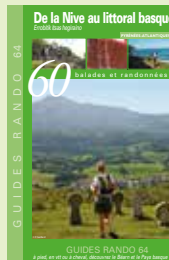


From the Nive to the Basque Coast

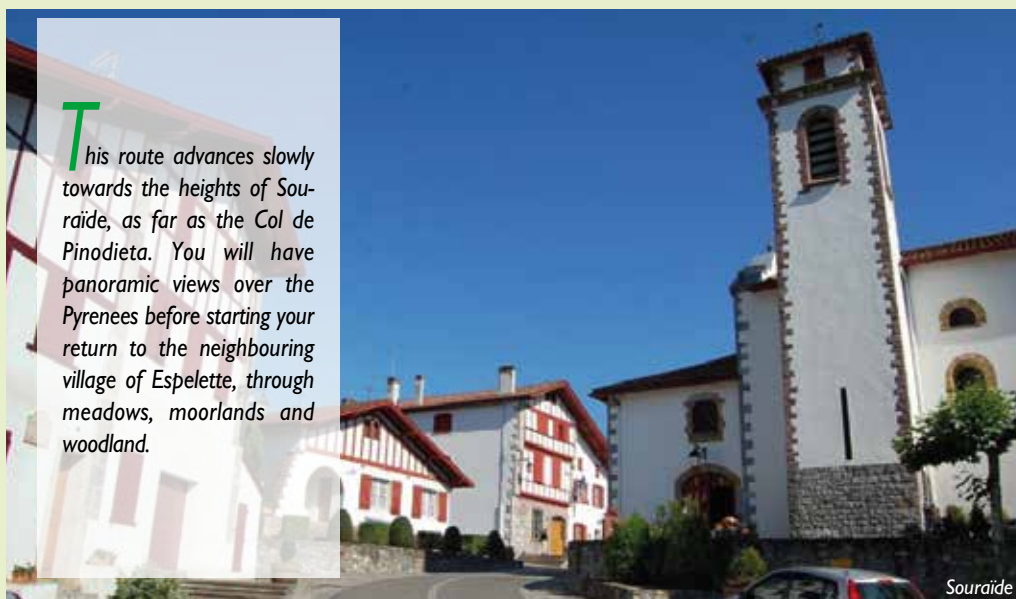
Discover all the available routes ►►
in Tourist Offices



LEV
2 EASY

PINODIETA

SOURAÏDE



This route advances slowly towards the heights of Souraïde, as far as the Col de Pinodieta. You will have panoramic views over the Pyrenees before starting your return to the neighbouring village of Espelette, through meadows, moorlands and woodland.

Getting to the departure point :

Start from the centre of the village, next to the church.

From the starting point in front of the church **D** 623746 - 4799822, turn right and go down to the roundabout. There, turn left in the direction of Espelette. Then take the first road on the right which climbs upwards as far as the Col de Pinodieta **1** 623687 - 4798329. Cross the RD 20 leading to Spain and take the road opposite to begin a descent down to the bottom of a small wooded valley. Go as far as a stream which you should cross **2** 624395 - 4798025.

Continue until the Mehatsea Farm **3** 624838 - 4797953. Take a track on the left leading through meadows and wooded moorlands, as far as the start of the village of Espelette. Cross the RD 918 **4** 625405 - 4799663 and continue opposite on a road leading to a small Roman bridge **5** 625345 - 4799769. Follow the road until the RD 918 **6** 624661 - 4799327 which you should take on the right for 300 m, before turning left onto a little road leading to the village of Souraïde.

0h35

1h05

1h40

2h15



©IGN

D Souraïde Church

GPS : 623746 - 4799822

2h15

Balisage

D to **6**

8,4 km

+251 m
-251 m

Not to be missed

- 17/18th century church
- Old Labourd-style houses
- Panoramic views over the Pyrenees range
- Roman bridge

Take care when crossing departmental roads

SOURAÏDE - ZURAÏDE

Souraïde is situated in a small valley surrounded by the peaks and foothills of Mont Errebi. Hamlets stretch along the roads leading to the summits of the peaks which reach only 350 m in altitude.

