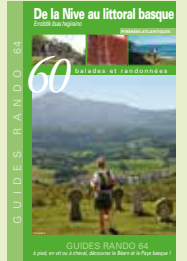


From the Nive to the Basque Coast

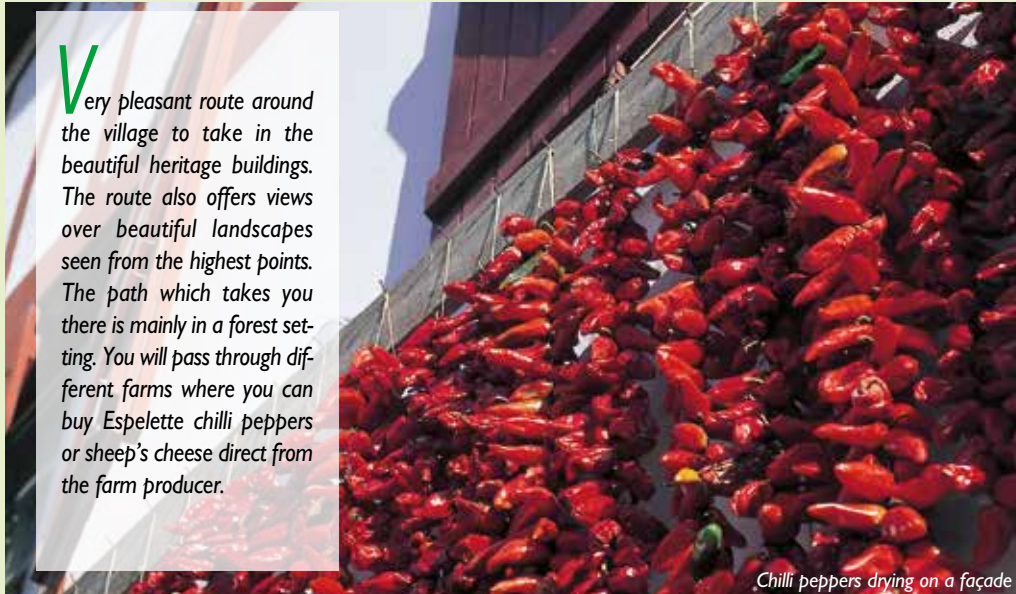
Discover all the available routes ►►
in Tourist Offices



LEV
1 VERY EASY

FAMILY CIRCUIT - *Itzulia Ttikia*

ESPELETTE



Very pleasant route around the village to take in the beautiful heritage buildings. The route also offers views over beautiful landscapes seen from the highest points. The path which takes you there is mainly in a forest setting. You will pass through different farms where you can buy Espelette chilli peppers or sheep's cheese direct from the farm producer.

Chilli peppers drying on a façade

Getting to the departure point :

Start from the market square close to the village centre and a large carpark opposite Doxpi restaurant.

From the market square **D** 625909 - 4799691, walk past the château and fronton wall. Take the stairs on your left. Cross the bridge (at the old washing place). Turn left at the end of the path. At the junction turn right. After 300m leave the tarmac road and take a country lane on your right **1** 626228 - 4800152 which goes through the Haitzaga district. At the end of the path turn left and after 200 m join the tarmac road again. Then turn left and after 160m take a country lane on your right **2** 626661 - 4800303 which leads to another road. Take this tarmac road for 300m and then turn right **3** 626145 - 4800254 and follow the signposting to the Latxa stream **4** 625551 - 4801197. Turn left after the bridge then turn right **5** 625566 - 4800879 just before another bridge. You will pass a farm. The route follows a path which climbs through the countryside. Cross the fences you come across using the ladders or bar-

