GR®10

NIV **4**

DIFFICULT

LOGIBAR - STE ENGRACE



his surprising walk allows you to get up close with the magnificent Basque canyons. The passage over the Holzarte footbridge, 140m above the canyon, and the descent to Ste Engrace, near the gorge of Kakueta, will give you spectacular views of the Souletin mountain.

Getting to the start:

From Bayonne or Pau get off the A64 at exit 7, take the D933 to Sauveterre de Béarn, and after the Gave turn left on the D23 then the D11 as far as Mauleon. Next, take the D 918 to Tardets. On leaving Tardets, turn left onto the D 26 towards Larrau. Pass the town of Licq Atherey. XX km afterwards, the hostel at Logibar is on the left of the road after a strong curve. Park next to the hostel, before the bridge.

From the car park, follow the road towards Larrau, cross the bridge and immediately take the road horizontally to the left. After a wide wooden footbridge, you reach 4h00 leave the track (5) (1235 m - 672080 4760643) for a another car park.

Take the wide footpath to the right and climb up to the **0h40** footbridge of Hozarte **1** (593 m - 669236 4763398). Cross the footbridge. The footpath climbs and winds through the forest until it reaches a wide track **2** (752 m - 669248 4763036). Go left on the track and follow it for around 2km until you reach a wooden footbridge. Cross the bridge and turn left onto the footpath that, after a long horizontal stretch,

2h00 climbs up to the plateau of Ardakhotchia 3 (990 m - 6h00 hill. After a curve to the left, leave it 3 (555 m - 675177 670127 4763569). Cross the track and ascend rightwards onto a large fern-covered knoll that you can follow from its good little footpath. Cross it, continuing to climb across the pasture land until you join another track at the 2h40 cabin in Aberrakia 4 (1215 m - 671251 4763260). Turn

right onto a nice wide horizontal track and follow this for about 3.5km until the cayolar of Igueloua. Just after this, leave the track \bigcirc (1235 m - 672080 4760643) for a footpath on the left in the pasture land and then walk through a little wood; this takes you to the crest of Anhaouko Kurutché \bigcirc (1374 m - 672818 4760607). Follow the road that descends the other side. Just before the first crossing \bigcirc (1018 m - 674289 4761466), turn right onto the footpath that cuts the bends of the road and follow a little path bordered by hedges. It enters a wood and comes out on a road. Follow the road as it winds down the hill. After a curve to the left, leave it \bigcirc (5555 m - 675177 4763097) for a nice path that descends to the 'footbridge of hell'. Cross the bridge and climb the steep street that takes you to the main road \bigcirc (482 m - 675815 4763061). Turn right on this road and walk along it until you reach the church in Ste Engrace \bigcirc (629 m - 678524 4762669)





For additional informations contact:



Soule Tel: 05 59 28 02 37 www.soule-xiberoa.fr

www.rando64.com

on foot, mountain bike or horseback, discoverBéarn anf Basque country!





CHOOSING THE RIGHT HIKE FOR YOU

The elevation indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

Hikes are classified by difficulty and distinguished by colours on each route's practical sheet. We adhere to

the recommendations of the French Federation of Hiking.

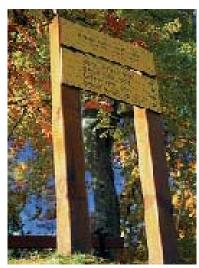
Very easy less than 2 hours of walking. Ideal for families, on well marked-off paths.

Easy less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

Medium less than 4 hours of walking. For hikers who are used to walking. With occasional challenging sections or slopes.

Difficult more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

Duration of the hike: The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.



Marking

Follow the markers to stay on the right path

Trail markers	Sentiers de Pays and PR®	GRP®	GR®	Mountain biking	Horseback riding
Right direction	<u>-</u>	_		••	
Turn left	=	=		∢:	=
Turn right	<u>-</u>	=	=	:▶	F
Wrong direction	×	×	×	*	×

Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64:05.59.14.18.80.

Or download an "Ecoveille" observation sheet at: www.rando64.fr

Useful recommendations

Weather 08 92 68 02 64 European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

Preserve nature

Bring a bag for your trash Respect the fauna and flora Stay on the marked trails

Protect yourself

Do not leave without the necessary materials

Do not hike alone

Do not drink stream water

Check the weather forecasts in advance

Respect activities and humans

Remember to close fences Fires are prohibited Respect the private properties that line our itineraries

Please note!

Hiking labels

PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit www.ffrandonnee.fr)

Horseback riding π



This logo guarantees an itinerary that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.

(For more info, visit www.cheval64.org)

Mountain biking:



wide and easy trail, elevation less than 300 m.



fairly easy trail, elevation less than 300 m.



technical trail. elevation less than 800 m.



very difficult trail, elevation from 300 to 800 m.

The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!