

Bois de Coarraze

FACILE

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The lake of Sargaillouse is a small artificial lake of half a hectare, at the heart of Coarraze Wood. Fed by the Sargaillie stream it discharges its overflow into the Lagoïn. Nestled in a luxuriant, verdant setting, it represents a complex ecosystem where forest and wetlands cohabit. Here you can find a great number of bird species, such as heron, egret and kingfisher; and a great number of amphibians, including salamanders, newts, frogs and toads. The local fish are rainbow trout, bream, carp and roach. This small lake, stocked with young fish every year, is the perfect place to go fishing with your family and for picnics.



Départ :
COARRAZE
Arrivée :
COARRAZE



Distance : **8 km**

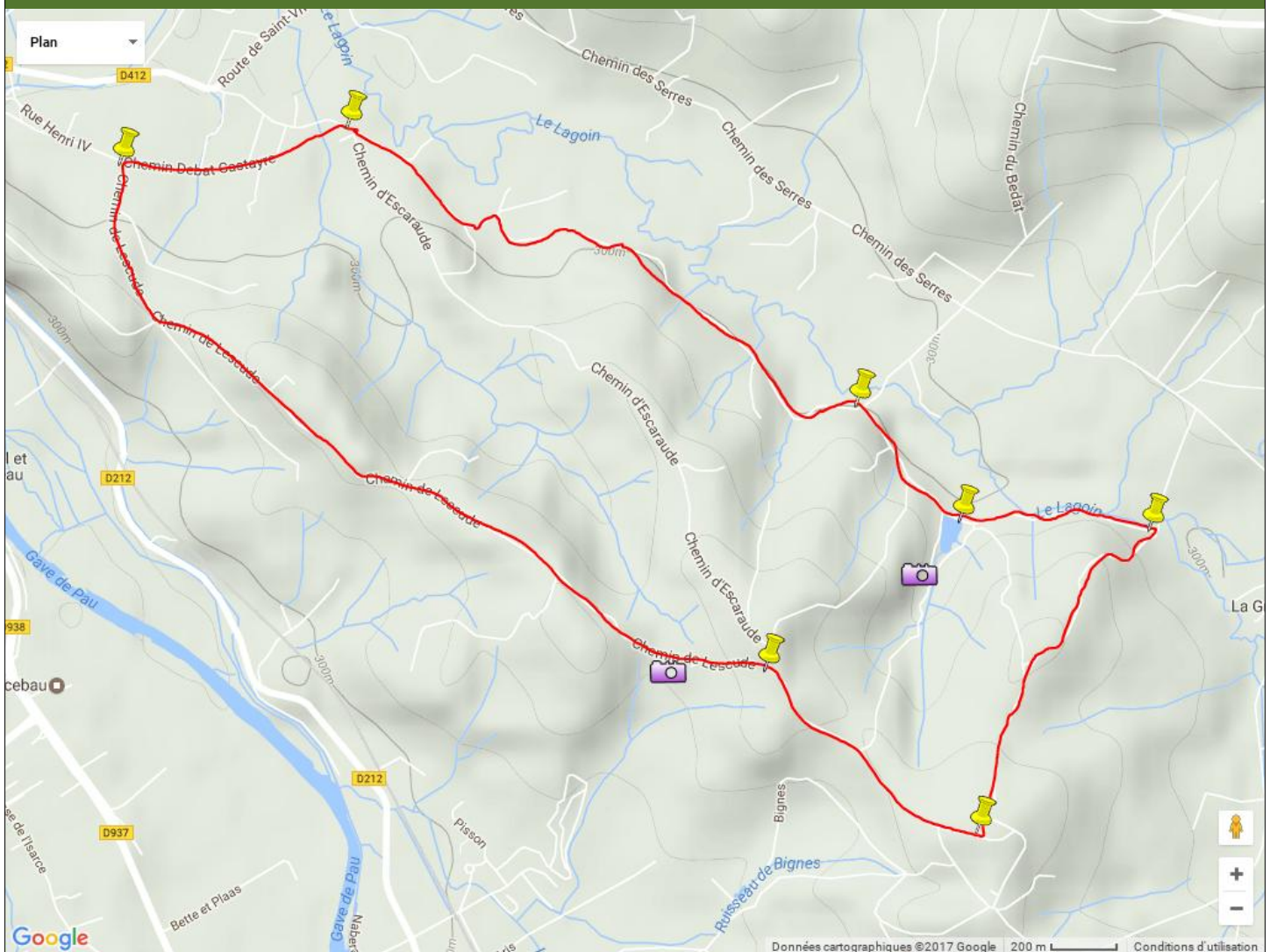


Dénivelé : **203 m**
Dénivelé négatif cumulé : **0 m**



Temps de parcours : **2h30**

Balisage : **Yellow**
(marquage : Balisage à la peinture
jaune)



Étapes

Step 1. Hourcade farm. This route begins at Coarraze sportsground. Go to the left looking towards the park and the sportsground. Turn left of the bus stop and take the path Chemin Debat Castayre, then walk for 500m (? 1640ft.). Turn left on the path Chemin de l'Escude and continue for about 3km (? 1.86mi.). Pass by the Hourcade farm that has an amazing tower. Turn right on the path Chemin de Sargaillouse.

Step 2. The Sargaillouse track. Before the water tower go down to the left on a dirt road. Continue straight ahead leaving several paths to the left and to the right and, in the descent, take the right-hand path. After crossing a pass in the forest, go up in front staying on the ridge. Then go down for about 600m (approx. 1968.5ft.) by a steep path. Once down the path, turn left on the Sargaillouse track.

Step 3. End of the walk and return to the sportsground.. At Sargaillouse lake, continue straight ahead on the track. After 400m (1312.34ft.) take the track to the left to go back to the start.



Équipements

- Picnic area

À ne pas manquer

- **Sargaillouse lake..** This is a small artificial lake of half a hectare, at the heart of Coarraze Wood, where you can find various bird species, amphibians and fish. This small lake, stocked with young fish every year, is the perfect place to go fishing with your family and for picnics.
- **The castle in the village..** This castle built on the lands of the baron of Bearn, is a listed private historical monument. It is here that Henri IV, king of Bearn, spent his childhood till he was eight. The current building dates from 1755 and was constructed in an Italian style after two fires had destroyed the castle in 1508 and 1684. During a guided tour, you can see the park, the formal garden, the castle and the tower from the 14th century.
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Attention

- Take care around the hunting cabins in autumn

Recommandations utiles

Appel d'urgence : **112**

Préservez-vous

Préservez la nature

Respectez la montagne

Les montagnes basques et béarnaises sont des espaces pastoraux. Evitez de partir avec votre chien. Dans tous les cas, tenez-le en laisse. Merci !



www.tourisme-bearn-paysdenay.com



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