GR®10

DIFFICULT

GOURETTE - ARRENS-MARSOUS



route that is all about discovering landscapes. It starts at the ski resort of Gourette (alt. 1350m), leads you from col to col, and to the edge of the neighbouring department, the Hautes Pyrénées. You will pass through landscapes that are sometimes wild and fascinating, sometimes bucolic, and always incredibly beautiful. On steep paths and shaded tracks, you will find astonishing views over the Val d'Azun and the Pic du Midi de Bigorre.

Getting to the start:

From PAU (A64 - exit 10), take the RN134 towards Zaragoza. At Gan (6 km) take the D 934, pass Rébénacq and Sévignacq-Meyracq, until you reach Louvie-Juzon (23 km). At Louvie-Juzon, head towards Laruns (D 934 on the left after the bridge). Go through Laruns (34 km) and continue towards the ski resort of Gourette, following signs for Eaux Bonnes. Pass the spa resort of Eaux Bonnes and drive up to Gourette (46 km). When you arrive in the centre (shops), opposite 'Intersport', take the road to the left of this shop, drive to the end - and there is the car park and the starting point of your route (GPS).

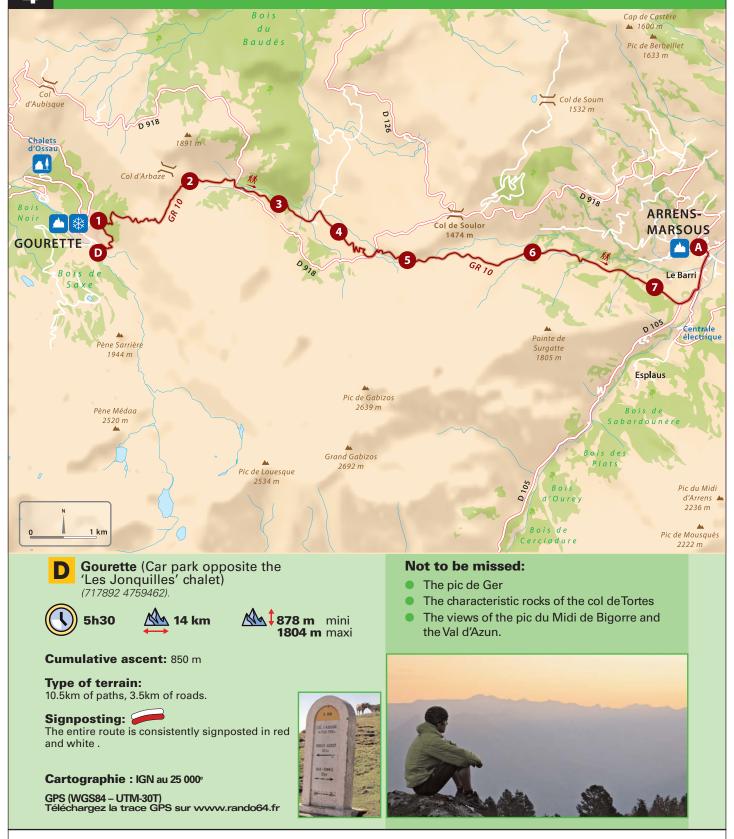
D From the car park, opposite the 'Les Jonquilles' chalet, take the track that climbs up to the right of this chalet (paved for 150m). Pass the reservoirs and 50m afterwards, take the steep little footpath that rises to the right (1450 m -1h00 717878 4759753). Follow it to the col de Tortes. Cross the summer meadow on your descent. At the crossing of 2 footpaths 2 (1590 m - 719213 4760360) go right until 4h15 724609 4759598). you reach the D 918. Turn right for 10m and then take the little footpath on the left which descends steeply. Follow the signs on the ground, over rocks and wooden markers **3** (1190 m - 720698 4760071). Keep going until you reach the first barns. At the last barn, head to the right, following the wooden markers. The footpath climbs and winds quite steeply as it runs alongside the little stream 4 (1250 m 5h00 left on the road, towards Arrens-Marsous. Aim for the village 3h00 - 72/57/ 4759785). Join the D 918. Turn left for 200m, leave the road for the footpath that climbs on the right to the **5h30** d'Azun. 3h30 col de Saucède (1628 m). Turn left for 50m (5) (1520 m - 72265 l 4759428) and head right to descend to the refuge. Walk

alongside the stream. At the refuge, cross the stream and follow the footpath. Follow the directions on the ground, on rocks and wooden markers. Walk alongside the summer meadow on the hillside until you see the first houses.At the first building (a little farm barn) go down to the right and cross a stream on a concrete bridge 6 (1270 m -

