

Did you know ?

In the Middle Ages, carrots, potatoes and tomatoes were not yet known in Europe.



9 Leave "place de l'église monolithe" and go to the bottom of the "Tour du Roy" via "rue de la Grande Fontaine". From the tower, the "Jurats" governed Saint-Émilion's Jurisdiction since the 13th century. Nowadays, the "Jurade" is the wine brotherhood of Saint-Émilion. Each year, on the third weekend of september, the "Jurats" go to the top of the tower and announce the opening of harvest season. The day ends with a great banquet. The gastronomy vocabulary has changed a lot since the Middle Ages. Find the **medieval words** in the word search grid and find their definition.

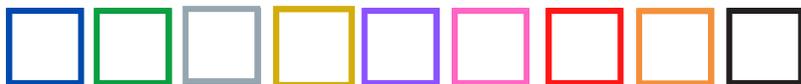
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Victuals
Applemus
Broth
To seethe
Poultry
Claret
Clapbread
Sewer

Barley bread
Fowl
Apple pudding
Food
Servant
Red wine
Stew
To boil

Take the stairs on the right of the "Tour du Roy". You will arrive close to the convent where lived the nuns who invented the famous biscuits of Saint-Émilion. Turn right in "rue des écoles" and go back to the **Tourist Office**.

10 Discover the name of my position at the restaurant. I work in the wine cellar. I select and serve the wines to the clients:



In the bell tower square, find out where this billboard is located. Did you find it? Well done! If you have found the answer, Robin has a surprise for you! Come and get it at the Tourist Office. And if you wish, we can send you the answers by e-mail. To do so, contact us at accueil@saint-emilion-tourisme.com !

In several tourist sites in the Gironde area, have fun with Robin! To discover these places, go to: www.gironde-tourisme.fr/sur-place/a-faire-en-famille/les-pistes-de-robin

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PISTE DE ROBIN

GASTRONOMY

LEVEL 1

5 to 8 years old

A gourmet adventure

Hello!

My name is Robin. I'm a cook assistant at the restaurant in front of the Tourist Office.

I'm a real gourmet and I want to improve my knowledge about the local specialities of the area and the history of gastronomy. I have heard you have great detective skills. If you help me discover the village and its secrets, you will find the secret password...



DESTINATION
SAINT-ÉMILION
OFFICE DE TOURISME
DU GRAND SAINT-ÉMILIONNAIS

To help Robin, answer a few riddles in order to collect **nine colored clues** that you will need to write at the end of the game to find the secret password. Use a **map of Saint-Émilion** to find your way around the city and a pen. Are you ready? Let's go!

1 From "place du clocher", look at the village below. In the Middle Ages, Saint-Émilion was a vibrant trading town, surrounded by city walls and vineyards. Since 1999, this exceptional heritage has been protected, as well as the French gastronomy (since 2010)! Find the symbol and the name of the organisation in charge of this protection on the bell tower.

One letter is missing. Which one is it?



Answer :



2 At the bottom of the village, in the valley, flows the "Dordogne" river. There lives a prehistoric animal that looks like an eel and is a regional food speciality. Solve this puzzle below to guess its name?



3 Now, go back to the **Tourist Office**. In the Middle Ages, the building belonged to a monastery (where monks lived). They ate in this room around a large oak table which has now disappeared. What is the name of this huge room in a monastery?



Answer : R E F R Y

4 The monastery was organised around a **cloister**, a courtyard surrounded by covered galleries. Go through the door at the right of the Tourist Office to enter. In the Middle Ages, the clergy levied a tax on crops. Find the round stone called a bushel that was used to measure these crops. Can you guess what kind of crops were measured with this stone?

Answer : C A L S



5 Stop in front of the map of Saint-Émilion's Jurisdiction. This historical territory is now the area where we produce two kinds of wine: "Saint-Émilion" and "Saint-Émilion Grand Cru". Solve this operation and complete the text with the matching figure : $4 + 1 = \underline{\quad}$

"Saint-Émilion vineyard covers around 7_00 hectares. It is composed of about 8_0 châteaux or wineries, 80 of which are classified. The annual production totals some 4_ millions of bottles."

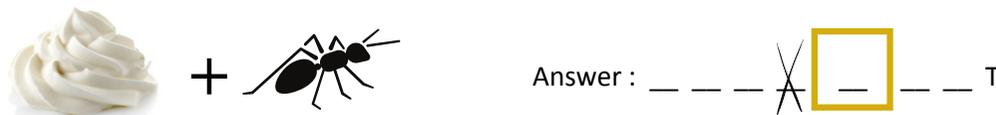
The number you found corresponds to a letter of the alphabet. Answer:



6 Now, leave the cloister and turn left in "rue des Girondins". You will pass two shops that produce and sell Saint-Émilion's speciality invented in the XVIIth century by Ursuline nuns. They are called (french name):



7 At the end of "rue des Girondins", cross carefully "rue Guadet" and reach the "cloître des Cordeliers". If the door is open, go inside and discover the beautiful monument. Under this building (about 20 metres deep), three kilometres of underground quarries host bottles of a sparkling wine called : (use the picture puzzle to guess the name of this wine)



Answer : T

8 From "place Cap du Pont", go back down, cross the main street and go straight to "rue de la Cadène". It leads to the main square, the market place in the Middle Ages. The "halles" or covered market (the building on your right) sheltered food. Try to recognize the vegetables used during the Middle Ages. Link the images with the names below:



Radish



Garlic



Leek



Turnip



Lentils