

## **Le Plateau de l'Isarce** ASSON WALKING



www.tourisme-bearn-paysdenay.com

This circuit in the countryside around the village of Asson in the Pays de Nay takes you up the hillside in a steady climb so you can enjoy a beautiful clear view of the lowland and the first foothills of the Hautes-Pyrénées. It's worth making some effort. This beautiful and intensive route, after taking you about two-thirds of the way into the forest, will lead you to a beautiful beech wood and the cabin of l'Isarce.



Départ : ASSONArrivée : ASSON

Distance :9.62 km

Dénivelé : 960 m Durée : 5h00

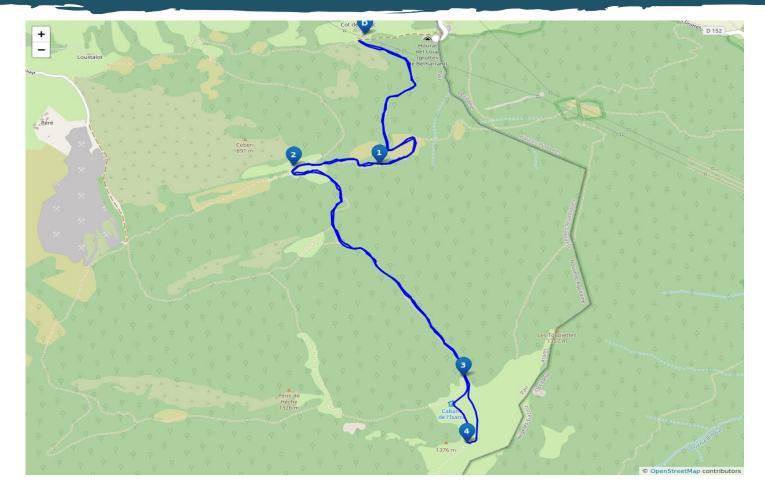
Appel d'urgence : 112

> Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !

## À ne pas manquer

• View of the Plaine de Nay and the Pyrenean foothills.

• The mountain during summer grazing. During summer, the flocks are in the summer pastures. Do not go too close to them as they often guarded by Patous, large Pyrenean sheepdogs



## 🖸 Étapes

Step 1. Reach the beech wood. From the starting point, go up the path that goes to the left. The path on the slope then goes to the bottom of the small valley. Pass through an abyss and go up by the path to the right. Turn left, follow a path that goes up into the ferns, pass by a col in a great curve to the right and go into the forest.

Step 2. Enjoy the view from the first col. From the edge of the wood, continue straight ahead. Going out of the wood continue on the flat towards a col with a grove of trees. Turn around to enjoy the clear view of the quarry of Asson. Step 3. Discover a lovely clearing. From the col with a view on the quarry of Asson, go up on the left. On the flat in the wood turn a bit to the left. Go up. Pass a knoll in the wood by turning to the left. Go down into a clearing and go up. Follow the clearing to the end of the wood.

Step 4. Enjoy the view from the ridge and go down towards the car park. Go out of the forest and go up to the ridge. From the ridge, go down passing by the cabin while enjoying the view. Go back on the path of the ascent to the right in the forest. Go on the flat, a kind of knoll in the forest and go a little to the right. Follow the path. Pass by the col again, the spring and then a crossing. Follow the path to the right, which goes up a little. Cross, then go down in the ferny area in a large curve to the left. At the bottom, go to the path to the right to go back to the car park.

## Attention

- Ridge with very narrow path; do not go if it is foggy.
- Watch out for the flocks

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