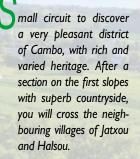


Mountain biking circuit - Luroa

CAMBO, HALSOU, JATXOU





Getting to the departure point :

Bas-Cambo district. Continue after the rail station, cross the level crossing and park your vehicle in the carpark situated 20 meters to the left.

continue towards the centre of Bas-Cambo. At the crossroads following the fronton wall entrance, turn left in the direction of Halsou. Conti- 9,3 km the Bas-Cambo district. nue straight ahead, taking care as this narrow road is two-way. Just before passing under the 0,97 km railway, turn right on the stony path 1 629061 -4803422 which climbs rapidly and constitutes the climbing section of the loop (100m ascent). When you come out of the wood, turn right then left and follow the track as far as the hamlet of Kurutxaldea. At the crossroads with the RD 2,57 km 250 🙆 628907 - 4804595, turn left towards latxou. Continue on the RD 250 for 1.2 km. After a group of houses turn right on the "Beleketako 3,78 km Pareta" path 3 627845 - 4805121. At the next crossroads, take the "Aldabidea" path on the left which crosses the village of Jatxou. Conti-

nue straight ahead, cross the RD 250 and go to From the town centre, go in the direction of the 5,25 km the village church (2) 626860 – 4804899 which you will go around to the right. Take a stony path that goes steeply downhill, taking care. Follow straight ahead on the tarmac road which crosses the "Portuberria" district and leads to the heart Starting from the carpark D 629641 - 4802955, 6,9 km of the village of Halsou. At the roundabout 6 647700 - 4803618, continue towards Cambo. The road follows the Nive and railway to return to

DW TO CHOOSE YOUR ROUTE Levels and signposting Difference in altitude : the Length : an indication of GPS coordinates K I total cumulative difference is the length of each circuit is of routes given for each circuit. provided. This takes into account the length of the circuit, climbs and pos-The reference format is WGS sible difficulties. *T* 84 – UTM 30T Circuits VTT / VTC Download the GPS tracking for circuits at: Different circuits are identified by numbers. They are matched to coloured numbers according to their difficulty. www.terreetcotebasques.com Technical path. Suitable for advanced Wide, smooth path. All levels, possible on a hybrid bike. bikers, technical skills required. ▶ Path is fairly smooth. Suitable for the Very technical path. Advanced technical occasional user of mountain-biking trails. and physical level required. Follow the signs so you stay on the right path. Hiking trail sign Sentiers de pays et PR® **GRP**[®] GR® VTT Equestre **Right direction** 5 Turn left <: :> Turn right 5 -Wrong direction GR®, GRP® et PR® sont des marques déposées par la Fédération Française de Randonnée Pédestre. Certains itinéraires ont été sélectionnés par la Fédération Française de randonnée pédestre en fonction de critères de qualité, ils sont labellisés PR® MOUNTAIN BIKING CODE Weather 08 92 68 02 64 or 32 50 or visit www.meteofrance.com European emergency number 112 ▶ For your own safety, use marked trails and respect the direction of routes. > Do not overestimate your ability. Mountain-bikers should control their speed in every situation. ▶ For your own safety, do not forget your helmet. Bring food, drink and suitable clothing. > Please proceed cautiously and be courteous when overtaking or meeting hikers. A mountain-biker knows that pedestrians have priority and respects the Highway Code. Caution! Respect private property and crop-growing areas. Close gates. During the seasons for pi-> Watch out for agricultural and forestry trucks, do not block their way. geon hunting (October to Do not disturb the peace and quiet of wild animals. November), group beats (year-round) and stubble-Do not pick wild flowers, fruit or mushrooms. During the hunting season watch out for beats and hides. Burning (December to March), some circuits should > Do not throw litter, keep quiet and respect the environment. be avoided. Find out more ▶ If you go alone, let someone know your planned route. from the Tourist Office. ▶ Let the Tourist Office know if you notice something is missing or unusual on the cycle path. > Do not hesitate to contact professionals if you would like to make your outings more enjoyable. Your opinion on our paths Eco-veille Suggested routes are chosen very carefully. Your comments and observations on the upkeep of our paths interest us, and allow us to keep them in good condition. We invite you to fill out an Ecoveille® form at the Tourist Office. This can also be downloaded at www.rando64.com/ecoveille, under the section Ecoveille. You can also give your comments to Agglomération Sud Pays Basque (+33 (0)5 59 48 30 85). Renseignements complémentaires auprès de : Office de Tourisme d'Espelette Château des Barons d'Ezpeleta – 64250 Espelette - Tél : 05.59.93.95.02 Mail : espelette.tourisme@wanadoo.fr - Web : www.espelette.fr

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