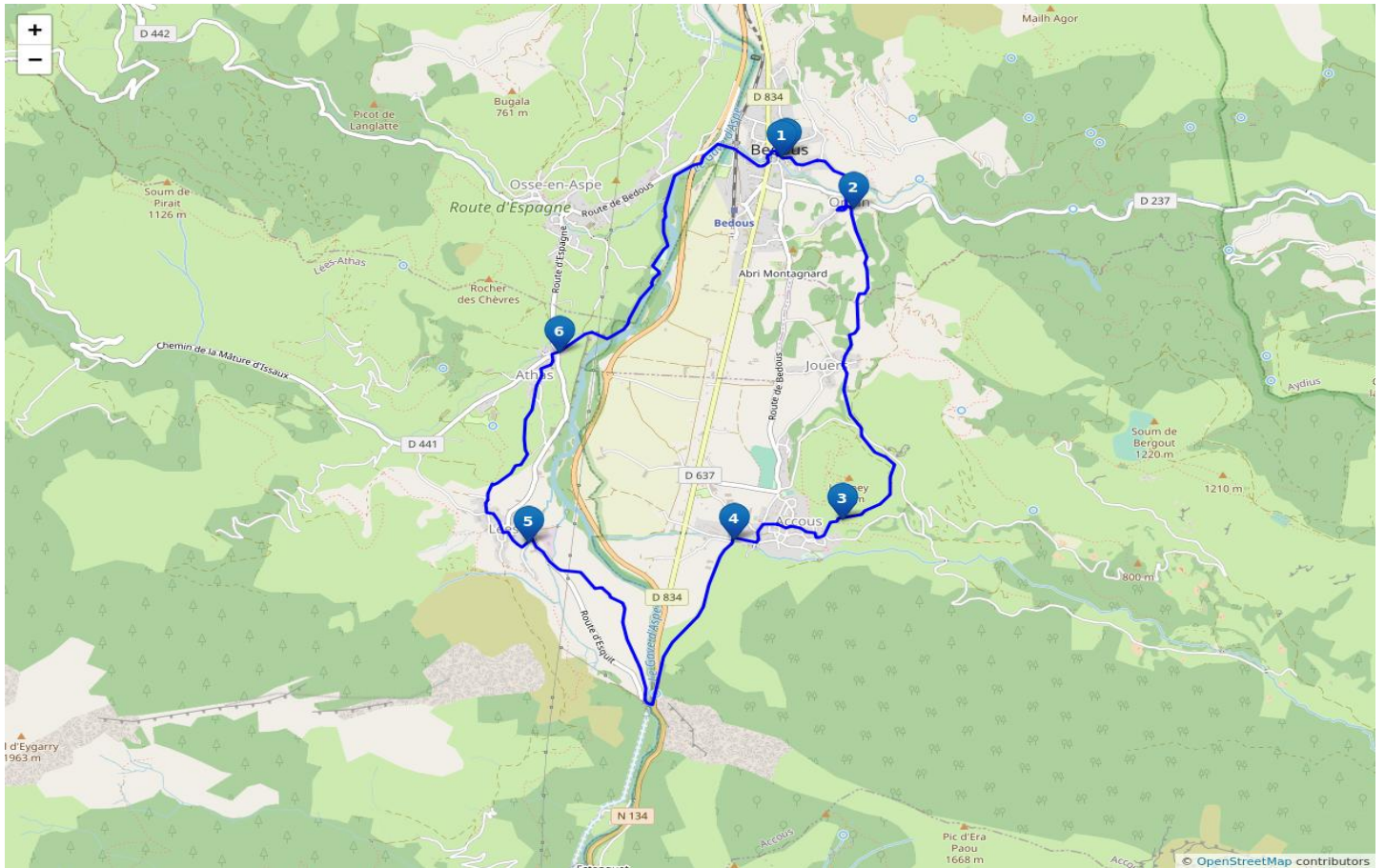
Appel  
d'urgence : 112

Balisage

Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien.  
Dans tous les cas, tenez-le en laisse. Merci !

## À ne pas manquer

- **Mill.** Orcun Mill is the last of the valley working mill producing flour and bread.
- **Church.** Note the porch of the church made of paving stones of limestone. You will find a community café in front of the church.



## ★ Étapes

- Step 1. Bedous/Orcun.** From the town hall square, go along the church and fronton. On Rue de l'Ardoisière, go straight on along the lane between the walls. Go right at the houses in front of Orcun Mill and cross the bridge. Walk to the right, cross the road and enter Orcun. Go back up the left-hand street and follow the piste that starts on the right.
- Step 2. Through fields.** Follow this lovely path and when it ends, cross the meadow and take a stony track through a thicket. When you reach the little square in Jouers, continue along the gravel path opposite. Walk to Arcas Fountain. Cross the road and follow the path lined with sculptures and information panels.
- Step 3. Under Poey.** At the junction, take the path that goes down to the right. It's a little steep and slippery (watch out mountain bikes) but leads to Accous. Go down the street into the village then turn right. Pass the church and continue along the main road to the washhouse. Walk along the right bank of the Berthe until the bridge.
- Step 4. Accous crossing.** Cross the bridge and carry on ahead. After the stables, take the path on the right (GR®653 and Santiago de Compostela). It's a real joy and leads to the main road. Cross carefully and follow the piste behind the electricity plant. Continue to Lées-Athas and go to the picnic area to the left of the entrance to the village.
- Step 5. Lées.** At the washhouse take the tight street direction of the church. After the church, take the left-hand street up to go into a new housing estate. At the corner of the first field on the right, follow the path and cut through the plot. Go onto the Anaques & Arsis trail on the right. Go into Athas and walk to the road.
- Step 6. Athas.** Go down towards Lembeye Mill and, after a footbridge, get back onto a path along the bank. Cross the sports pitch and pick up the path in the far corner of the pitch. Go along the bank and back up the road, pass the bridge on the right and you'll reach Bedous.

## ★ Équipements

- Ablutions
- Water point
- Information panels

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