

VTT 5 Le chemin Henri IV

MOYEN

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It is said that this path was the one that Henri IV used to take from Pau to go hunting in the woods of Lourdes. It is on the hillside, long predates the good king and dates back to the protohistoric period. It enabled travellers to avoid the marshlands of the Plaine de Nay and the Gave de Pau. The Road to Santiago, between Lourdes, Pau and Lescar, from the dolmen of the Peyre Duzets, to Caesar's Fort (le Fort de Cesar) by way of the ruins of Gleise Pause; the etymology and the vestiges of the past tell the story of a path that, way before having the name of a king, was a route between cities. Later on, villages and roads were built in the plain, which, with the change in climate and the work of men, dried out.

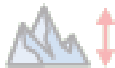


Départ :
SAINT-VINCENT

Arrivée :
OUSSE



Distance : **34.8 km**



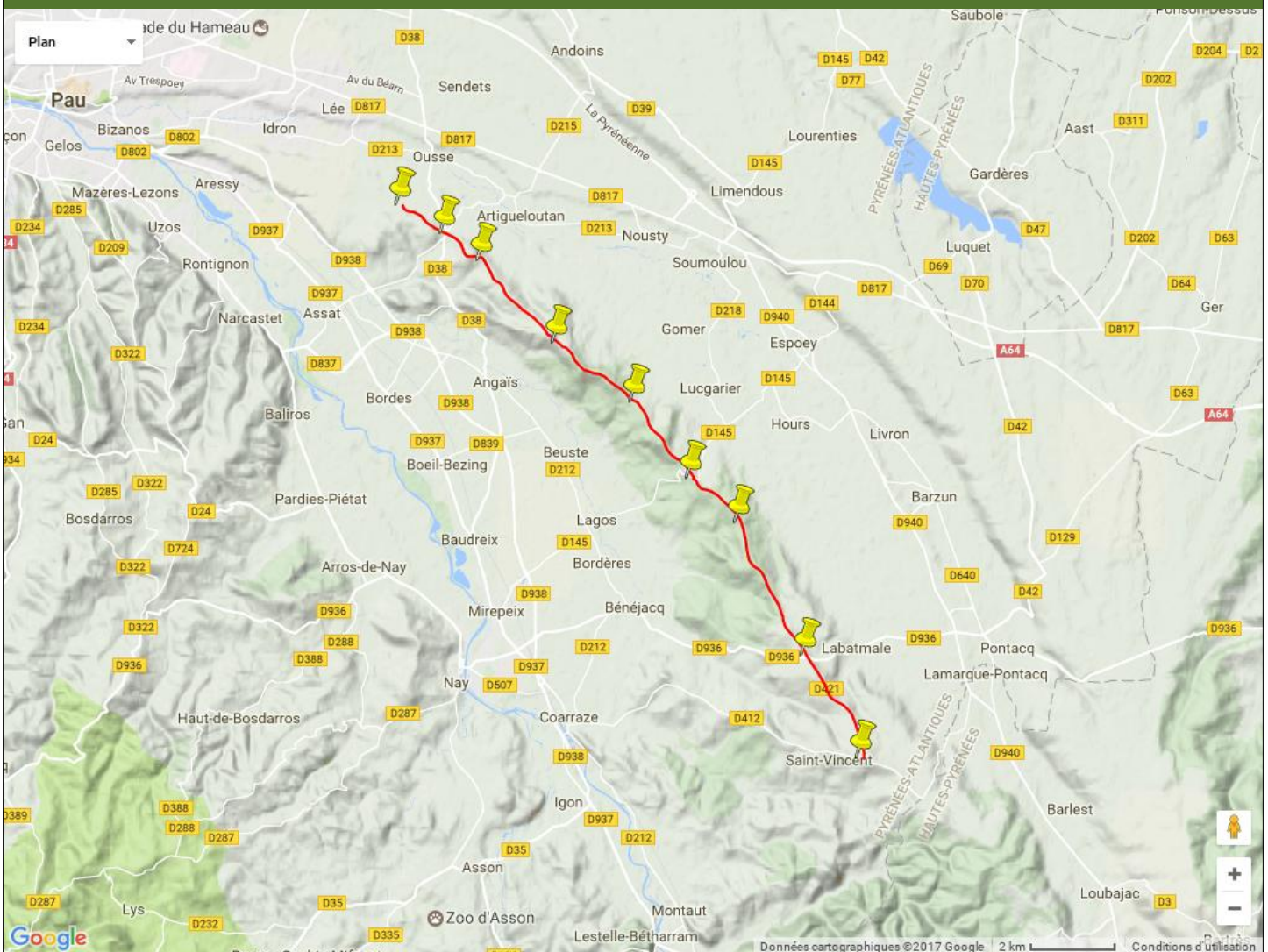
Dénivelé : **307 m**

Dénivelé négatif cumulé : **0 m**



Temps de parcours : **5h30**

Balisage : **White and red (GR®)**
(marquage : Chemin Henri IV)



Étapes

Step 1. Towards the forest path of Biederes. With your back to the Pyrenees set off behind the church. At the junction turn left and, at the Cross, go straight ahead. Cross the road D936 and continue straight ahead on the path Chemin Henri IV. We leave the asphalt to go on a dirt road. Cross the forest path of Biederes. Continue straight on going up.

Step 2. Towards Beuste. Cross the D145 and take the facing path that goes up. Turn left at the relay mast. Cross the road of Beuste and continue straight ahead. Ride on a small road for 200m (??656ft.). On a right-hand bend, turn left on the track that goes up. At the next crossroads continue the ascent.

Step 3. On the Henri IV path. Cross the track and go straight ahead. After 400m (? 1312ft.), turn right at the junction. To the left go on the track that goes up towards a mast. Do not go up to the mast, instead go on the path to the left.

Step 4. Arrival at Ousse. At the crossroads turn right then at the stop sign turn left. Go up immediately to the right to reach the road that goes up. Go down to a small bridge and take the track on the left. End of the circuit on the road or you can go back using the same path.



À ne pas manquer

- **Panoramic view.** The panoramic view of the Pyrenees and the lowland of Nay and of the Ousse.
- **The forest.**



Attention

- Be safe ! Be careful crossing roads.



Recommandations utiles

Appel d'urgence : **112**

Préservez-vous

Préservez la nature

Respectez la montagne

Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !



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