The beauty of the town and the old 17th and 18th century farms adds to the charm of this village.

The place name "Zuraïde" was first mentioned in 1249 with reference to two priories located on the pilgrimage route to Compostella. The 17/18th century church, decorated with a

period altarpiece and beautiful galleries, served as a stopping place for pilgrims.

During the Revolution, the population was deported and Souraïde then received the name "Mendialde", meaning "next to the mountain" in Basque.

The main activities of the village are still livestock farming, agriculture and crafts industries.

Additional information available from:

Cambo les Bains Tourist Office

Avenue de la Mairie – 64250 Cambo les Bains - Tél : 05.59.29.70.25

Mail : info@cambolesbains.com - Web : www.cambolesbains.com



Full list of hiking guides in the Pyrénées-Atlantiques at www.rando64.fr

www.rando64.fr

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HOW TO CHOOSE YOUR HIKE

Levels and signposting



Difference in altitude :
the total cumulative ascent is given for each circuit.



Length : an indication of the length of each circuit is provided. This takes into account the length of the hike, altitude and possible difficulties.



Hiking routes

Hikes are classified by difficulty and differentiated by colours in the practical details for each circuit. For this, we follow the recommendations of the French Hiking Federation (FF Randonnée).

▶ Less than 2hrs walking
Ideal to do as a family on well-marked paths.

▶ Less than 4hrs walking.
For frequent hikers. With parts that are sometimes more difficult or steep.

▶ Less than 3hrs walking.
Can be done as a family. On paths, sometimes with less easy parts.

▶ More than 4hrs walking.
For experienced and more athletic hikers. The route is long or difficult (steep climbs, difficult parts), or both.

Follow the signposting so you stay on the right path

Path signs riding	Local paths and PR®	GRP®	GR®	VTT	Equestre
Right direction					
Turn left					
Turn right					
Wrong direction					

GR® (Grande Randonnée), GRP® (Grande Randonnée de Pays) and PR® (Promenade et Randonnée) are registered trademarks of the French Hiking Federation. Some routes have been selected by the Federation based on quality criteria, they are labelled PR®.



Hiking trails sign

GPS coordinates of routes

The reference format is
WGS 84 – UTM 30T
Download the GPS tracking
for circuits at:
www.rando64.fr

USEFUL TIPS

▶ Weather 08 92 68 02 64 or 32 50
or visit www.meteofrance.com

Those walking the paths from the Nive to the Basque coast should behave in a way that respects nature and the livelihoods of men and women living in this area.

It is important that a few rules are followed..

Protect nature

▶ Carry a bag to take your rubbish with you. ▶ Show respect for flowers, plants and wildlife. ▶ Stay on marked paths.

Protect yourself

▶ Don't leave without the right equipment.
▶ Avoid going alone.
▶ Do not drink stream water.
▶ Check the weather forecast.

▶ European emergency number : 112

— Have respect for the livelihoods of others —

▶ Close gates.
▶ Avoid walking with your dog. Dogs must be kept on a lead.
▶ Fires are prohibited.
▶ Have respect for private property along the route.

Caution!

During the seasons for pigeon hunting (October to November), group beats (year-round) and stubble-burning (December to March), some circuits should be avoided. Find out more from the Tourist Office.

For more tips :



Your opinion on our paths

Eco-veille®

Suggested routes are chosen very carefully. Your comments and observations on the upkeep of our paths interest us, and allow us to keep them in good condition. We invite you to address your comments to us at the Communauté de Communes Errobi on 05 59 93 65 94.

You can download an Ecoveille® form at www.rando64.com/ecoveille

You will also find an Ecoveille® comments form on the site

www.rando64.fr

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