



SARE

Around the village of Sare

Distance 9 km	Height 430 m	Duration 3h00	Typology Circuit	Signposting PR (yellow)
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From Saint-Jean-de-Luz (exit n°3 on the A63), follow D 918 towards Ascain and Saint-Pée-sur-Nivelle. At Saint-Pée-sur-Nivelle follow D3 to Sare. Pass Amotz area and turn right on D4 at Cherchebruit crossroads. Bypass Sare on the right for 800 m towards Ascain then turn left towards "Sare-bourg" and "commerces". Park on the large car park on rue Nagusia 100 m before the church

Start GPS : UTM : 615198 - 4796592 Lat/Long : 43.31333/-1.57944

This ramble on the surrounding hills of the beautiful village of Sare is rich with building heritage, history and landscapes. From the village to Saint-Ignace pass heights, you will enjoy the discovery of Basque traditional houses, cobbled paths, an old wash house, Napoleonic redoubts and many viewpoints.



SECTION 1 > From Sare to Ithitia crossroads

UTM : 615198 - 4796592. Walk towards the church from the car park and go right to a dead-end street just before the central square. At the bottom of the dead-end street, keep walking straight on a cobbled path that crosses a small bridge. Carefully cross D4 and keep going on this medieval path which crosses the cemetery. At the next intersection (oratory and cross), keep going straight on the one-way street. Then turn left and walk on the right-hand side. Pass in front of an old wash house and keep walking cautiously until the next crossroads.

SECTION 2 > From Ithitia to Suhalmendi Pass

UTM : 615206 - 4797630. At Ithitia crossroads (66 m), go straight on the dead-end road towards the Bed & Breakfast (chambre d'hôtes). Go ahead at the end of the asphalt road on a forest path that goes up in a damp small valley and then turns three times. At the road, keep climbing left on the road. At the end of the asphalt road, walk straight away on a large stony track to Suhalmendi pass (Basque pig breeding).

SECTION 3 > On the redoubt ridge

UTM : 614553 - 4798922. Leave the track at Suhalmendi pass and climb left on a straight path. On the way to the top, you can enjoy a viewpoint on the ocean. Reach Suhalmendi top and watch the redoubt remains. From the hut with the antenna, go left around the top and go down right on a balcony path. At the T junction, take the second and highest path



on the left, it goes down to a wooded pass : go up straight under the trees on the marked path for 100 m and shift left in an open area. Pass by Ermite Baita top redoubt and go down with La Rhune mountain at eye sight and turn right at a fence corner. Go down left on a grassy ridge in front of a plantation for 100 m.

SECTION 4 > In the woods of Saint-Ignace

UTM : 613632 - 4798150. On the redoubts ridge at the junction of three paths, turn left to go down with the Rhune at eye sight, and turn left under the edge of the chestnut trees. When you reach a gate on the right, follow a tiny path in front of you. Cross a path after a zigzag and reach a road below. Stay on it for 50 m and turn left on a steep track that goes up and down. When you reach D4 , stay on it for 50 m and turn right and then left along the fence (private lane).

SECTION 5 > Jaureguiberri path

UTM : 613586 - 4797399. On a hamlet small square in front of the plane trees, go up to the right on a steep and grassy track along a private property. Go higher and pass a gate, keep walking on the path under a hedgerow. Turn left at the top of the fences on a horizontal path. You can enjoy a nice viewpoint on Sare while going on steadily. Reach another path from a restored sheepfold.

SECTION 6 > Back to Sare

UTM : 614038 - 4796633. When you reach a small pass, go down on the second path on the right in front of a private property. Lower at Aldunberria intersection, follow the road after a cattle grid to go down to Basaburua area and to D406. Cross the road carefully towards the waste sorting point. Walk along the camping car park towards the left on 50 m and reach a pedestrian path up on the right towards the center of the village. Walk along the swimming pool and the "fronton" (pilota court), turn left and right to Sare central square.

POINTS OF INTEREST

❖ Helbarrun wash house (1 km)

This beautiful wash house is situated at the exit of Helbarrun area, its water comes from Helbarrun stream. Its traditional features remain : stone pillars, wooden framework and the top covered by Rhune pink stone thick slabs.
UTM : 615267 - 4797478

❖ View of the Sare valley (2,6 km)

Enjoy the beautiful viewpoint on the Sare valley, the village of Ainhoa and peak of Axuria when you are at the foot of Suhalmendi mountain. Notice the unity of the landscape with the neighbouring village of Zugarramurdi despite its division in two administrative parts by the Franco-Spanish border.
UTM : 615004-4798543

❖ The Napoleonic redoubts (3,6 km)

On the heights of Ascain, Sare or Saint-Pée-sur-Nivelle, the hills are studded with the remains of military campaign fortifications. The geometric profile of a ring ditch can be seen here. These are the remains of a redoubt from the early 19th century, a former defense post on the Franco-Spanish border against the British army.
UTM : 614582 - 4798555

POINTS OF ATTENTION

- D4 road crossing in Sare.
UTM : 615106 - 4796768

- Walking along Mendiondoa road in Sare.
UTM : 615297 - 4797317

- Steep slope leading to a minor road near Saint-Ignace pass.
UTM : 613650 - 4797724

- 60 m passage on a narrow road from Saint-Ignace pass .
UTM : 613558 - 4797563

FACILITIES AND SERVICES

- All shops and services: Sare
UTM : 615135 - 4796518

- Toilets and drinkable water standpipe: Sare, Swimming pool car park.
UTM : 614931 - 4796450

Hiking and biking trails

Useful things to know

LEVELS OF DIFFICULTY

The degree of difficulty is detailed in the guide leaflet for each trail and is categorised according to the classification used by the French Hiking Federation (Fédération Française de Randonnée Pédestre).