0h25

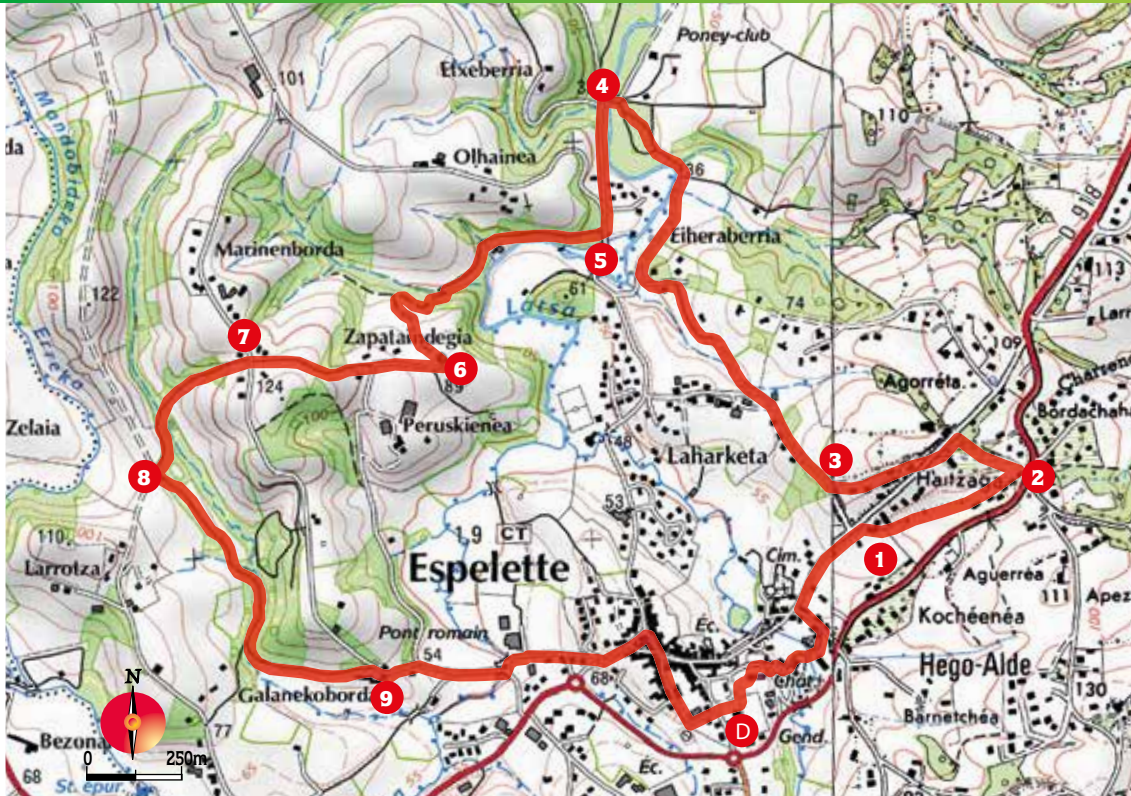
0h43

1h00

1h20

1h35

riers provided for hikers. At Zapataindegia Farm **6** 625170 - 4800542 take a small, sometimes muddy path as far as the tarmac road. Cross the road and take the old local road on the opposite side **7** 624683 - 4800542 which slopes downward and runs alongside a meadow. Once you have reached the bottom of the slope, cross the fences and the stream. Once you are higher up, you will find a wide path **8** 624454 - 4800254 which goes into the forest and continues at the bottom of the valley, where there is a cool stream. Cross this by foot and continue to follow it on the left bank as far as the Galanborda Farm **9** 625015 - 4799770. Return to the village by the Roman bridge.



©IGN

D Espelette,
Market square

Balisage

D to **9**

GPS : 625909 - 4799691

7 km

1h35

+158 m
-158 m

A éviter par temps pluvieux :
passages boueux

Not to be missed

- 17th church
- Feudal castle
- Pottok Horse Fair, last Wednesday in January
- Chilli pepper festival, last Sunday in October
- Chilli pepper and cheese producers

