

GR[®] 10

NIV
2 EASY

SARE - AINHOA



Having walked Sare's 'galzada' (an old flagstoned street) from one oratory to another, you will discover some varied and surprising landscapes. You will be enchanted by the plane trees and extraordinary pollarded oaks before you reach the wonderful village of Ainhoa, ranked as one of 'the most beautiful villages in France'. An easy and very well-signposted route.

Getting to the start:

1st option: From Saint-Jean-de-Luz (A63 exit 3), take the D 918 towards Ascain (7km) until Saint-Pée-de-Nivelle (15km). Take the D3 in the direction of Sare (8 km).

2nd option: From Saint-Jean-de-Luz (A63 exit 3), take the D 918 towards Ascain (7km), then exit the D 918 and take the D4 via the col de Saint-Ignace until you reach Sare (6km).

When you come to the village's main square, the tourist office is on your right: this is the starting point for your walk.

D In front of the tourist office, take the street that climbs slightly, and when you get to the top of it, take the pedestrian route that leads straight ahead. Follow the flagstoned street until the Saint-Pierre oratory. Climb the steps and continue on this street until you reach the D 306 (35 minutes)

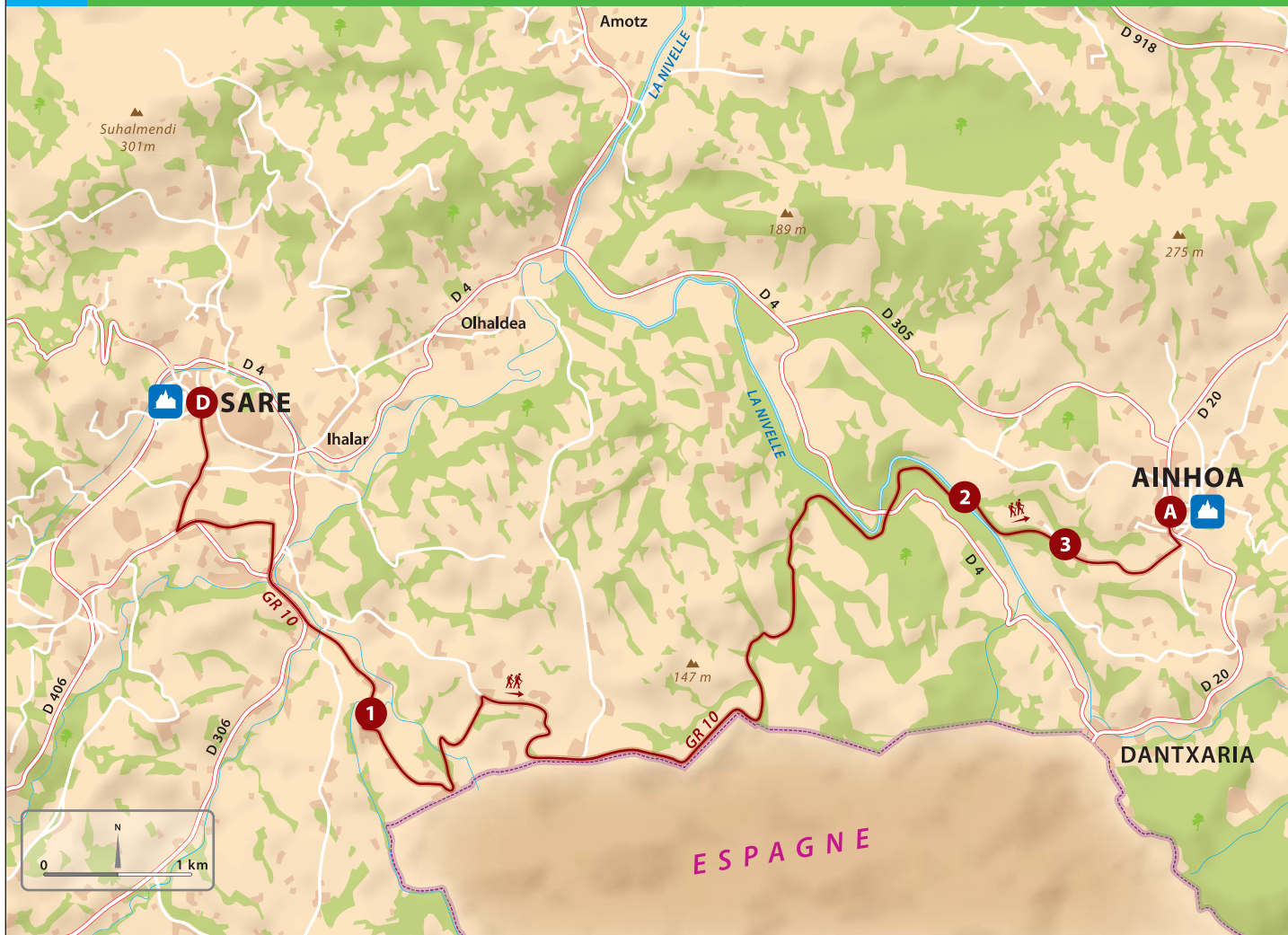
0h35 Follow the D 306 for 400m and turn left. Pass the campsite on your right and cross the bridge. Follow the road for about 250m until the entrance of a farm on the left **1** (616309 4794473 - 60m). Go left and cross the farm's courtyard. Skirt round the farm on the signposted footpath until the trail that leads you to the first 'ventas'.

