

Balade patrimoine d'Asson : une communauté pastorale millénaire

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This walk in Asson in the Pays de Nay, between Bearn and Bigorre, leads you round an ancient agro-pastoral community. It occupied a strategic position at the crossroads of transhumance between mountain and lowland, at the frontier between Bearn and Bigorre and also on the Piedmont route towards Santiago. This walk starts in the present-day village of Asson at the “Castet Nau”, the new castle. It goes back through history, telling us about the life of yesteryear. It leads us to the top of the “Castet Bielh”, the old castle where you overlook the lowland and can enjoy a panoramic view of the Pyrenees.



Départ :
ASSON
Arrivée :
ASSON



Distance : **4.2 km**



Dénivelé : **150 m**

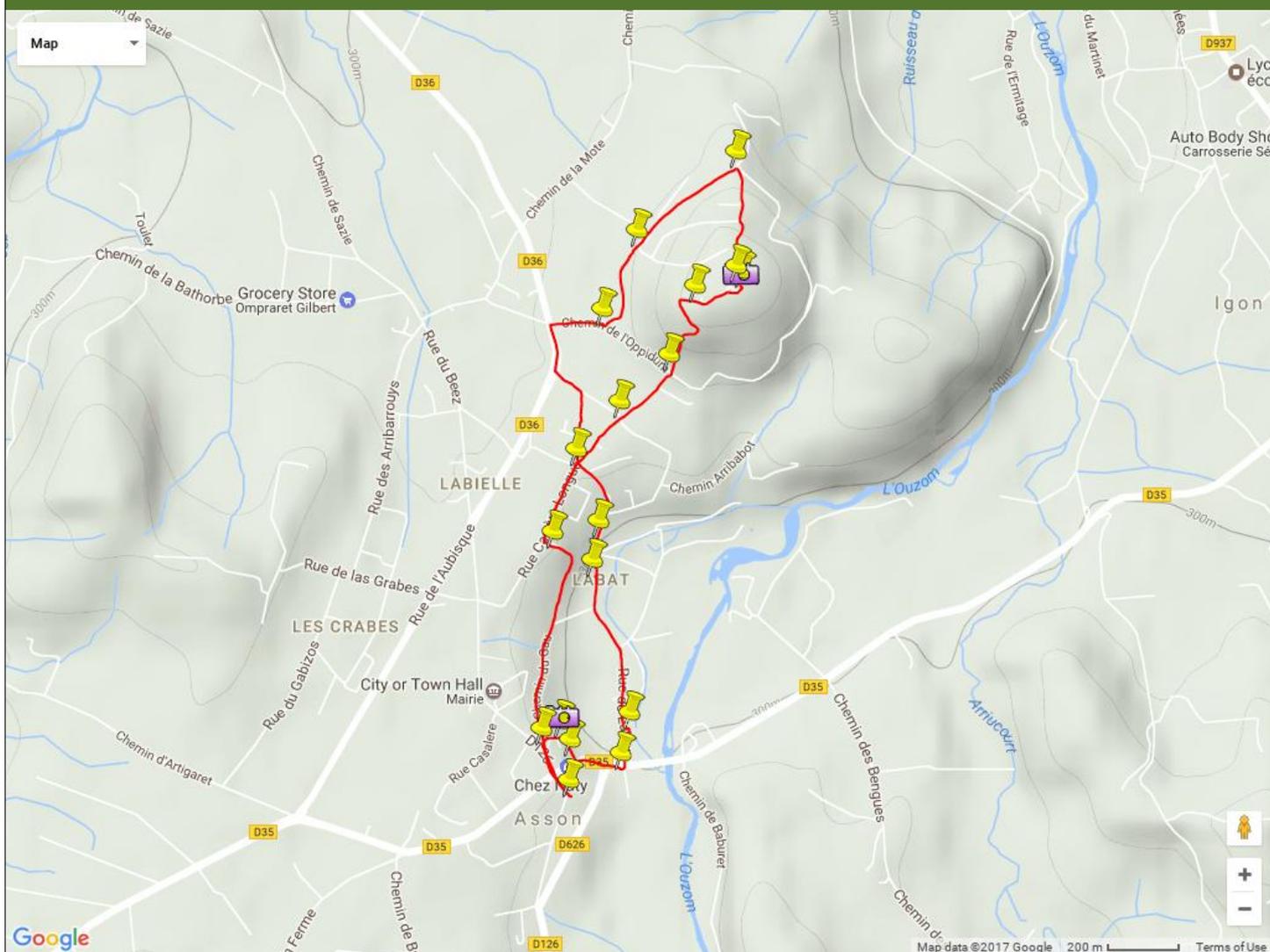
Dénivelé négatif cumulé : **0 m**



Temps de parcours : **3h**

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Étapes

Step 1. Enjoy the panorama from the Castet de Nau's balustrade. From the front of the school, go towards the church. Cross the road D35 and continue ahead on the road Rue des Pyrénées to the church. Go along it to enjoy the view from the Castet de Nau.

Step 2. Reach the castle d'Abères. From the Castet de Nau, go along the railing to the right and go down a staircase leading to the Memorial. Leave the public garden by a staircase. Cross the road D35 and go down to the left to reach the castle d'Abères.

Step 3. Discover the factories of the Labat neighbourhood. From the castle d'Abères, cross the road D35 and go on the street Rue de Labat towards the neighbourhood with the same name. You can see a house with a stepped, gable roof, also a mill. Continue on the road Rue de Labat to reach the factories of the Labat neighbourhood.

Step 4. Look at an old lime kiln. From the Labat neighbourhood, continue on the road Rue de Labat to the fountain of Benguérine. Go up towards the old schools. At the top, take the second road on the right, Chemin de Labielle. Turn left on the road Rue d'Arbeü, then turn right on the road D35. After 100m (? 328ft.), turn right on the road Chemin de l'Oppidum. You will see the old lime kiln.

Step 5. Reach the Ermitage. From the old lime kiln, go up to the left on the track towards the ferny area. Continue on the track. You'll reach the quarries. Go up on the slightly steep path to the right. Turn left and go up to the cross and the Castet Bielh. Go down to the right towards a cross by the path that crosses a ditch to see the observation post (1939-1944). Go down crossing a wall in ruins to reach the Ermitage hill.

Step 6. Go to the Marcadet portal in stone. Turn left, go down. 2h25 16) 43.15058° -0.25082° The Santiago Way. Turn right on the road. 2h35 17) 43.14936° -0.25255° the magistrates' office. Go straight ahead on the road Rue Carrere Longue. Back to the point 9 continue on Carrere Longue. Turn left at a beautiful portal made of stone. 2h45 18) 43.14606° -0.25485° the Marcadet portal. Go down. Back on the road turn right to go back to the start.

À ne pas manquer

- **Le Castet de Nau.**

Attention

- Careful when crossing roads

Recommandations utiles

Appel d'urgence : **112**

Préservez-vous

Préservez la nature

Respectez la montagne

Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !



www.tourisme-bearn-paysdenay.com



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