

# Bois de Bénéjacq

MOYEN

Walking

BENEJACQ

This pleasant walk in the wood is perfect for hot days when you are looking for shade and the cooling power of streams. A passage on the Henri IV path will give you a unique view of the Pyrenees before going back under the canopy. You will discover centenarian trees in these woods. We can say “old trees” only after several centuries. A hundred years old oak tree is only in the prime of life. The managers of the forest following the footsteps of their ancestors and know that they will only see a partial result of their own work. The trees planted today will benefit the next generations. The Cassou de la Crouts dets Hers and the big beech tree seen during the walk are in some way the wise old ones of the forest. Many others before us stopped beneath their branches. If they could talk, how many amazing stories could they tell?



Départ : **BENEJACQ**  
Arrivée : **BENEJACQ**



Distance : **12.5 km**



Dénivelé : **367 m**



**4h**

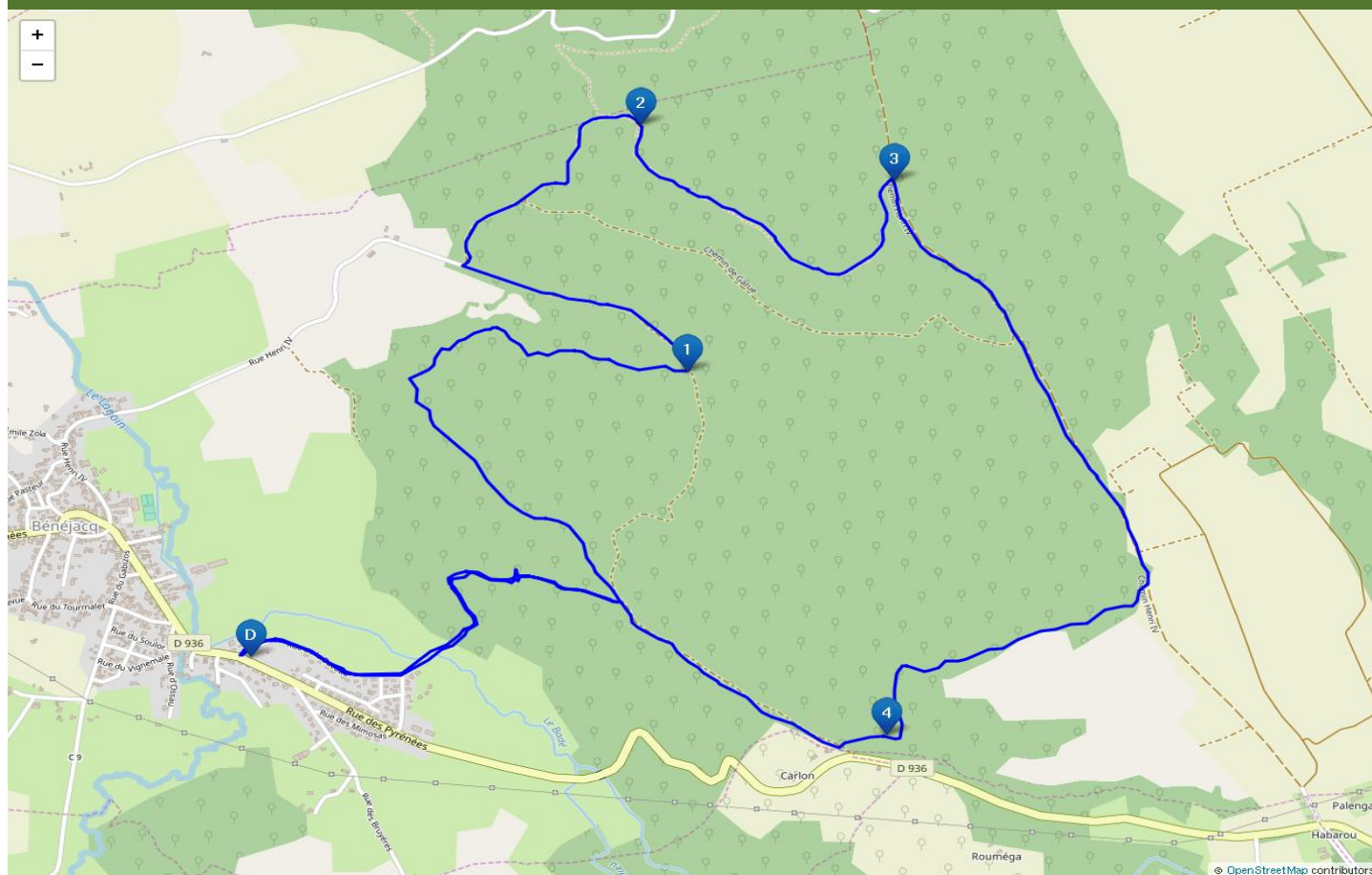
Appel d'urgence



Les montagnes basques et béarnaises sont des espaces  
pastoraux. Evitez de partir avec votre chien.  
Dans tous les cas, tenez-le en laisse. Merci !

## À ne pas manquer

- **The Gabale.** Small stream of the Lagoin
- **Centenarian beech tree.** Centenarian beech tree
- **View of the Pyrenees.** View of the Pyrenees from the path Chemin Henri IV



### Étapes

**Step 1. Towards the footbridge over the Gabale.** From the square Place de la Bacoue, 200m (approx. 656ft.) after the footbridge take the left-hand path that goes up. Turn left, go on the track that slopes up then go down. Turn right in the descent. Cross the footbridge over the Gabale and follow the track to the left.

**Step 2. Discover the centenarian beech tree.** From the footbridge on the Gabale, follow the track to the left. Turn right on the forest road of Garue. At the junction turn left and then immediately to the right on a path that goes up. Turn right, follow the path that goes up again then turn left. Still in the forest the path follows the ridge. Arrive at a beautiful beech tree.

**Step 3. View of the Pyrenees from the path Chemin Henri IV.** From the centenarian beech tree, turn right and walk for about 2km (approx. 1.24mi.) on the path Chemin Henri IV.

**Step 3. Towards the start and the centenarian oak tree.** After 2km (approx. 1.24mi.) on the path Chemin Henri IV, turn right 300m (approx. 984ft.) after leaving the forest. Go down. Cross the Gabale and in front go up. At the crossroads turn right on the track. You reach the point (2) where you'll see the "Cassou de la Crouts de Hers" an old oak tree. Go down to the left to reach the start.

### Attention

- Hunting cabins