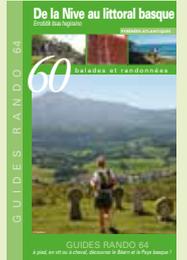


From the Nive to the Basque Coast

Discover all the available routes ►►
in Tourist Offices



LEV
1 VERY EASY

PEKATENBORDA

LARRESSORE



Short route around the village discovering the natural landscapes from the Pekaténborda ridges and the Latxa valley.

Les crêtes de Pekaténborda

Getting to the departure point :

From the town hall, take the main road in the direction of Espelette for approx. 50 metres and then park your vehicle in the carpark on the right just after the mini-market.

From the carpark **D** 626655 - 4803240, turn left onto the main road in the direction of the town hall and take the first road left after the mini-market. At the end stay on the right, passing in front of the stadium and at the Maison Pour Tous library at the crossroads **1** 626400 - 4803612, turn left and walk down towards the Latxa Valley. Cross this river and then at the first junction at the Yaminea house, take a rocky, shaded dirt track on the left. This leads gradually to the slopes of Larressore from where you will have splendid views of the foothills of the Pyrenees. At the crossroads **2** 624890 - 4802810, take the small road on the left to regain the Latxa valley.

Opposite the Gnagnarenborda farm **3** 625540 - 4802334, take a path on the left leading to a Roman bridge. Cross this and join the road. A large table in the shade offers picnic opportuni-

ties. Continue on the left on the tarmac road and after a slight downhill and then a flat area, take a grassed-over path on the left **4** 626147 - 4802716 which leads to the village. You are nearly at the end.

1h15

0h35

0h50



©IGN

D Larressore fronton wall

Balisage

D to **4**

Not to be missed

- Panoramic views
- Pollarded oaks
- Roman bridge

GPS : 626655 - 4803240

 **5,6 km**

 **1h15**

 **+144 m**
-144 m

ROMAN BRIDGES - ERROMATAR ZUBIAK

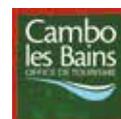
On the different walks, hikers may come across tracks or bridges, some dating back to 200 B.C. (Iron Age), testifying to the Roman occupation. Blocks cut in the sandstone or limestone thus served to build structures with unequal arches and a roadway with two sloping sides, which were generally intended to serve mines and forges. A number of these bridges are still to be found along the Nive and Nivelle (at Ainhoa, Ascain, Saint Pée sur Nivelle, Larressore, etc).



Roman bridge at Larressore



Additional information available from:
Cambo les Bains Tourist Office
 Avenue de la Mairie – 64250 Cambo les Bains - Tél : 05.59.29.70.25
 Mail : info@cambolesbains.com - Web : www.cambolesbains.com



Full list of hiking guides in the Pyrénées-Atlantiques at www.rando64.fr

www.rando64.fr

Discover Béarn and the Basque Country by foot, mountain bike or on horseback!

HOW TO CHOOSE YOUR HIKE

Levels and signposting



Difference in altitude : the total cumulative ascent is given for each circuit.



Length : an indication of the length of each circuit is provided. This takes into account the length of the hike, altitude and possible difficulties.



Hiking routes

Hikes are classified by difficulty and differentiated by colours in the practical details for each circuit. For this, we follow the recommendations of the French Hiking Federation (FF Randonnée).

▶ Less than 2hrs walking
Ideal to do as a family on well-marked paths.

▶ Less than 4hrs walking.
For frequent hikers. With parts that are sometimes more difficult or steep.

▶ Less than 3hrs walking.
Can be done as a family. On paths, sometimes with less easy parts.

▶ More than 4hrs walking.
For experienced and more athletic hikers. The route is long or difficult (steep climbs, difficult parts), or both.

Follow the signposting so you stay on the right path

Path signs riding	Local paths and PR [®]	GRP [®]	GR [®]	VTT	Equestre
Right direction					
Turn left					
Turn right					
Wrong direction					

GR[®] (Grande Randonnée), GRP[®] (Grande Randonnée de Pays) and PR[®] (Promenade et Randonnée) are registered trademarks of the French Hiking Federation. Some routes have been selected by the Federation based on quality criteria, they are labelled PR[®].



Hiking trails sign

GPS coordinates of routes

The reference format is
WGS 84 – UTM 30T
Download the GPS tracking
for circuits at:
www.rando64.fr

USEFUL TIPS

▶ Weather 08 92 68 02 64 or 32 50
or visit www.meteofrance.com

Those walking the paths from the Nive to the Basque coast should behave in a way that respects nature and the livelihoods of men and women living in this area.

It is important that a few rules are followed..

Protect nature

▶ Carry a bag to take your rubbish with you. ▶ Show respect for flowers, plants and wildlife. ▶ Stay on marked paths.

Protect yourself

▶ Don't leave without the right equipment.
▶ Avoid going alone.
▶ Do not drink stream water.
▶ Check the weather forecast.

▶ European emergency number : 112

— Have respect for the livelihoods of others —

▶ Close gates.
▶ Avoid walking with your dog. Dogs must be kept on a lead.
▶ Fires are prohibited.
▶ Have respect for private property along the route.

Caution!

During the seasons for pigeon hunting (October to November), group beats (year-round) and stubble-burning (December to March), some circuits should be avoided. Find out more from the Tourist Office.

For more tips :



Your opinion on our paths

Eco-veille

Suggested routes are chosen very carefully. Your comments and observations on the upkeep of our paths interest us, and allow us to keep them in good condition. We invite you to address your comments to us at the Communauté de Communes Errobi on 05 59 93 65 94.

You can download an Ecoveille[®] form at www.rando64.com/ecoveille

You will also find an Ecoveille[®] comments form on the site

www.rando64.fr

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