Very Easy. Less than 2 hours along well-marked paths. Ideal for families with young children.

Easy. Less than 3 hours, can be walked with children; slight difficulties may be encountered on some sections of the path.

Medium. Less than 4 hours. Suitable for walkers used to hiking; some sections of the trail may require a higher degree of effort, with some elevation gain.

Medium. Over 4 hours. For experienced and seasoned hikers. The trail is long and/

or difficult (elevation gain, challenging sections).

MOUNTAIN BIKE TRAILS

Veru easy. Wide, smooth rolling trail, less than 300 m elevation gain.

Easy. Fairly smooth trail, less than 300 m elevation gain.

Medium. Technically challenging trail, less than 800 m elevation gain.

Difficult. Very difficult terrain, 300-800 m elevation gain.

HEIGHT

The cumulative uphill climb.

DURATION

The amount of time required is given as an indication only. It takes into account the length of the trail, elevation gains and any potential difficulties. The duration is calculated without taking any rest breaks into account.

PR® CERTIFIED HIKING TRAILS®

These trails have been given the French Hiking Federation (Fédération Française de Randonnée Pédestre) seal of approval based on various quality criteria that take into account environmental, touristic, technical and other accreditation aspects. (Further information available at www.ffrandonnee.fr)

GPS COORDINATES

The coordinates of the departure point are given in latitude/longitude so that you can log the GPS position into your device. All other data (stages along the trail) are provided in UTM coordinates. The reference format is as follows: WGS 84 - UTM 30T TRAIL MARKERS

MARKING

The trails presented here are PR® certified and are marked in yellow. Some stretches of the path may also be part of a long-distance GR footpath, in which case red and white markers will show the direction to take. This will be fully explained in the guide leaflet.

	LOCAL FOOTPATHS AND PR®	REGIONAL FOOTPATHS GRP PAYS	LONG DISTANCE FOOTPATHS GR®	MOUNTAIN BIKE TRAILS
RIGHT direction				
Turn LEFT				
Turn RIGHT				
WRONG direction				

The Dos and Don'ts when hiking and biking

Enjoying Basque Country footpaths and trails means behaving in an appropriate and respectful way, not only towards nature but also towards the men and women who work in this countryside. It is very important to ensure some rules are followed.

Be prepared before you set off:

- Don't leave without all the necessary equipment (map, water, suitable clothing and footwear, etc.)
 - Avoid going alone. Remember to inform a relative or friend, or even the town hall of your itinerary. The lack of telephone network in some areas may prevent you from contacting someone or being contacted.
 - Don't drink water from the streams and rivers, and don't swim in them.
 - Check on the forecast just before setting off; the weather can change very quickly.
- Find out about any scheduled events taking place along your itinerary: stubble burning, hunting, forestry activities, etc.

Preserve and protect nature

- Put a recyclable bag in your backpack so that you can take your rubbish home.
 - Don't approach animals; observe them in silence from a distance.
 - Don't pick wild flowers, berries or mushrooms without permission to do so.
- Pay careful attention to signposting and stay on the marked paths.

Show respect and consideration for agricultural and pastoral activities

- Slow down when driving near herds or flocks. Only park in especially provided places so you don't impede traffic.
 - Avoid hiking with your dog. If you do take your dog, it must be kept on a lead at all times.
 - If you open a gate, make sure you close it behind you.
 - Show respect and consideration for private properties situated along your itinerary.
 - Keep your distance from free-roaming animals. Don't feed them.
 - Don't light any fires or barbecues.
- Only camp in authorised areas.

Managing your waste when hiking and biking

Keep your rubbish in your backpack when out enjoying the Basque countryside. Then, you can sort through your waste for recycling when you get home!

USEFUL TELEPHONE NUMBERS

- Météo France (weather forecast): 08 99 71 02 64 or 32 50 or www.meteofrance.fr

- Assistance / Emergency services : Europe-wide emergency number 112, Fire Brigade: 18, Police / Gendarmerie: 17, Emergency SMS number for the deaf and hard of hearing : 114



YOUR FEEDBACK

The greatest care and attention has been given to the itineraries that we have recommended to you. So we would be delighted to have your impressions and observations with regard to the condition of the trails and footpaths. Your feedback will also enable us to ensure they are maintained in good condition. Please inform us of any problem you encountered or if you have any useful comments to make, go to sentinelles.sportsdenature.fr

USEFUL ADDRESSES

Basque Country Tourist Information Office

- ESPELETTE, rue principale +33(0)5 59 93 95 02
- SAINT-PÉE-SUR-NIVELLE, rue du fronton +33(0)5 59 54 11 69
- AINHOA, rue principale +33(0)5 59 29 93 99
- SARE, mairie +33(0)5 59 54 20 14
- ASCAIN, rue Oletako bidea +33(0)5 59 54 00 84
- URRUGNE, place René Soubelet +33(0)5 59 54 60 80
- CAMBO, Herriko Etxeko etorbide +33(0)5 59 29 70 25

CONTACT THE PROFESSIONALS

Numerous professional guides and qualified activity coordinators are available to accompany you off the beaten track. To find out more, just contact the front desk at the Basque Country Tourist Information Offices.