PIMENT D'ESPELETTE - EZPELETAKO BIPERRA

A native plant of South America, the seeds were selected and planted in 1650, which was the start of the GORRIA variety. Named Piment d'Espelette - Ezpeletako Biperra, the plant has been a classified AOC (Appellation d'Origine Contrôlée) since 1 June 2000 and PDO (Protected Designation of Origin) since 22 August 2002. Its production area is spread over 10 municipalities: Ainhoa, Cambo-les-Bains, Espelette, Halsou, Itxassou, Jatxou, Larressore, Saint-Pée-sur-Nivelle, Souraide and Ustaritz. It may be presented on a cord or in powdered form and is used to season dishes. It is also sold as puree,

in cans, olive oil, vinegar and in jelly. There are also many products made using Espelette chilli pepper, eg. salt, pasta, foie gras, chocolate and mustard.

A chilli pepper festival is held annually in Espelette on the last weekend of October.

Additional information available from:

Cambo les Bains Tourist Office

Avenue de la Mairie – 64250 Cambo les Bains - Tél : 05.59.29.70.25

Mail : info@cambolesbains.com - Web : www.cambolesbains.com



Full list of hiking guides in the Pyrénées-Atlantiques at www.rando64.fr

www.rando64.fr

Discover Béarn and the Basque Country by foot, mountain bike or on horseback!

HOW TO CHOOSE YOUR HIKE

Levels and signposting



Difference in altitude : the total cumulative ascent is given for each circuit.



Length : an indication of the length of each circuit is provided. This takes into account the length of the hike, altitude and possible difficulties.



Hiking routes

Hikes are classified by difficulty and differentiated by colours in the practical details for each circuit. For this, we follow the recommendations of the French Hiking Federation (FF Randonnée).

▶ Less than 2hrs walking
Ideal to do as a family on well-marked paths.

▶ Less than 4hrs walking.
For frequent hikers. With parts that are sometimes more difficult or steep.

▶ Less than 3hrs walking.
Can be done as a family. On paths, sometimes with less easy parts.

▶ More than 4hrs walking.
For experienced and more athletic hikers. The route is long or difficult (steep climbs, difficult parts), or both.

Follow the signposting so you stay on the right path

Path signs riding	Local paths and PR [®]	GRP [®]	GR [®]	VTT	Equestre
Right direction					
Turn left					
Turn right					
Wrong direction					

GR[®] (Grande Randonnée), GRP[®] (Grande Randonnée de Pays) and PR[®] (Promenade et Randonnée) are registered trademarks of the French Hiking Federation. Some routes have been selected by the Federation based on quality criteria, they are labelled PR[®].



Hiking trails sign

GPS coordinates of routes

The reference format is
WGS 84 – UTM 30T
Download the GPS tracking
for circuits at:
www.rando64.fr

USEFUL TIPS

▶ Weather 08 92 68 02 64 or 32 50
or visit www.meteofrance.com

Those walking the paths from the Nive to the Basque coast should behave in a way that respects nature and the livelihoods of men and women living in this area.

It is important that a few rules are followed..

Protect nature

▶ Carry a bag to take your rubbish with you. ▶ Show respect for flowers, plants and wildlife. ▶ Stay on marked paths.

Protect yourself

▶ Don't leave without the right equipment.
▶ Avoid going alone.
▶ Do not drink stream water.
▶ Check the weather forecast.

▶ European emergency number : 112

— Have respect for the livelihoods of others —

▶ Close gates.
▶ Avoid walking with your dog. Dogs must be kept on a lead.
▶ Fires are prohibited.
▶ Have respect for private property along the route.

Caution!

During the seasons for pigeon hunting (October to November), group beats (year-round) and stubble-burning (December to March), some circuits should be avoided. Find out more from the Tourist Office.

For more tips :



Your opinion on our paths

Eco-veille

Suggested routes are chosen very carefully. Your comments and observations on the upkeep of our paths interest us, and allow us to keep them in good condition. We invite you to address your comments to us at the Communauté de Communes Errobi on 05 59 93 65 94.

You can download an Ecoveille[®] form at www.rando64.com/ecoveille

You will also find an Ecoveille[®] comments form on the site

www.rando64.fr

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