1h10 Follow this trail for 2km. Leave the route to take the trail on your left. Follow the ridge straight ahead, passing the 64 border post.

1h35 This well-signposted trail leads you to the 'Devil's Bridge' by going along the Nivelle. Cross the D 4 and continue through undergrowth alongside the river Nivelle. After 600m, cross the river on a concrete bridge **2** (620335 4795940 - 52 m), skirt round the house to the

right, walk alongside the fish farm and climb the steep path which comes out, 700m further, on a little tarmac road **3** (621037 4795664 - 123 m). Turn right and follow the road until the entrance to the village of Ainhoa (**3h10**) where you join the D 20 that goes through the village (head left towards the village centre).





D Sare, (tourist office)
(615124 4796442).

3h30 12,6 km 44 m mini
145 m maxi

Cumulative ascent: 385m

Type of terrain:
6 km of paths; 6,5 km of roads.

Signposting:
The entire route is consistently signposted in red and white .

Cartographie : IGN au 25 000°

GPS (WGS84 – UTM-30T)
Téléchargez la trace GPS sur www.rando64.fr

Not to be missed:

- the Zahara hospital in Sare (medieval Christ)
- the 'galzada' (flagstoned street in Sare)
- various oratories
- panoramic view of typical buildings
- the 64 border post
- the plane trees
- the pollarded oaks in the forest of St-Pée-sur-Nivelle



For additional informations contact:



Sare
Tel : 05 59 54 20 14
www.sare.fr

Ainhoa
Tel : 05 59 29 93 99
www.ainhoa.fr

www.rando64.com

on foot, mountain bike or horseback, discover Béarn and Basque country !



CHOOSING THE RIGHT HIKE FOR YOU

The elevation indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

Hikes are classified by difficulty and distinguished by colours on each route's practical sheet. We adhere to the recommendations of the French Federation of Hiking.

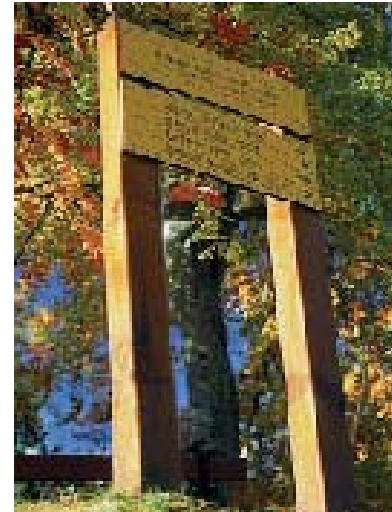
Very easy less than 2 hours of walking. Ideal for families, on well marked-off paths.

Easy less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

Medium less than 4 hours of walking. For hikers who are used to walking. With occasional challenging sections or slopes.

Difficult more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

Duration of the hike: The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.



Trail sign

Marking

Follow the markers to stay on the right path

Trail markers	Sentiers de Pays and PR®	GRP®	GR®	Mountain biking	Horseback riding
Right direction					
Turn left					
Turn right					
Wrong direction					

Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64: 05.59.14.18.80.

Or download an "Ecoville" observation sheet at: www.rando64.fr

Useful recommendations

Weather 08 92 68 02 64

European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

Preserve nature

Bring a bag for your trash
Respect the fauna and flora
Stay on the marked trails

Protect yourself

Do not leave without the necessary materials
Do not hike alone
Do not drink stream water
Check the weather forecasts in advance

Respect activities and humans

Remember to close fences
Fires are prohibited
Respect the private properties that line our itineraries

Please note!

The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!

Hiking labels





PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit www.ffrandonnee.fr)

Horseback riding

This logo guarantees an itinerary that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.
(For more info, visit www.cheval64.org)

Mountain biking:

-  wide and easy trail, elevation less than 300 m.
-  fairly easy trail, elevation less than 300 m.
-  technical trail, elevation less than 800 m.
-  very difficult trail, elevation from 300 to 800 m.

www.rando64.com

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