

# VTT 3 Bastides et châteaux

MOYEN

VTT 3 Bastides et châteaux



A sporting circuit that rolls along nicely, with a continuous combination of climbs on tracks or small roads and slightly more technical descents on paths. It also offers lovely views of the hills and the countryside beyond Coarraze, on the outskirts of Bigorre.



Départ :  
**IGON**  
Arrivée :  
**IGON**



Distance : **35.9 km**



Dénivelé : **966 m**  
Dénivelé négatif cumulé : **0 m**



Temps de parcours : **3h30**

Balisage : **Yellow**  
(marquage : FFC VTT3 Bastides et  
Châteaux)



onto a path. Then go down on a small road. Cross the railway. Turn left on the road D37. Ride 500m (? 1640ft.) and turn right, cross the bridge of the caves and turn right. Follow the small road, pass by the sanctuary of Bétharram. Cross the road and go to the end of the car park to the right towards Lestelle.

**Step 5. Back to Igon.** Go straight ahead on the road Chemin de Lirou, go up and down. Turn right on the road Chemin de Baburet, ride alongside the Ouzom. At the end turn left, cross the bridge and turn immediately to the right in a park at the bottom of Asson. Follow the small path that goes up on the road next to the house with a gable roof. Turn right on the road Rue Labat. We reach the road D2 that comes from the centre of the village. At the second crossroads turn right towards the Moulin de Labardère (the Mill of Labardère). At the mill go up to the left. Follow the former Baburet railtrack. Turn right and go down. Continue to the end, turn right then left to go back to the start in Igon.

### À ne pas manquer

- **The view from the hills.**
- **The descent to Bétharram.**

### Attention

- • Be careful when you cross the railway and watch out for traffic on the main road

### Recommandations utiles

Appel d'urgence : **112**

Préservez-vous

Préservez la nature

Respectez la montagne

Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !



[www.tourisme-bearn-paysdenay.com](http://www.tourisme-bearn-paysdenay.com)



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