# From the Nive to the Basque coast

All routes can be found in Available from tourist offices



**VERY EASY** 

### XIPATEIA



SAINT-PÉE-**SUR-NIVELLE** 

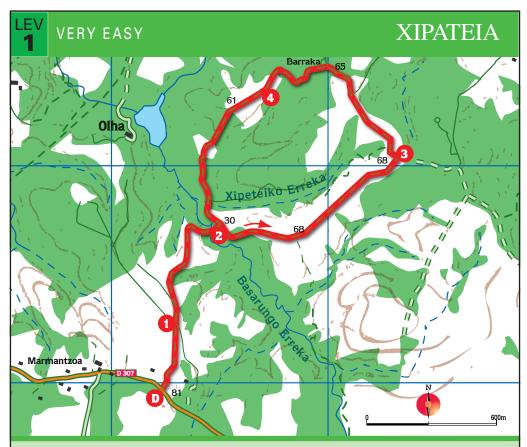
rom the plateau where the animals graze, you'll get a wonderful view of the Pyrenees rising above the treetops of the forest.

From the car park on the edge of the RD307, go through the wooden gate and go straight on along the main footpath towards two large isolated oak trees in the heath lands full of ferns. Continue along the pathway **1** 0613307-4804266 which goes deeper using the little bridge and continue until you get to the crossroads 2 0613511-4804729 then turn right. The path goes up gradually to the plateau 1h15 park. where cultivated agricultural land and heaths offer an unspoilt view over the Pyrenees. The pathway continues on upwards towards the **0h35** a crossroads **6 0614307-4805066**. Turn

resinous tree plantations and you'll reach the highest point of the hike at left and walk along the forest's edge. Keep an eye out, as around the corner, between the treetops of two impressive common oaks, you can admire the view of the ocean. On this plateau, the pathway goes off in several different directions. Stay on the left-hand pathway which will quickly go back down through some

oak trees then comes out on a heath before getting to a junction 40613734-4805421. Follow the left-hand trail which gets smaller to become a footpath and takes you deep into the undergrowth towards the refreshing stream, called the Xipateia. Carry on into the forest. Cross Basarun stream 1h00 until the crossroads 2 0613511-4804729 and turn right onto the pathway which you went down at the start, and will take you back to the car





D

(departure) Old **St-Pée-sur-Nivelle** 

road - RD307 - place (or farm) called Marmantzoa

**GPS**: 0613255-4803982



1h15

Signage

D to 4 🥟

**Must-see** 

• Beautiful views

4,65 km

+101 m

To be avoided when rainy : very muddy

### PASTORAL, AGRICULTURAL AND FORESTRY ACTIVITIES

The vast moors are the perfect place for the extensive breeding of pottoks.

The richest and flattest farmlands are reserved for maize crops and pasture lands. During the summertime, the meadows are used for grazing sheep and cows. Milk production is important in the Basque country for cheese-making.

The village of Saint-Pée-sur-Nivelle has a large wooded area which is open to the public. On the hills, where the soil is poor, common oaks thrive naturally. They stand alongside artificial plantations of resinous trees or American oaks - species introduced between the 1960s and 1990s. Modern reforestation programmes take care to use indigenous species.

TERRE & CÔTE BASQUES

Further information is available from:

Saint-Pée-sur-Nivelle tourist office

Le fronton – 64310 SAINT-PEE SUR NIVELLE – Tel. : (+33)5 59 54 11 69

tourisme.stpee64@orange.fr — www.saint-pee-sur-nivelle.com

## www.rando64.fr

on foot, by bike or by horse, discover Béarn and the French Basque country!

## CHOOSE THE RIGHT WALK

### Levels

Randonnée.

The change in altitude indicated in each guide represents the total increase. Times are calculated without stops.

Walking routes are classified by difficulty and are differentiated by colours in each route's practical guide. These classifications have been made following recommendations from FF

Very easy under 2 hours of walking Ideal for families, using clearly marked

Easy under 3 hours of walking Can be done as a family. Follows footpaths, with some more difficult parts.

Average under 4 hours of walking For those with some walking experience. Contains some fairly challenging aspects or changes in altitude.

**Difficult** more than 4 hours of walking For experienced walkers. Routes are long and/or challenging (steep ascents, difficult parts).

Walk times: The time taken to complete each route is given as a guide only, taking account of the length of the route, the change in altitude and any difficult aspects.



A local photo of footpath signposting

## Walking labels

#### PR® routes:

A number of hiking trails are designated as PR® routes by the FF Randonnée in accordance with quality criteria. They are selected using environmental, tourist, technical and attractiveness criteria. (Further information is available at www.ffrandonnee.fr)

## **GPS** co-ordinates for routes

GPS co-ordinates for each stage of the route are provided for all routes.

The reference format is as follows:

**WGS 84 - UTM 30T** 

### Signposting

Use the signposts to stay on the right track

Signposting	Regional and PR® footpaths	GR® footpaths
The right direction	_	
Turn left	=	
Turn right	<b>=</b>	-
The wrong direction	×	×

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## Your views on our footpaths - Ecoveille®

The routes we offer have been carefully selected. We would like to hear your opinions and observations about the state of the footpaths as this will enable us to ensure they are well maintained. We invite you to to send us your comments by contacting the Agglomération Sud Pays Basque on (+33)5 59 48 30 85.

You can download an Ecoveille® observation form at www.rando64.com/ecoveille

### Useful recommendations

Weather forecast (+33)8 92 68 02 64 or 32 50 or www.meteofrance.com European emergency number 112 Visitors who use the Nive-Nivelle footpaths in the Southern Basque country are required to behave in a respectful manner towards the natural environment and the inhabitants of the area. It is important that certain rules are followed.

### Taking care of nature

- Take a bag with you to carry your
- Ensure you respect the wildlife
- Stay on signposted footpaths

#### Taking care of yourself

- · Do not set off without the necessary equipment
- Avoid walking alone
- Do not drink water from streams
- · Make sure you are aware of weather conditions

#### Respecting local activities and inhabitants

- Make sure you close gates
- Avoid walking with a dog. If you do have a dog with you, ensure it is kept on a lead at all times.
- · Starting fires is strictly forbidden
- Ensure you respect private property located near footpaths

### Please note!

It is advisable to avoid certain routes during the wood pigeon hunting season (October and November) and the controlled burning season (December to March).