

# The coastal trail

**LEV  
3**
**MEDIUM**
**BIDART TO SAINT-JEAN-DE-LUZ**


Plage d'Uhabia

**T**he first section of the coastal trail offers a wide variety of atmospheres, including beaches, creeks, paths and small roads. You will be enchanted by your arrival at Point de Sainte-Barbe, which overlooks the Saint-Jean-de-Luz bay. A tip: this trail is best enjoyed at low tide

## Getting to the departure point:

From Bayonne and the A63, exit 4, take the N10 toward Bidart (2.5 km). When you enter Bidart, turn right on Rue Erretegia and, 50m later on your right (limited headspace), walk downhill to the car park on the beach of the same name. The trail begins lower down to your left, 150 m past a fence, and has a table that presents the itinerary.

## For your return:

Scheduled ATCRB buses run from St-Jean-de-Luz to Bidart. For times and rates, call 05 59 08 00 33

**D** From the start, follow the directional signs on the coastal trail. Walk up steps to your left. Take the street on your right (Corniche de la Falaise) until you reach Chapelle Ste-Madeleine

**0h15** **1** (613898 4810590). Walk downhill to the viewpoint indicator. Continue to the central beach lower down. Walk around the lifeguard stand to reach the far end. When you get to the Les Embruns hamlet, walk around a sports field, go along the N10 on the bridge and walk down to Plage d'Uhabia. At the far end, continue around the lifeguard stand. Walk up steps to the hillside and, turning right on Rue de Parlemtaria and Rue Atalaya, go to Chapelle St-Joseph

**0h55** **2** (612976 4809332). Pass in front of information tables and steps to get to the Guéthary seafront. Then go to the Guéthary port. At the far end of the bay, walk up a trail and steps. Go right on Chemin des Falaises. Follow a trail to reach the car park on Cénitz beach. Walk back up to the informative tables

**1h25** **3** (611784 4808599). Cross a footbridge and go left on Chemin de Cénitz and then Rue Aguerria. When you reach a car park, turn left toward Lafitenia beach. Walk back up via steps and then a trail half-way up. At another car park, go right on another trail that overlooks the coast. Suddenly turn left, entering

the path to the Kokotia farm. Go right; continue straight ahead when you come to a junction. Walk downhill toward Plage d'Erromardie: walk 270m after a bridge, cross the dyke on your right and take Allée de l'Abbé Idiartegaray. After passing through a fence, you will come to the junction of the Paul Jovet botanical garden house. Go right until you reach the Croix d'Arxiloa.

**2h25** **4** (609327 4806603). Go left on the trail that runs around the park; you will discover a landscape where the coastal flora have been restored. After a fence, walk up Rue de la Pile d'Assiettes on your left and go right on Rue de Bernoville. Cross through the fence on Promenade Chaliapine: Informative table

**2h45** **5** (608483 4806279). You will come to Pointe de Sainte-Barbe, which breaks away from the coast, and then reach the lighthouse and the viewpoint indicator. Walk on a few steps and then along Promenade des Rochers and the promenade on the St-Jean-de-Luz beach. Continue along under Casino la Pergola's cornice, then walk outside on the dyke until you reach the lighthouse indicating the Port's entrance. Immediately before this entrance, go downhill, on your right, and finish along the Port and then on Place Louis

**3h30** XIV (608261 4804644).

**LEV  
3**

**MEDIUM**

# BIDART TO SAINT-JEAN-DE-LUZ



**D** Bidart - Plage d'Erretega  
(614230 4811160)

**3h30** **13,3 km** **340 m**

**Mapping:** pays basque ouest/rando éditions

**GPS (WGS84-UTM-30T))**  
Download the GPS track at [www.rando64.fr](http://www.rando64.fr)

**Don't miss:**

- Chapelle Ste-Madeleine and the view of the coast
  - The central, Uhabia, Cénitz, Lafitena, Erromardie and St-Jean-de-Luz beaches
  - The site of Archilua and the Botanical garden
  - Pointe Ste-Barbe and its viewpoint of the St-Jean-de-Luz bay
- Marking:** indicating "sentier du littoral" (coastal trail)

