

ESPELETTE

oute without major difficulty, to discover the territory of the neighbouring municipality, Itxassou. The route rises rapidly and offers magnificent views. It then heads into the gorges of the Nive via the Pas de Roland. The steep relief means this tour is suitable for regular mountain bikers only.

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Getting to the departure point :

Start from the market square, close to the village centre and near a large carpark opposite the Doxpi restaurant.

From the market square **D** 625909 - 4799691, take the road towards the roundabout. Go round this and turn left towards Cambo. After 400 meters at the start of the hill, take the "Attalaiako Bidea" path 1 626182 – 4799825 on the right. The first difficult part of the route is approaching (140m difference in separating the municipalities of Espelette and Itxassou. As you approach the summit, do not continue in the direction of the electricity pylon but take a 1,8 km small road on the right 2 626847 - 4798971, which the entrance to "Kondixenekogaina" Farm, leave the road, following the track leading to the right. After 200 meters of almost flat ground, turn left. The slope is steeper and the downhill section is relatistony and a stream sometimes forms during storms. end of this downhill section, you will come out onto 2,6 km the RD 249 road at Haranea 🚯 626729 - 479835. Carefully cross the main road and take the road 13.9 km at the start. opposite. Then, at the next crossroads, turn left on the Col de Legarre road where you will start the second climb of the route (210 m ascent). This very

> steep climb made up of a series of zigzags leads on a tarmac road to the sides of the Pic d'Ezcondray and Mont Atharri. At the col @ 627588 - 4797533,

4,4 km

the view over Itxassou and the Basque coast is magnificent. Start the descent and then after 300 meters, just before "Bordagainea Farm", leave the 4,75 km road taking a small dirt track 6 627822- 4797300

on the left. This climbs slightly before going down in the direction of the Pas de Roland. This technical descent on a narrow path is not very complicated but concentration is required (a few rocky sections). Always watch out for hikers who may be on the path.At the end of a 1.5 km downhill section (260m descent), you will come to a tarmac road altitude) with a climb leading to the summit of a hill 6.55 km 6 629270 - 4796824. Follow this downhill to the Pas de Roland, then through the gorges of the Nive on the way to Itxassou on the RD 349. Here the road is sometimes narrow so watch out for cars. At the entry to the village take the road on the left to the goes directly to the ridge. At the next crossroads, at 8,55 km church and cemetery 🥑 629325 - 4798221. Ride past the cemetery. Continue towards the schools and straight on as far as the Pelota court. Turn left on the RD 249, towards the centre of the village of Itxassou. After passing the fronton wall, take the vely technical. The path which is fairly wide is quite 9.8 km airfield road on the right (3.628738 - 4799001) and begin the last climb (90m ascent). Enjoy the views Watch out for the barrier across the path. At the 12,1 km from the plateau. At the airfield building turn left and take the "Attalaiako Bidea" path 2 which leads

back to Espelette village by the route you followed

DW TO CHOOSE YOUR ROUTE Levels and signposting Difference in altitude : the Length : an indication of GPS coordinates K I total cumulative difference is the length of each circuit is of routes given for each circuit. provided. This takes into account the length of the circuit, climbs and pos-The reference format is WGS sible difficulties. *T* 84 – UTM 30T Circuits VTT / VTC Download the GPS tracking for circuits at: Different circuits are identified by numbers. They are matched to coloured numbers according to their difficulty. www.terreetcotebasques.com Technical path. Suitable for advanced Wide, smooth path. All levels, possible on a hybrid bike. bikers, technical skills required. ▶ Path is fairly smooth. Suitable for the Very technical path. Advanced technical occasional user of mountain-biking trails. and physical level required. Follow the signs so you stay on the right path. Hiking trail sign Sentiers de pays et PR® **GRP**[®] GR® VTT Equestre **Right direction** -Turn left <: :> Turn right Wrong direction GR®, GRP® et PR® sont des marques déposées par la Fédération Française de Randonnée Pédestre. Certains itinéraires ont été sélectionnés par la Fédération Française de randonnée pédestre en fonction de critères de qualité, ils sont labellisés PR® MOUNTAIN BIKING CODE Weather 08 92 68 02 64 or 32 50 or visit www.meteofrance.com European emergency number 112 ▶ For your own safety, use marked trails and respect the direction of routes. > Do not overestimate your ability. Mountain-bikers should control their speed in every situation. ▶ For your own safety, do not forget your helmet. Bring food, drink and suitable clothing. > Please proceed cautiously and be courteous when overtaking or meeting hikers. A mountain-biker knows that pedestrians have priority and respects the Highway Code. Caution! Respect private property and crop-growing areas. Close gates. During the seasons for pi-> Watch out for agricultural and forestry trucks, do not block their way. geon hunting (October to Do not disturb the peace and quiet of wild animals. November), group beats (year-round) and stubble-Do not pick wild flowers, fruit or mushrooms. During the hunting season watch out for beats and hides. Burning (December to March), some circuits should > Do not throw litter, keep quiet and respect the environment. be avoided. Find out more ▶ If you go alone, let someone know your planned route. from the Tourist Office. ▶ Let the Tourist Office know if you notice something is missing or unusual on the cycle path. > Do not hesitate to contact professionals if you would like to make your outings more enjoyable. Your opinion on our paths Eco-veille Suggested routes are chosen very carefully. Your comments and observations on the upkeep of our paths interest us, and allow us to keep them in good condition. We invite you to fill out an Ecoveille® form at the Tourist Office. This can also be downloaded at www.rando64.com/ecoveille, under the section Ecoveille. You can also give your comments to Agglomération Sud Pays Basque (+33 (0)5 59 48 30 85). Renseignements complémentaires auprès de : Office de Tourisme d'Espelette Château des Barons d'Ezpeleta – 64250 Espelette - Tél : 05.59.93.95.02 Mail : espelette.tourisme@wanadoo.fr - Web : www.espelette.fr

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