Take the track and follow it until you reach a little tarmac road. Follow this until the first bend 🕖 (980 m - 726502 4759173), then leave this road for the track straight ahead that goes back into undergrowth. Pass in front of the reservoirs and keep going until you reach the D 105.You come out on a car park near the chapel of Pouey Laün. Turn centre (800m). The tourist office is on the square in Val



GOURETTE - ARRENS-MARSOUS



For additional informations contact:



Office de tourisme des Eaux-Bonnes/Gourette Tel : 05 59 05 12 17 www.gourette.com

www.rando64.com

on foot, mountain bike or horseback, discoverBéarn anf Basque country !





CHOOSING THE RIGHT HIKE FOR YOU

The elevation indicated on the sheets represents the total distance climbed. Stops are not included in hiking times.

Hikes are classified by difficulty

and distinguished by colours on each route's practical sheet. We adhere to the recommendations of the French Federation of Hiking.

Very easy less than 2 hours of walking. Ideal for families, on well marked-off paths.

Easy less than 3 hours of walking. Suitable for families. On paths, occasionally with more.

Medium less than 4 hours of walking. For hikers who are used to walking.With occasional challenging sections or slopes.

Difficult more than 4 hours of walking. For experienced and athletic hikers. The itinerary is long and/or difficult (slopes, difficult sections).

Duration of the hike: The duration of each route is indicated for information only. It is calculated based on the length of the hike, slopes and possible difficulties.

Marking

Follow the markers to stay on the right path

Trail markers	Sentiers de Pays and PR®	GRP®	GR®	Mountain biking	Horseback riding
Right direction				.	
Turn left	5	T			
Turn right	-	1		•	
Wrong direction	$\mathbf{\times}$	×	×	*	×

Your opinion of our trails

The utmost attention has been paid to our various itineraries. We are interested in your impressions and observations concerning the state of our trails so we may keep them in good condition. To send us your comments, please contact CRDP 64: 05.59.14.18.80.

Or download an "Ecoveille" observation sheet at: www.rando64.fr

Useful recommendations

Weather 08 92 68 02 64 European emergency number 112

When discovering Béarn and Basque Country trails, you are asked to adopt behaviour that respects nature and the men and women who work to bring this territory to life.

There are a few rules that you need to follow.

Preserve nature

Bring a bag for your trash Respect the fauna and flora Stay on the marked trails

Protect yourself

Do not leave without the necessary materials Do not hike alone Do not drink stream water Check the weather forecasts in advance

Respect activities and humans

Remember to close fences Fires are prohibited Respect the private properties that line our itineraries

Please note!

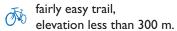
The Basque and Béarn mountains are pastoral areas. If possible, do not bring your dog along. In all cases, keep it on a leash. Thanks!

www.rando64.com

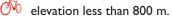
on foot, mountain bike or horseback, discover Béarn and Basque country!

Mountain biking:

wide and easy trail, elevation less than 300 m.



technical trail.





very difficult trail, elevation from 300 to 800 m.



PR® labelled itineraries

With this label, the French Federation of Hiking certifies a certain number of hiking routes based on quality criteria. It makes its selection according to pleasure, technical, tourist and environmental criteria (For more info, visit www.ffrandonnee.fr)

Horseback riding 🥂 This logo guarantees an itinerary

that has been labelled by the Departmental Committee of Equestrian Tourism based on specific specifications.

(For more info, visit www.cheval64.org)