Bicycles not allowed

**The Paul Jovet coastal botanical garden**

This Garden is primarily dedicated to the regional natural flora. Here you will discover plants that commonly grow in the local nature, as well as rare and endemic plants, which are grouped by the ecosystems they come from. The main natural environments on the Basque coast are present, with their specific dynamics and the various threats they are facing.  
For information: [www.amicale-paul-jovet.com](http://www.amicale-paul-jovet.com)



Paul Jovet garden



For additional information, contact:  
**Office de tourisme Terre et côte basques**  
**Pays de St-Jean-de-Luz – Hendaye**  
Tel.: 05 59 26 79 62  
[terreetcotebasques.com](http://terreetcotebasques.com)

**Office de tourisme de Bidart**  
Tel.: 05 59 54 93 85  
[www.bidarttourisme.com](http://www.bidarttourisme.com)

**[www.rando64.fr](http://www.rando64.fr)**

on foot, mountain bike or horseback, discover Béarn and Basque country!

# CHOOSING THE RIGHT HIKE FOR YOU

**The elevation** indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

**Hikes are classified by difficulty** and distinguished by colours on each route's practical sheet. We adhere to the recommendations of the French Federation of Hiking.

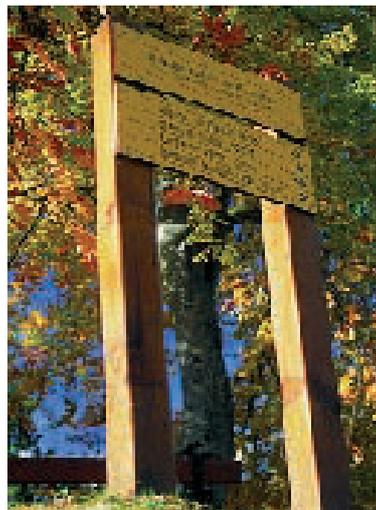
**Very easy** less than 2 hours of walking. Ideal for families, on well marked-off paths.

**Easy** less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

**Medium** less than 4 hours of walking. For hikers who are used to walking. With occasional challenging sections or slopes.

**Difficult** more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

**Duration of the hike:** The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.



Trail sign

## Marking

Follow the markers to stay on the right path

| Trail markers   | Sentiers de Pays and PR® | GRP® | GR® | Mountain biking | Horseback riding |
|-----------------|--------------------------|------|-----|-----------------|------------------|
| Right direction |                          |      |     |                 |                  |
| Turn left       |                          |      |     |                 |                  |
| Turn right      |                          |      |     |                 |                  |
| Wrong direction |                          |      |     |                 |                  |

## Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64: 05.59.14.18.80.

Or download an "Ecoville" observation sheet at: [www.rando64.fr](http://www.rando64.fr)

## Useful recommendations

Weather 08 92 68 02 64  
European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

### Preserve nature

Bring a bag for your trash  
Respect the fauna and flora  
Stay on the marked trails

### Protect yourself

Do not leave without the necessary materials  
Do not hike alone  
Do not drink stream water  
Check the weather forecasts in advance

### Respect activities and humans

Remember to close fences  
Fires are prohibited  
Respect the private properties that line our itineraries

### Please note!

The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!

## Hiking labels

### PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit [www.ffrandonnee.fr](http://www.ffrandonnee.fr))

### Horseback riding



This logo guarantees an itinerary that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.

(For more info, visit [www.cheval64.org](http://www.cheval64.org))

### Mountain biking:



wide and easy trail, elevation less than 300 m.



fairly easy trail, elevation less than 300 m.



technical trail, elevation less than 800 m.



very difficult trail, elevation from 300 to 800 m.

[www.rando64.fr](http://www.rando64.fr)

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