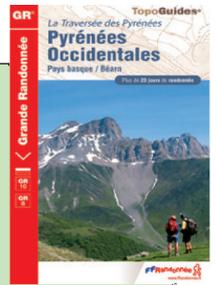


GR®10 - BÉARN



LEV
4

DIFFICULT

TOUR OF THE PIC DU MIDI D'OSSAU



Northern side of Pic du Midi d'Ossau from Lac de Biou-Artigues.

A major sporting classic in Vallée d'Ossau, Le Pic du Midi, familiarly called Jean-Pierre, is visited counterclockwise. Although it has clear trails and informative signs, the itinerary suffers from a total lack of markers in the National Park. Reserved for experienced hikers.

Getting to the departure point:

From Pau, take the N134 to the Gan exit, and then the D 934 toward Vallée d'Ossau; pass by Laruns and Eaux-Chaudes. Leave the D 934 and direction Col du Pourtalet, winding 500 m above Gabas: follow signs to Lac de Biou-Artigues. In the summer, there is a fitted car park on the Biou-Oumette plateau, 1 km under the lake. A foot trail (GR®10) runs all the way to the dam.

For your return: The trail loops around.

D From the Biou-Artigues car park, behind a fence, take the wide trail that follows the right bank of the lake. Pass by a series of clearings with a horseback riding centre and then a restraining area on your right: the trail enters the wood, goes past a bridge, and climbs up to a fence. After 100 m, go past the GR® 10 that runs up to Col d'Ayous on your right **1** (1549m - 707726 4747796). Follow the downhill trail that crosses the Gave de Biou at the bottom of an immense plateau. Continue along the right bank as it meanders; right after a drop, leave the trail following a zigzag **0h30** trail that winds up through clearings. The trail, originally a **0h45** **2** (1561m - 707176 4747065). Take the trail on your left that winds up through clearings. The trail, originally a **5h30** stream until you come to a grassy drop and then go right to reach a wide trail dug in the slope. Stay on this main trail which incrementally leads to Lac de Peyreget's moraines. Go past Col de Peyreget shortcut on **2h45** your left and wind your way up to Col de l'Iou **3** (2194m

- 708495 4745030). On your left, take the trail that runs along the southern side of Pic Peyreget until you reach Col du Soum de Pombie at the junction with the Anéou trail **4** (2111m - 710412 4744764). On your left, take the trail that leads to Refuge de Pombie; continue through the moraines (lingering snow banks may complicate your progress) and walk up to Col de Suzon **5** (2127m - 710541 4747048). Take the trail on your right that winds to the bottom of the upper Magnabaigt valley. Go past the drop with a lovely waterfall and on the left bank, you will come to the Col Long de Magnabaigt clearing: at the far end, after passing by cromlechs, go past a trail that enters the wood on your left **6** (1647m - 709201 4749601). On your right, take the original path: it immediately veers left under the trail and winds through the forests, intersected with another trail, to the starting car park adjoining dry **6h00** toilets. (1425m - 708437 4749392).

NIV
4

DIFFICULT

TOUR OF THE PIC DU MIDI D'OSSAU



D **Lac de Bious Artigues**
(708402 4749356).

6h00 **17,1 km** **965 m**

Mapping: Béarn / rando éditions

GPS (WGS84 - UTM-30T)
Download the GPS track at www.rando64.fr

Marking: between **1** and **D**
GR®, GRP® and corresponding marking signs (white/red and yellow/red) are trademarks of the French Federation of Hiking.

Don't miss:

- Lac de Bious-Artigues and Lac Peyreget
- Col du Soum de Pombie
- The Refuge de Pombie is nestled in the southern side of the Grand Pic, where climbing routes are the most attractive: hikers frequently observe rock-climbers here, and are surprised to hear noise from unlikely conversations and mosquitoes in this natural environment.

Please note: dogs not allowed



For additional information, contact:
Office de tourisme de Laruns
Tel.: 05 59 05 31 41
www.valleedossau.com

www.rando64.fr

on foot, mountain bike or horseback, discover Béarn and Basque country!

CHOOSING THE RIGHT HIKE FOR YOU

The elevation indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

Hikes are classified by difficulty and distinguished by colours on each route's practical sheet. We adhere to the recommendations of the French Federation of Hiking.

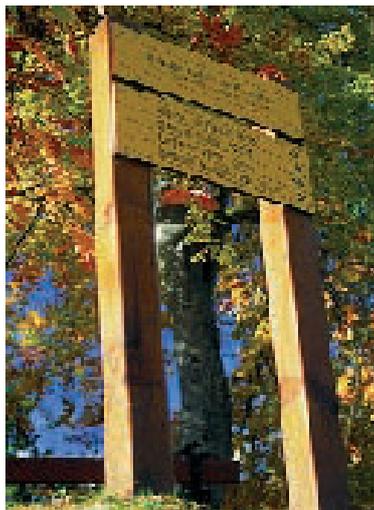
Very easy less than 2 hours of walking. Ideal for families, on well marked-off paths.

Easy less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

Medium less than 4 hours of walking. For hikers who are used to walking. With occasional challenging sections or slopes.

Difficult more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

Duration of the hike: The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.



Trail sign

Marking

Follow the markers to stay on the right path

Trail markers	Sentiers de Pays and PR®	GRP®	GR®	Mountain biking	Horseback riding
Right direction					
Turn left					
Turn right					
Wrong direction					

Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64: 05.59.14.18.80.

Or download an "Ecoville" observation sheet at: www.rando64.fr

Useful recommendations

Weather 08 92 68 02 64
European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

Preserve nature

Bring a bag for your trash
Respect the fauna and flora
Stay on the marked trails

Protect yourself

Do not leave without the necessary materials
Do not hike alone
Do not drink stream water
Check the weather forecasts in advance

Respect activities and humans

Remember to close fences
Fires are prohibited
Respect the private properties that line our itineraries

Please note!

The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!

Hiking labels

PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit www.ffrandonnee.fr)

Horseback riding



This logo guarantees an itinerary that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.

(For more info, visit www.cheval64.org)

Mountain biking:

- wide and easy trail, elevation less than 300 m.
- fairly easy trail, elevation less than 300 m.
- technical trail, elevation less than 800 m.
- very difficult trail, elevation from 300 to 800 m.

www.rando64.fr

on foot, mountain bike or horseback, discover Béarn and Basque country!