

GR[®]10

NIV
4

DIFFICULT

HENDAYE – OLHETTE



Having left behind the Atlantic shore and skirted the bay of Chingoudy, this route will lead you across the first inhabited hills of the Basque mountains.

Once you are out of the forest, you will find yourself in a landscape of moors and pasture land with sumptuous views over the still close ocean.

Past the col d'Ibardin and its famous ventas, you will wend your way through the cool wilds of the Intzola ravine.

Getting to the start:

From Bayonne, take the A63 in the direction of Spain and get off at exit 2 for 'Saint-de-Luz Sud vers Hendaye/Urrugne'. After the tollbooth, stay on the left, marked Urrugne, and then follow the D913 (the Socoa slip road) for 3km. When you arrive at the rock ledge, head left on the D912 (the cliff road) and follow it for 6 km until you reach Hendaye. You arrive on the Boulevard de la Mer; which you will drive down for 1 km until the roundabout of the restaurant 'le Miramar' (former casino – car park on both sides). The information board on the GR10 is at the beginning of Boulevard du Général Leclerc opposite the 'Miramar'.

- D** With your back to the Atlantic, begin walking down Boulevard du Général-Leclerc, cross the square of the roundabout and head slightly to the right for the Rue des Citronniers. On your left, follow the boulevard that runs alongside the bay of Chingoudy and pass round a football pitch on the right. Immediately afterwards, go under the bridge of Bd du Général de Gaulle and take Rue Pellot. At the roundabout, take Rue Parcheteguia by crossing a courtyard, go left up Rue de Subernoia, pass under the railway track and climb up the alley opposite (Bianténia path). Go left at the end on Bd de l'Empereur then right on Rue Errondenia which ascends. **3h25** footpaths until the col des Poiriers **3** (604061 4796814 - 323m). Follow the footpath that goes right, skirting the forest until the col des Joncs then follows the line of the crest (alt. 496m – 3h50'). The footpath leads to a track that you take on the right. Next, descend the tarmac road, between the shops, until the col, border post no.13 **4** (606696 4796047 - 347m). On the left, take the road that goes back down the French side, and after 50m go right on the straight footpath that crosses a field then joins a wide track which descends towards the plateau of Aire Leku. Just before you reach the tarmac road, at a large berm **5** (606761 4797199 - 245m). leave the track and take the footpath to the right which disappears into the forest and runs alongside a little stream. Follow it until you reach the bottom of the ravine (alt. 141m – 5h15'), cross the stream and follow the footpath that borders the 'Intzola' stream. When you reach the level of some buildings, cross the stream by the little bridge and follow the footpath opposite which goes back up and leads you to the col de 'Destargahandia' **6** (608847 4797081 - 273m). Follow the rocky footpath that descends across the moor to the gite in Olhette
- 0h40** When it ends, turn right on Rue Pausoa **1** (600495 4801478 - 80m). At the end of this street, take the earth path on the left which winds across fields and leads to the RN10 **2** (601750 4800405 - 96m). Go left on the RN10 for 50m then take a footpath on the right which disappears into the forest. The route is well-signposted until the A63 which you cross through a tunnel. The tarmac road leads you to the col de Courlécou (1h55'). **4h30**
- 1h10** Here, on the left, you follow the 'Mendikobidea' path which climbs up the mountainside. Wide tracks alternate with well-signposted **5h00**

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D Hendaye, (boulevard du Général-Leclerc)
(599320 4802998).

6h20 22 km 81 m mini / 534 m maxi

Cumulative ascent: 900 m

Type of terrain:
15 km of paths, 7 km of roads.

Signposting:
The entire route is consistently signposted in red and white.

Cartographie : IGN au 25 000°

GPS (WGS84 – UTM-30T)
Téléchargez la trace GPS sur www.rando64.fr

Not to be missed:

- The bay of Chingoudi, a seabird sanctuary.
- The view over the Basque coast and the valley of Bidassoa.
- The flagstone path by the Intzola stream.
- The forests of pollarded oaks.



For additional informations contact:



Hendaye
Tel : 05 59 20 00 34
www.hendaye-tourisme.fr

Urrugne
Tel : 05 59 54 60 80
www.urrugne.com

www.rando64.com

on foot, mountain bike or horseback, discover Béarn and Basque country !



Remerciements à l'O.N.F.



CHOOSING THE RIGHT HIKE FOR YOU

The elevation indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

Hikes are classified by difficulty and distinguished by colours on each route's practical sheet. We adhere to the recommendations of the French Federation of Hiking.

Very easy less than 2 hours of walking. Ideal for families, on well marked-off paths.

Easy less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

Medium less than 4 hours of walking. For hikers who are used to walking. With occasional challenging sections or slopes.

Difficult more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

Duration of the hike: The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.



Trail sign

Marking

Follow the markers to stay on the right path

Trail markers	Sentiers de Pays and PR®	GRP®	GR®	Mountain biking	Horseback riding
Right direction					
Turn left					
Turn right					
Wrong direction					

Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64: 05.59.14.18.80.

Or download an "Ecoville" observation sheet at: www.rando64.fr

Useful recommendations

Weather 08 92 68 02 64

European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

Preserve nature

Bring a bag for your trash

Respect the fauna and flora

Stay on the marked trails

Protect yourself

Do not leave without the necessary materials

Do not hike alone

Do not drink stream water

Check the weather forecasts in advance

Respect activities and humans

Remember to close fences

Fires are prohibited

Respect the private properties that line our itineraries

Please note!

The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!

Hiking labels

PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit www.ffrandonnee.fr)

Horseback riding

This logo guarantees an itinerary that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.

(For more info, visit www.cheval64.org)

Mountain biking:



wide and easy trail, elevation less than 300 m.



fairly easy trail, elevation less than 300 m.



technical trail, elevation less than 800 m.



very difficult trail, elevation from 300 to 800 m.

www.rando64.com

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