# Béarn



Niveau TRÈS DIFICILE

### Station d'Issarbe (17,5 km)



### "the surprising"



climb that is surprising both for its landscape (forested and very wild) and for the irregularity and difficulty of its slopes: after seven practically flat kilometres, the rest of the climb is made up of very tough slopes (more than 10%) alternated with a few unexpected flat patches.

#### **Getting to the start:**

- from Oloron Ste Marie, follow the D919 in the direction of Tardets/Aramits. Cross Aramits towards Montory, and at the crossroads after 1 km, continue straight on the D 918 until you reach the centre of Lanne-en Barétous. Soon after the church, park on the left opposite the swimming pool near the mairie (water point ok in the village).
- From the car park, head left (west), almost flat to begin with, then on a small ascent. After the road bends to the right, turn left on the D632 towards Pierre St Martin and Issarbe (km 1).
- Ride along almost flat, then among low foothills, with a slightly tougher part among beautiful isolated barns surrounded by meadows for 6km.
- 2 Mount the first tough slope (a taste of what's to come) at I1%, followed by a false flat where you can recover (bridge of Blancou) then throw yourself into another hill to the left through bracken (at I2%) until you reach a ledge (km 8.5).
- 3 What comes next is a succession of slopes between 12 and sometimes 14% followed by gentler slopes of 6/7 % (km 10) by the banks of a stream.
- ② You will have to stand on your pedals to get through the next 'scary' 1.5km at 13%. Thankfully it is followed by a flat stretch (400m). You will climb the next 4.5km with a regular slope of 10% in the middle of dense forest, and then negotiate a series

- of no less than twelve bends. After that, there is a very beautiful view over the plain as you follow a strong curve surrounded by meadows before taking two tight bends out of the woods (km 16).
- 5 Take another bend (the 15th) towards the left then ride back among pines for one last effort at 9%, followed by a relatively steep slope (7%) among beautiful sloping meadows until you arrive at the car park of the ski resort in Issarbe.

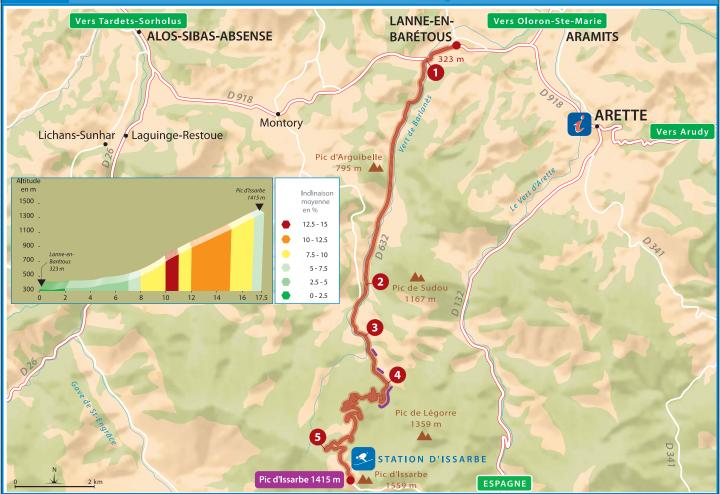






## Station d'Issarbe (17,5 km)







Village of Lanne en Barétous Parking: car park opposite the mairie and the swimming pool



Record time: 0h47 author's time: **1h05** 



Distance: 17.5km

\$ MM

Min/max altitude: 323m - 1415m

Cumulative ascent: 1100m

Average percentage: 6,29%; over 10km: 9.42%; over 7km: 10.3%; over 4km: 10.75%

Maximum slope: 14% over 500m

Recommended gear ratio: 38X26
corresponding to a climbing time of 1h25

Motor traffic: **light**Road sufface: **good** 

IGN map at 1/25000: 1446 ET

#### **Strong points:**

 a real col largely unknown by the general public with tough slopes; the wild side of the road without traffic; the landscape at the summit.

#### **Nearby:**

- o the climb to the Chapelle de la Madeleine
- the col de la **Lie**; the col de **Soudet** by Ste Engrâce.

### Other side:

• from the start at the church of Ste Engrâce via the colde Suscousse, quite difficult and very forested with 'stages' and some slopes of more than 10% (11km and about 850m in height).

#### **Difficulties/tips:**

 no reliable water point after the hamlet of Barlanès, no service at the summit.

Renseignements complémentaires auprès de l'office de tourisme de :



la vallée de Baretous Tel: 05 59 88 95 38 www.valleedebaretous.com



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